



Article Influence of High-Pressure Torsion on the Microstructure and Microhardness of Additively Manufactured 316L Stainless Steel

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Abstract: High-pressure torsion (HPT) is known as an effective severe plastic deformation (SPD) technique to produce bulk ultrafine-grained (UFG) metals and alloys by the application of combined compressive force and torsional shear strains on thin disk samples. In this study, the microstructures and microhardness evolution of an additively manufactured (AM) 316L stainless steel (316L SS) processed through 5 HPT revolutions are evaluated at the central disk area, where the effective shear strains are relatively low compared to the peripheral regions. Scanning electron microscopy (SEM) analysis showed that the cellular network sub-structures in AM 316L SS were destroyed after 5 HPT revolutions. Transmission electron microscopy (TEM) observations revealed non-equilibrium ultrafine grained (UFG) microstructures (average grain size: ~115 nm) after 5 revolutions. Furthermore, energy dispersive x-ray spectroscopy (EDX) analysis suggested that spherical Cr-based nano-silicates are also found in the as-received condition, which are retained even after HPT processing. Vickers microhardness (HV) measurements indicated significant increase in average hardness values from ~220 HV before HPT processing to ~560 HV after 5 revolutions. Quantitative X-ray diffraction (XRD) patterns exhibit a considerable increase in dislocation density from $\sim 0.7 \times 10^{13}$ m⁻² to $\sim 1.04 \times 10^{15}$ m⁻². The super-high average hardness increment after 5 HPT revolutions is predicted to be attributed to the UFG grain refinement, significant increase in dislocation densities and the presence of the Cr-based nano-silicates, according to the model established based on the linear additive theory.

Keywords: high-pressure torsion; laser powder bed fusion; severe plastic deformation; additive manufacturing; microstructure; microhardness

1. Introduction

High-pressure torsion (HPT) is a well-known severe plastic deformation (SPD) technique. It imposes extreme torsional strain on thin disk metallic materials that typically result in significant grain refinement down to the ultrafine regime (<1 μ m), with dense dislocation networks and other nano-scale microstructural features (in some materials) [1,2]. However, the radial dependency of the torsional strain often results in heterogenous microstructures and inhomogeneous hardness distribution across the radius of the disk [3]. Nevertheless, compared to other SPD techniques, such as equal channel angular pressing (ECAP) and accumulative roll bonding (ARB), HPT is the most efficient approach to produce significant grain refinement with large proportions of high angle grain boundaries (HAGBs) throughout the bulk material [4–6].

In particular, 316L stainless steel (316L SS) is a popular alloy that is widely used in marine, petrochemical, nuclear power, oil and gas, food and beverage, and biomedical



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). industries due to its exceptional resistance to corrosion, minimum rate of absorption of neutron radiation, and good ductility [7,8]. However, this alloy can not be strengthened by heat treatment procedures due to its very low carbon content, thus the only suitable means to strengthen 316L SS is by reducing the grain size, i.e., the grain refinement route (Hall–Petch mechanism) through cold working. Since only a limited grain refinement can be attained through cold working, 316L SS is a suitable alloy to be strengthened by HPT processing. In fact, numerous studies have demonstrated favourable mechanical (hardness, strength, and ductility) and functional (thermal stability, corrosion, and tribological) properties of wrought and cast 316L SS after HPT processing [9–19].

On the other hand, HPT processing has also been conducted on additively manufactured 316L SS recently by Mohd Yusuf et al. [20–23]. They have reported significant improvements in hardness, corrosion, and tribological performances after HPT processing compared to the wrought counterpart, due to the extreme grain refinement down to the nano-scale region (42 nm), nano-scale twins, combined with dense dislocation networks originating from the initial cellular sub-structures and from the HPT-induced torsional straining, and high strain rate sensitivity (SRS). Although it is known that additive manufacturing is more focused on fabricating materials with high design complexity due to the layer-wise build philosophy, another important aspect of this technology is the capability to tailor the microstructures according to the required end applications by adjusting material composition and/or processing parameters [24–26]. Therefore, as-fabricated AM metallic materials, including 316L SS often produce novel microstructures that result in mechanical and functional properties that are on par with, or even better than, the wrought/cast counterparts [27-33]. Certain post-processing techniques are also applied to improve the surface finish and integrity, such as by aging, finish machining, and blasting [34,35], as well as altering the mechanical properties of AM parts as required by post-heat treatment and/or cooling [36]. Thus, HPT processing is a viable technique to further enhance the mechanical properties of AM 316L SS [20–23].

