

TONGUE COLOUR DIAGNOSIS SYSTEM USING CONVOLUTIONAL NEURAL  
NETWORK

TAN YI CHEN

A project report submitted in partial fulfilment of the  
requirements for the award of the degree of  
Master of Engineering (Computer and Microelectronic Systems)

School of Electrical Engineering  
Faculty of Engineering  
Universiti Teknologi Malaysia

JANUARY 2020

## **DEDICATION**

This project report is dedicated to my parents, who taught me never to give up and always strive to be the best. It is also dedicated to my siblings, who provided me with moral support throughout the entire length of the project.

## **ACKNOWLEDGEMENT**

First and foremost, I would like to express my sincere gratitude towards my Final Year Project Supervisor, Dr. Mohd Shahrizal bin Rusli for his dedicated guidance and advises throughout the project. His patient guidance and useful critiques of this research work are much appreciated. Besides, I would like to thank my research examiner Dr Mohd Afzan Othman. His feedback and suggestions helps me in tackling the problems better.

In addition, I would like to thanks and Dr. Nur Diyana Kamarudin and Dr. Ooi Chia Yee for allowing me to use the tongue images database and some of the codes for this project.

Lastly, I would like to show my appreciation to my family for their support and encouragement throughout my study. I would also like to take this opportunity to thank all people who have helped me in this project.

## ABSTRACT

Tongue diagnosis is known as one of the effective and yet noninvasive technique to evaluate patient's health condition in traditional oriental medicine such as traditional Chinese medicine. However, due to ambiguity, practitioners may have different interpretation on the tongue colour, body shape and texture. Thus, research of automatic tongue diagnosis system is needed for aiding practitioners in recognizing the features for tongue diagnosis. In this project, a tongue diagnosis system based on Convolution Neural Network for classifying tongue colours is proposed. The system extracts all relevant information (i.e., features) from three-dimensional digital tongue image and classifies the image into one of the colour (i.e. red or pink). To increase the accuracy of the proposed system, a number of pre-processing and data augmentation are carried out and evaluated. Augmentation techniques evaluated consists of salt-and-pepper noises, rotations and flips. Synthetic one-sided flip has that proven that it increases the average accuracy from 75.41% to 75.72%. Thus, this technique is proposed for data augmentation in tongue diagnosis applications. The proposed system achieved accuracy up to 88.98% and average of 75.72% from 5-fold cross validation, and 0.05 seconds in processing time.

## ABSTRAK

Diagnosis lidah ialah salah satu teknik yang berkesan tetapi tidak invasif untuk menilai kesihatan pesakit dalam perubatan tradisi timur seperti Perubatan Tradisi Cina. Tetapi, disebabkan oleh ketaksaan, pengamal perubatan akan mempunyai pentaksiran yang tidak sama dalam warna, bentuk dan tekstur lidah. Oleh itu, penyelidikan sistem diagnosis lidah adalah diperlukan untuk membantu pengamal perubatan dalam pengelasan ciri lidah. Dalam projek ini, sebuah sistem diagnosis lidah yang berasaskan Rangkaian Neural Konvolusi untuk pengelasan warna lidah telah dicadangkan. Sistem tersebut akan menyarikan semua maklumat berkaitan (seperti ciri-ciri) daripada gambar digital tiga-dimensi dan mengelaskan gambar tersebut kepada salah satu warna (iaitu merah atau merah jambu). Untuk meningkatkan ketepatan sistem tersebut, pelbagai teknik pra-pemprosesan dan pembanyakan data telah dilaksanakan and dinilai. Teknik pembanyakan data yang dinilai ialah hingar garam-dan-lada, putaran dan pembalikan. Pembalikan satu-belah sintetik telah dibuktikan bahawa ia boleh meningkatkan purata ketepatan dari 75.41% ke 75.72%. Oleh itu, teknik ini telah dicadangkan untuk aplikasi diagnosis lidah. Ketepatan sistem yang telah dicadangkan mencapai 88.98% dan purata 75.72% dari pengesahan silang 5-lipatan, dan 0.05 saat dalam masa pemprosesan.

## TABLE OF CONTENTS

	<b>TITLE</b>	<b>PAGE</b>
	<b>DECLARATION</b>	<b>iii</b>
	<b>DEDICATION</b>	<b>iv</b>
	<b>ACKNOWLEDGEMENT</b>	<b>v</b>
	<b>ABSTRACT</b>	<b>vii</b>
	<b>ABSTRAK</b>	<b>viii</b>
	<b>TABLE OF CONTENTS</b>	<b>ix</b>
	<b>LIST OF TABLES</b>	<b>xii</b>
	<b>LIST OF FIGURES</b>	<b>xiii</b>
	<b>LIST OF ABBREVIATIONS</b>	<b>xiv</b>
<b>CHAPTER 1</b>	<b>INTRODUCTION</b>	<b>1</b>
	1.1 Background	1
	1.2 Problem Statement	2
	1.3 Objectives	3
	1.4 Project Scope	3
	1.5 Chapter Organization	4
<b>CHAPTER 2</b>	<b>LITERATURE REVIEW</b>	<b>5</b>
	2.1 Introduction	5
	2.2 General Flow of Tongue Diagnosis System	5
	2.3 Support Vector Machine	6
	2.4 Convolutional Neural Network	7
	2.5 Related Work	10
	2.5.1 Rule based methods	10
	2.5.2 Support Vector Machine based Methods	12
	2.5.3 Convolutional Neural Networks based Methods	14
	2.6 Critical Review	18
	2.7 Chapter Summary	19

<b>CHAPTER 3</b>	<b>RESEARCH METHODOLOGY</b>	<b>21</b>
3.1	Introduction	21
3.2	Project Flow	21
3.3	Project Resources	22
3.4	Reproduction of Baseline Work	23
3.5	Convolutional Neural Network Model Optimization Flow	24
3.6	Pre-processing Techniques	25
3.6.1	Image Cropping by Ratio	25
3.6.2	Image Resizing	27
3.7	Data Augmentation Techniques	27
3.7.1	Salt-and-Pepper Noises	27
3.7.2	Flips	29
3.7.3	Rotation	29
3.8	Chapter Summary	30
<b>CHAPTER 4</b>	<b>RESULTS AND DISCUSSION</b>	<b>33</b>
4.1	Introduction	33
4.2	Performance Metric	33
4.3	Experimental Setup	34
4.4	Baseline Result	35
4.5	Proposed Convolutional Neural Network Model	36
4.5.1	Investigation of the Optimum Model	36
4.5.2	Result of the Proposed Work	37
4.6	Investigation of the Effect of Pre-processing and Data Augmentation	39
4.7	Comparison with Baseline Works	41
4.8	Chapter Summary	42
<b>CHAPTER 5</b>	<b>CONCLUSION AND RECOMMENDATIONS FOR FUTURE WORK</b>	<b>43</b>
5.1	Introduction	43
5.2	Conclusion	43
5.3	Future Works	44





## LIST OF TABLES

<b>TABLE NO.</b>	<b>TITLE</b>	<b>PAGE</b>
Table 2.1	Comparison of Joint Bayesian Network Classifier and multi-class classification performance	13
Table 2.2	Comparison of average classification accuracy and execution time of several algorithms using same database specification	13
Table 2.3	Performance of different methods on TestSet1 and TestSet2	15
Table 2.4	Critical review on tongue diagnosis system methods	18
Table 3.1	Initial state of the Convolutional Neural Network	25
Table 4.1	Best result of the proposed model	35
Table 4.2	Result of model optimization	38
Table 4.3	Proposed Convolutional Neural Network model	38
Table 4.4	Best result of the proposed model	39
Table 4.5	Effect of pre-processing and data augmentation	39
Table 4.6	Result comparison against baseline work	41

## LIST OF FIGURES

<b>FIGURE NO.</b>	<b>TITLE</b>	<b>PAGE</b>
Figure 2.1	General flow of tongue diagnosis system	6
Figure 2.2	Example of the convolution operation in convolutional layer	8
Figure 2.3	Diagnostic System with multiple items for the diagnosis of tongue inspection	11
Figure 2.4	Residual learning: a building block	14
Figure 2.5	Modified module of CaffeNet between the two convolutional layers by adding Batch Normalization	16
Figure 2.6	Proposed modified CaffeNet model by J.Hou <i>et al.</i>	16
Figure 2.7	The accuracy of different categories based on the same data used	17
Figure 2.8	The accuracy of different data set based on the same categories	17
Figure 3.1	Example of tongue images	22
Figure 3.2	The overall project flow	23
Figure 3.3	Optimization Flow of the Convolutional Neural Network model	26
Figure 3.4	Example of image cropping by ratio	27
Figure 3.5	Example of image cropping by ratio	28
Figure 3.6	Example of the flips on image	29
Figure 3.7	Example of the rotation on image	30
Figure 4.1	Important features for tongue colour classification	40