Until now, investigations on the microstructures and mechanical properties of HPTprocessed wrought/cast/AM 316L SS have always been focused on the analysis at the peripheral regions of the disk (>2.5 mm away from the centre), at which the HPT-induced torsional strain values are significantly higher than at the central area (0–2.5 mm from the centre). However, there has been almost no investigation that has been conducted at the central area that possesses low effective shear strains. In fact, the radial nature of HPTimposed strains results in strain gradients that form geometrically necessary dislocations (GNDs), which still play an important role in influencing the changes in microstructures and mechanical properties at the central disk region [37–40]. Therefore, the main aim of this study is to investigate the evolution of microstructures and microhardness of AM 316L SS processed through 5 HPT revolutions at the central area of the disk via various microscopy techniques and Vickers microhardness (HV) measurements, respectively. Subsequently, a linear additive model is used to evaluate the respective mechanisms that contribute to the overall hardness after 5 HPT revolutions.

2. Materials and Methods

A cylindrical rod of 316L SS alloy with a length of 200 mm and diameter 10 mm was firstly additively manufactured by laser powder bed fusion (L-PBF) using a Concept Laser M2 LaserCUSING machine (Concept Laser GmbH, Lichtenfels, Germany) with the processing parameters detailed in Ref. [21]. The chemical composition of 316L SS powder and processing parameters used for L-PBF in this study are shown in Tables 1 and 2, respectively.

Table 1. Chemical composition (wt.%) of 316L SS powders used in this study.

Element	Cr	Ni	Мо	Mn	Si	Р	С	S	Fe
wt.%	16.5–18.5	10.0–13.0	2.0-2.5	<2.0	<1.0	< 0.045	< 0.030	< 0.030	Bal.

Table 2. L-PBF processing parameters used in this study.	
Davamatar	Value
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- Parameter - Charles	Value
Laser power, P (W)	200
	200
Scaff Dever to thin s	244600
	1600
Scan speed, V (nin s ⁻)	1600
Lawer thiskness (um)	20
Layer unickness (µm)	30

Scan line spacing (μm)

Scan strategy

To prepare the HPT samples, the rod was machined to reduce the diameter to 9.8 mm, followed by slicing into thin disks ~1 mm thick using wire electrical discharge machining (EDM, Able Wire EDM, Inc., Brea, CA, USA) (Figure 1a,b, respectively), and further grinding of the surface of the disks down to ~0.85 mm thick using 800 grits SiC paper. The disks were then subjected to 5 revolutions of HPT processing in a quasi-constrained condition under 6 GPa of pressure and speed of 1 rpm. The schematic of HPT machine setup and processing are shown in Figure 1a,b, respectively [41].

150 Island (5 mm \times 5 mm)



Figure 1. Size of (a) initial specimen and (b) HPT-processed samples. Schematic of HPT (c) machine setup and (d) processing. Reprinted with permission from ref. [41]. Copyright 2021 Elsevier.

After HPT-processing, the disks were further prepared for microstructural characterizations via scanning electron microscopy (SEM) through JSM JEOL 6500 FEI facility (JEOL, Tokyo, Japan), electron backscattered diffraction (EBSD, Oxford Instruments, High Wycombe, UK) through HKL Nordlys F++ camera and Aztec HKL software (Version 2.0), Oxford Instrument, High Wycombe, UK), and transmission electron microscopy (TEM) using FEI TalosTMF200S machine (mThermo Fisher Scientific, Waltham, MA, USA) equipped with energy dispersive X-ray spectroscopy, EDX (FEI, Brno-Cernovice, Czech Republic). For SEM observation, some disks were ground and polished to a mirror-like surface finish, followed by etching in Kalling's No. 2 reagent based on the procedures explained in Ref. [20]. For EBSD, some disks were electropolished in a chemical solution consisting of methanol (80%) and perchloric acid (20%) mixture at 16 V and 0.5 A for 18 s, and images were extracted within 100 μ m \times 100 μ m areas with a step size of 0.1 μ m that covers > 100 grains each. SEM and EBSD images were taken at the central area of the disks, 0–2.5 mm from the centre. For TEM, some disks were mechanically ground to a thickness of 80 µm before punching smaller disks of 3 mm in diameter at the central area of the disks (0–2.5 mm from the centre). These were then dimpled using a model 656 dimple grinder and polished into thin foils using a model 695 Gatan PIPS II precision ion polishing system (Gatan Inc., Pleasanton, CA, USA). The intercept method was used to measure the average grain size from over 300 grains in 20 TEM images [42].

The phase composition before and after HPT processing was determined via X-ray diffraction (XRD) measurements using a Rigaku SmartLab X-ray Diffractometer (Rigaku, Tokyo, Japan) [21]. The peaks and peak broadening data from the XRD spectra were further analysed to evaluate the microstrain and crystallite size via Materials Analysis Using Diffraction (MAUD) software (MAUD, version 1.999, L. Lutterotti, Italy) based on the Rietveld refinement approach [43–45]. In addition, measurements for Vickers microhardness (HV) were taken along the diameter of the disk (radial direction) and throughout the disk surface in a rectilinear grid pattern using a Future Tech FM-300 microhardness tester (Future-Tech Corp, Kawasaki, Japan). The load used was 100 gf and the dwell time was 15 s, whilst the distance between each indent was set at 0.3 mm.

3. Results

3.1. Microstructural Analysis

The EBSD grain orientation map of the as-received L-PBF AM-fabricated 316L SS in Figure 2a shows overlapping melt pool squares formed due to the 'island' scan strategy and the angles of misorientation of the grain growth. About 19% of the grains are considered as high angle grain boundaries (HAGBs) with angles of misorientation > 5%. These HAGBs comprised coarse and fine grains (\sim 40–70 µm and \sim 10–40 µm, respectively), and very fine equiaxed grains in the range of $1-10 \,\mu\text{m}$, observed at the melt pool ends/intersections. On the other hand, approximately 81% of the grains possessed misorientation angles < 15%and were considered as low angle grain boundaries (LAGBs). They can be observed to be contained within the interior of the HAGBs grains. Such LAGBs in AM-fabricated metals and alloys are ascribed to cellular (equiaxed or columnar) sub-structure networks that are formed due to the high cooling rate of the AM process [46]. An example of cellular sub-structure networks with numerous equiaxed cells (~1 µm) is shown in the SEM image in Figure 2b. Interestingly, Figure 2b also reveals spherical nano-sized particles between 20–100 nm at the cell boundaries and within the cell interior with an average volume fraction of 0.46 vol.%. EDX point scan analysis on the spherical particles shows an average of 18.43 wt.% Cr, 14.85 wt.% Si, and 66.72 wt.% O. Thus, it can be inferred that these particles could be Cr-based nano-silicates, which is an oxide phase that are found in other studies on L-PBF AM-fabricated 316L SS as well [8,27,28,47,48].



Figure 2. As-received sample: (a) Map of EBSD grain boundary misorientation and (b) SEM image showing cellular sub-structure network and random dispersions of spherical nano-sized particles.