## LIST OF ABBREVIATIONS

CNN	-	Convolutional Neural Network
SVM	-	Support Vector Machine
ReLU	-	Rectified Linear Units
TCM	-	Traditional Chinese Medicine
TKM	-	Traditional Korean Medicine

# CHAPTER 1

## INTRODUCTION

### 1.1 Background

In health care field, there are many ways to evaluate a patient's health condition. Tongue diagnosis is known as one of the effective and yet noninvasive technique to evaluate patient's health condition in traditional oriental medicine such as traditional Chinese medicine (TCM) [1] and traditional Korean medicine (TKM) [2]. Tongue diagnosis is performed based on the features on the tongue such as tongue body, colour, coating and fur. Tongue coating thickness is inspected to evaluate the condition of the stomach. Yellow fur and enlarged and thinning of the tongue body also a sign of unhealthiness. From the perspective of colour, tongue body colour can be pale, light red, red and deep red. The colour of a healthy person is light-red colour. Pale tongue colour indicates the sign *blood vacuity*, which is depletion of the blood in TCM. Red and deep red tongue colour indicates the repletion heat.

The practitioners of oriental medicine inspect the tongue features through visual inspection in order to perform tongue diagnosis. However, the predictions are made based on each practitioner's experience and observation and the prediction may varies. The prediction is also affected by the environmental factors such as brightness [3]. Due to ambiguity, there is a need for automatic digital tongue diagnosis system (TDS) in order to assist the medical practitioner in daily practices.

There are many methods implemented for TDS such as active contour based method, threshold tongue segmentation method, and machine learning. Generally, TDS is consists of three main steps: tongue image acquisition, pre-processing, feature extraction and disease classification. Deep learning is observed to have a lot of breakthrough recently due to the advancement of computation and its ability of feature learning and representation. One of the successful techniques for TDS is Convolutional Neural Network (CNN). This techniques have been applied in other image processing

techniques such as facial expression recognition system [4] [5] and face recognition [6][7] as well. This technique could perform feature extraction and classification in one step.

In this work, the purpose of the project is to develop a high accuracy TDS based on CNN. Since building neural networks from scratch takes too long, the pre-trained framework TensorFlow is used.

## **1.2 Problem Statement**

The research on tongue diagnosis has limited access of tongue image databases. From the related reviewed, the tongue images work, the data used are collected or obtained by the author. There is no standard data for evaluating the TDS and thus it is unfair compare to compare methods directly.

From previous works in [8, 9, 10], they do not evaluated the developed TDS in term of processing time and focusing on accuracy only . From reviewed related which evaluated execution time, it is found that CNN method take the longest computation time among the methods compared [11, 12].

Many existing methods are not robust to environment changes such as brightness [8, 13]. The accuracy of the developed TDS in the work is reported to be sensitive of brightness change or the data sample is taken strictly in the same brightness condition.

In most classification applications, features need to be extracted before the classification stage. The features are obtained in feature extraction stage. In non neural-networks methods [9, 13, 12], feature extraction is implemented separately and independently from the classification.

### **1.3 Objectives**

The objectives of this project are:

1. To develop an accurate automatic tongue diagnosis system (TDS) using low complexity Convolutional Neural Network (CNN).
2. To investigate the impact of pre-processing and data augmentation methods on the developed system.
3. To compare with baseline SVM-based method on accuracy and processing time.

### **1.4 Project Scope**

The scope of the project is limited to developed a TDS but the classification is based on tongue colour only. The TDS is based only CNN only. The developed TDS is aimed to classify tongue image from two classes (i.e. red and pink ) only.