Figure 3a shows the SEM image at the central area of the disk after 5 HPT revolutions. It is clear that the initially coherent cellular sub-structure networks are now destroyed during HPT processing. The Cr-based nano-silicate particles disappear, which implies that they are either annihilated, or possibly displaced during HPT processing. On the other hand, Figure 3b,c, respectively show the bright field (BF) and dark field (DF) TEM images of the HPT-processed disk at a similar location. These TEM images show grain refinement down to the ultrafine regime (<1 μ m) with high dislocation densities and sub-grain boundaries within the grain interior (dashed red circles), which are the typical characteristics of non-equillibrium grain boundaries (GBs) obtained through SPD processing [49–51]. The average grain size is measured as 115 ± 16 nm at the central area of the disk after 5 HPT revolutions, which is in contrast with 48 ± 11 nm when measured at the disk periphery (>3 mm from its centre) based on the previous research conducted by the current authors [21].



Figure 3. Central area of the disk after 5 HPT revolutions: (**a**) SEM image showing the annihilation of cellular sub-structure network, (**b**) BF-TEM image and (**c**) DF-TEM image revealing non-equilbrium UFG microstructures with dense dislocation densities within the grain interior.

Interestingly, further TEM observations at the central disk area reveal the presence of spherical nano-sized particles after 5 HPT revolutions, e.g., particles A and B in Figure 4a, which is suspected to be the Cr-based nano-silicates observed in the as-received disk previously. The area fraction and average diameter of the nanoparticles are determined to be 0.43% and 46 ± 12 nm, respectively. EDX area scan analysis is conducted on the area shown in Figure 4a and the elemental mapping results are shown in Figure 4b–f. The EDX maps clearly indicate dispersions of Cr and O throughout the nano-sized particles, with Si being concentrated at the edges, i.e., on the outer surface of those particles. No Ni is present, while only relatively small dispersions of Fe can be observed on the particles. In addition, EDX point analysis is conducted on particles A and B to quantitatively determine the elemental compositions there, with the results shown in Table 3. The results show high wt.% of O with some Cr and Si contents, while Fe and Ni are not detected. Hence, it can be inferred that the nano-sized particles are indeed the Cr-based nano-silicates, which are not destroyed but only displaced after experiencing torsional straining through 5 HPT revolutions.

Table 3. Chemical composition (wt.%) of particles A and B in Figure 4.

Particle	Cr	Si	0	Fe	Ni
А	14.07	19.41	66.52	-	-
В	15.25	21.62	63.13	-	-





(b)

Figure 4. Central area of the disk after 5 HPT revolution: (**a**) BF-TEM image showing examples of spherical nano-sized particles and (**b**–**f**) corresponding EDX mapping of (**a**).

3.2. XRD Analysis

Figure 5 shows the XRD spectra at the central disk area for the as-received condition and after 5 HPT revolutions. The as-received sample consists of a single γ -austenite phase, although the peaks appear broadened, which is most probably due to the presence of residual stresses and dislocations induced during the fabrication process [8]. No phase change occurs and the L-PBF AM-fabricated 316L SS retains its single γ -austenitic phase even after HPT processing. However, the presence of microstrains, ε and numerous coherently scattered domains (CSD), D_c due to the torsional straining cause further broadening of the XRD peaks. The dislocation density, ρ can then be calculated by the equation as follows [52]:

$$\rho = \frac{2\sqrt{3}\langle \varepsilon^2 \rangle^{1/2}}{D_c b} \tag{1}$$

where *b* is the Burgers vector, taken as 0.25 nm for austenitic stainless steels [53]. The Rietveld refinement method applied in MAUD software is used to obtain the values of ε and D_c through the procedures explained in Refs. [42–44]. After 5 HPT revolutions, the values of ε and D_c are estimated as $1.72 \pm 0.07 \times 10^{-3}$ and 23 ± 2 nm, respectively, while the value of ρ is calculated as $1.04 \pm 0.05 \times 10^{15}$ m⁻². This is a significant increase compared to 0.7×10^{13} m⁻² for the as-received condition as determined by the current authors in their previous study [21].

3.3. Microhardness

Figure 6a exhibits the evolution of Vickers microhardness (HV) values along the diameter of the disk before HPT processing and after 5 HPT revolution ns, in which significant hardening, ~2–3 times of the initial hardness, is attained as the result of HPT processing. However, hardness saturation, i.e., homogeneous hardness distribution throughout the disk is not achieved after 5 HPT revolutions, as illustrated by the HV mapping result shown in Figure 6b. The hardness distribution ranges from ~500–600 HV, in which the HV values increase with increasing distances towards the edge of the disk.