In this work, training and testing of the CNN based TDS is done by using Tensorflow 1.0 framework (Python 3.7) while the baseline SVM based TDS is trained and tested by using MATLAB 2019. The data used is limited to the data obtained from the works [12] [14] which is consists of 257 labelled tongue images. There are three classes of tongue images in the database (i.e. deep red, red and pink). The intensity of white coating on tongue is also labelled in the database. As baseline work classify tongue images into two classes only, this work is delimited to two classes classification only.

The evaluation of this work is based on accuracy and processing speed. However, the main focus is on accuracy while processing speed is the secondary focus.

## **1.5 Chapter Organization**

Chapter 2 presents literature review. It contains the introduction of CNN, SVM and the conventional methods used for TDS. Different methods and approaches are compared and reviewed.

Chapter 3 describes the methodology. The overall project flow is presented and the details of each stage is also presented. This includes the baseline work reproduction, optimization process of the CNN model of this work, investigation of pre-processing and data augmentation.

Chapter 4 presents the result and discussion. Analysis is done based on the result. Chapter 5 conclude the project and future works is discussed.

## REFERENCES

1. Lo, L.-C., Chen, C.-Y., Chiang, J. Y., Cheng, T.-L., Lin, H.-J. and Chang, H.-H. Tongue Diagnosis of Traditional Chinese Medicine for Rheumatoid Arthritis. *African journal of traditional, complementary, and alternative medicines : AJTCAM*, 2013. 10(5): 360–369.
2. Kim, J., Son, J., Jang, S., Nam, D.-H., Han, G., Yeo, I., Ko, S.-J., Park, J.-W., Ryu, B. and Kim, J. Availability of Tongue Diagnosis System for Assessing Tongue Coating Thickness in Patients with Functional Dyspepsia. *Evidence-Based Complementary and Alternative Medicine*, 2013. Article ID 348272: 1–6.
3. Ko, M. M., Lee, J. A., Kang, B.-K., Park, T.-Y., Lee, J. and Lee, M. S. Interobserver Reliability of Tongue Diagnosis Using Traditional Korean Medicine for Stroke Patients. *Evidence-Based Complementary and Alternative Medicine*, 2012. Article ID 209345: 1–6.
4. Lopes, A. T., de Aguiar, E., Souza, A. F. D. and Oliveira-Santos, T. Convolutional Neural Networks based Method for Improving Facial Expression Recognition. *Pattern Recognition*, 2017. 61: 610–628.
5. Mollahosseini, A., Chan, D. and Mahoor, M. H. Going deeper in facial expression recognition using deep neural networks. *2016 IEEE Winter Conference on Applications of Computer Vision (WACV)*. 2016. 1–10. doi: 10.1109/WACV.2016.7477450.
6. Zhan Wu, Min Peng and Tong Chen. Thermal face recognition using convolutional neural network. *2016 International Conference on Optoelectronics and Image Processing (ICOIP)*. 2016. 6–9. doi:10.1109/OPTIP.2016.7528489.
7. Wang, M., Wang, Z. and Li, J. Deep convolutional neural network applies to face recognition in small and medium databases. *2017 4th International Conference on Systems and Informatics (ICSAI)*. 2017. 1368–1372. doi: 10.1109/ICSAI.2017.8248499.