Figure 5. XRD spectra at the central area of the disk.



Figure 6. (**a**) Evolution of HV values taken along the diameter of the disk before and after 5 HPT revolutions and (**b**) HV mapping result throughout the HPT-processed disk after 5 revolutions.

4. Discussion

The equivalent von Mises strain, ε_{eq} . in HPT-processed materials can be described as follows [4]:

$$t_{eq.} = \frac{2\pi r N}{\sqrt{2\pi} t r N}$$
(2)

where *r* is the distance from the disk centre, \overline{N} is h number of HPT revolutions, and *h* is the disk thickness. Therefore, a radial dependency in the torsional strain values imposed throughout the disk during HPT processing is expected, in which the peripheral regions (>2.5 mm from the centre) experience higher strain hardening levels compared to the central areas (0–2.5 mm from the centre). Hence, there will be inhomogeneous distributions of grain sizes, dislocation densities, and microhardness values, particularly at low ε_{eq} . values or low torsional strain levels, e.g., after 1/4, 1/2, and 1 HPT revolutions [54–59]. Such inhomogeneity is often attributed to the formation of geometrically necessary dislocations (GNDs) at the central area of the disk due to the strain gradients that are present as a result

of the radial torsional shear straining nature of the HPT process [60,61]. However, if the deformation due to HPT-imposed torsional strains exceeds certain von Mises strain values, the strain hardening level will reach a saturation stage (typically after 5 to 10 HPT revolutions), whereby the grain refinement, dislocation density generation and multiplication, and microhardness attained will be fairly homogeneous throughout the disk [3,62–67]. Moreover, there are also reports showing that such homogeneity is not achieved even after 10 HPT revolutions, which is typically attributed to the intrinsic material properties that suppresses further grain refinement or multiplication of dislocation densities, e.g., stacking fault energy (SFE) in stainless steel alloys [9,13,68,69].

In this study, although the ε_{eq} . at the centre is theoretically 0 since r = 0, the average HV value at the central disk area is recorded as ~560 HV after HPT revolutions, which is approximately 2.5 times higher than that of the as-received condition (~220 HV). This is because in reality, strain localization takes place due to the low coefficient of strain rate sensitivity (SRS) in most HPT-processed materials, thereby some level of torsional strains are still imposed at the central area [70]. Hence, the HPT-imposed torsional straining results in severe plastic deformation that causes significant grain refinement down to the ultrafine regime (<1 μ m), as well as generation and multiplication of dislocations. Indeed, Figure 3b,c show the exact consequences of such deformation; ultrafine grains with average grain size of 115 ± 16 nm with dense dislocations within the grain interior, i.e., nonequilibrium GBs are attained at the central disk area after 5 HPT revolutions. Furthermore, the analysis of the XRD spectra using MAUD software reveals that the dislocation density of $1.04 \pm 0.05 \times 10^{15}$ m⁻² that is significantly higher than 0.7×10^{13} m⁻² before HPT processing. This confirms the SRS coefficient theory explained in Ref. [69], that torsional strains are still imposed, and dislocations are still generated and multiplied at the central disk area even though the theoretical ε_{eq} . value is 0 at r = 0. The numerous ultrafine GBs and dense dislocation networks are known to be sites that impede dislocation motions, thereby contributing to the remarkable increase of HV values at the central disk area after 5 HPT revolutions. In addition, the spherical Cr-based nano-silicates have also been found to strengthen L-PBF AM-fabricated 316L SS by Orowan bypassing mechanism [28,48,71,72].

Therefore, a strengthening model based on the linear additive theory is used to evaluate the contribution of each mechanism to the hardness increase at the disk centre after 5 HPT revolutions. The dislocation-induced hardness increase can be estimated by the following equation [73,74]:

$$\Delta \sigma_{\rho} = C M \alpha_1 G b \sqrt{\rho_{Total}} \tag{3}$$

where *C* is a dimensionless constant that provides a correlation between yield strength and hardness (*C* = 3 for FCC materials [75,76]), *M* is the Taylor orientation factor (*M* = 3.05 for FCC materials [77], α_1 is an empirical constant with the value 0.3 [78], *G* is the shear modulus, taken as 77,000 MPa for austenitic SS [77]), and ρ_{Total} is the value of dislocation density, determined as $1.04 \pm 0.05 \times 10^{15}$ m⁻² via XRD analysis through Equation (2). Thus, the hardness increase due to generation and multiplication of dislocations is calculated as ~174 HV. The contribution of HPT-induced grain refinement can be estimated by the Hall-Petch equation [79]:

$$\Delta \sigma_{GB} = C K_{HP} d^{-1/2} \tag{4}$$

where K_{HP} is the Hall–Petch constant that depends on the grain size regime of poycrystalline metals, taken as 0.3 MPa·m^{1/2} [77]. Meanwhile, *d* is the grain size, determined as 115 ± 16 nm through the line intercept method at the central disk area after 5 HPT revolutions. Therefore, the hardness increment due to the ultrafine grains is calculated as ~271 ± 8 HV. The contribution of Cr-based nano-silicates through the Orowan mechanism can be described by [72]:

$$\Delta\sigma_{ORO} = CM \frac{Gb}{\lambda} \tag{5}$$

where λ is the average spacing of the Cr-based nano-silicates, determined as ~152 nm from TEM observations of 20 TEM images at the central disk area after 5 HPT revolutions. Hence, the presence of the Cr-based nano-silicates provide additional ~118 HV towards the overall hardness after HPT processing.

The predicted hardness based on the model used in this study is 563 ± 10 HV for the central disk area after 5 HPT revolutions, which is within the error margin and correlates well with the average hardness measured at the central disk area (0–2.5 mm from the centre) of 560 HV. Based on the estimations from this strengthening model, the highest contribution to the overall hardness is through grain boundary hardening (~48%), followed by dislocation hardening (~31%), and Orowan strengthening (~21%).

5. Conclusions

In this study, a 316L SS alloy was fabricated by L-PBF AM technique and then processed through 5 HPT revolutions. The microstructural evolution, phase composition and dislocation density, and hardness at the central disk area (0–2.5 mm from the centre) were assessed by microscopy technique (SEM, EBSD, and TEM), XRD analysis, and Vickers microhardness (HV) mapping approaches, respectively. A linear additive model was used to predict the contribution of different mechanisms on the overall hardness enhancement at the central disk area after 5 HPT revolutions. The following conclusions summarize the results of this study:

- SEM, EBSD, and EDX analysis reveal that the as-received L-PBF AM-fabricated 316L SS contains unique microstructures comprising of square melt pools with LAGBs and HAGBs, cellular-sub-structure networks, and spherical Cr-based nano-silicates.
- 2. Microscopy observations show that the cellular sub-structure networks in the asreceived disk are destroyed after 5 HPT revolutions, while the Cr-based nano-silicates are not annihilated, just displaced due to the HPT-imposed torsional strain.
- 3. HPT processing through 5 revolutions successfully produces ultrafine grain sizes with an average of 115 ± 16 nm, accompanied by a significant increase in dislocation density.
- 4. The model based on linear additive theory estimated that the hardness increase at the central disk area after 5 HPT revolutions was contributed to by grain boundary hardening (~48%), dislocation hardening (~31%) and Orowan strengthening (~21%).

Author Contributions: S.M.Y. contributed primarily by conducting the experiments, data collection, data analysis and writing of the manuscript; Y.C. conducted the TEM experiments and subsequent data analysis; N.G. was heavily involved in the project conceptualization, administration, and planning, as well as review and editing the manuscript. All authors have read and agreed to the published version of the manuscript.

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Data Availability Statement: Data available on request due to the present investigation is part of an ongoing study.

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