8. Hsu, Y., Chen, Y., Lo, L. and Chiang, J. Y. Automatic tongue feature extraction. *2010 International Computer Symposium (ICS2010)*. 2010. 936–941. doi: 10.1109/COMPSYM.2010.5685377.
9. Gao, Z., Po, L., Jiang, W., Zhao, X. and Dong, H. A Novel Computerized Method Based on Support Vector Machine for Tongue Diagnosis. *2007 Third International IEEE Conference on Signal-Image Technologies and Internet-Based System*. 2007. 849–854. doi:10.1109/SITIS.2007.115.
10. Hou, J., Su, H., Yan, B., Zheng, H., Sun, Z. and Cai, X. Classification of tongue color based on CNN. *2017 IEEE 2nd International Conference on Big Data Analysis (ICBDA)*(. 2017. 725–729. doi:10.1109/ICBDA.2017.8078731.
11. He, K., Zhang, X., Ren, S. and Sun, J. Deep Residual Learning for Image Recognition. *CoRR*, 2015. abs/1512.03385. URL <http://arxiv.org/abs/1512.03385>.
12. Kamarudin, N. D., Ooi, C. Y., Kawanabe, T., Odaguchi, H. and Kobayashi, F. A Fast SVM-Based Tongue’s Colour Classification Aided by k-Means Clustering Identifiers and Colour Attributes as Computer-Assisted Tool for Tongue Diagnosis. *Journal of Healthcare Engineering*. 2017, vol. 2017. 1–13. doi:<https://doi.org/10.1155/2017/7460168>.
13. Guitao Cao, Jie Ding, Ye Duan, Liping Tu, Jiatio Xu and Dong Xu. Classification of tongue images based on doublet and color space dictionary. *2016 IEEE International Conference on Bioinformatics and Biomedicine (BIBM)*. 2016. 1170–1175. doi:10.1109/BIBM.2016.7822686.
14. Kamarudin, N. D., Ooi, C.-Y., Kawanabe, T. and Mi, X. Tongue’s substance and coating recognition analysis using HSV color threshold in tongue diagnosis. 2016. 100110J. doi:10.1117/12.2242404.
15. Wang, A., Yuan, W., Liu, J., Yu, Z. and Li, H. A novel pattern recognition algorithm: Combining ART network with SVM to reconstruct a multi-class classifier. *Computers Mathematics with Applications*, 2009. 57(11): 1908 – 1914. ISSN 0898-1221. doi:<https://doi.org/10.1016/j.camwa.2008.10.052>. URL <http://www.sciencedirect.com/science/article/pii/S0898122108005282>, proceedings of the International Conference.

16. Song, X., Wang, H. and Wang, L. FPGA Implementation of a Support Vector Machine Based Classification System and Its Potential Application in Smart Grid. *2014 11th International Conference on Information Technology: New Generations*. 2014. 397–402. doi:10.1109/ITNG.2014.45.
17. Weston, J. and Watkins, C. Support Vector Machines for Multi-Class Pattern Recognition. 1999. 219–224.
18. Andrej Karpathy. Convolutional Neural Networks for Visual Recognition, 2019. <http://cs231n.github.io/convolutional-networks/>, Last accessed on 2019-11-11.
19. Rashid, T. A. *Intelligent Systems Technologies and Applications 2016*. Cham: Springer International Publishing. 2016. ISBN 978-3-319-47952-1. 73–84.
20. Brahimi, M., Arsenovic, M., Laraba, S., Sladojevic, S., Boukhalfa, K. and Moussaoui, A. *Deep Learning for Plant Diseases: Detection and Saliency Map Visualisation*, Cham: Springer International Publishing. 2018. ISBN 978-3-319-90403-0, 93–117. doi:10.1007/978-3-319-90403-0\_6. URL [https://doi.org/10.1007/978-3-319-90403-0\\_6](https://doi.org/10.1007/978-3-319-90403-0_6).
21. Mohanty, S., Hughes, D. and Salathe, M. Using Deep Learning for Image-Based Plant Disease Detection. *Frontiers in Plant Science*, 2016. 7. doi: 10.3389/fpls.2016.01419.
22. Turkey, A., Abdullah, S., Mccollum, B. and Sabar, N. An Evolutionary Hill Climbing Algorithm for Dynamic Optimization Problems. 2013.
23. Watsuji, T., Arita, S., Shinohara, S. and Kitade, T. Medical application of fuzzy theory to the diagnostic system of tongue inspection in traditional Chinese medicine. *FUZZ-IEEE'99. 1999 IEEE International Fuzzy Systems Conference Proceedings (Cat. No.99CH36315)*. 1999, vol. 1. ISSN 1098-7584. 145–148 vol.1. doi:10.1109/FUZZY.1999.793222.
24. Aliev, R. A. *Fuzzy Sets and Fuzzy Logic*, Berlin, Heidelberg: Springer Berlin Heidelberg. 2013. ISBN 978-3-642-34895-2, 1–64. doi:10.1007/978-3-642-34895-2\_1. URL [https://doi.org/10.1007/978-3-642-34895-2\\_1](https://doi.org/10.1007/978-3-642-34895-2_1).

25. Haralick, R. M., Shanmugam, K. and Dinstein, I. Textural Features for Image Classification. *IEEE Transactions on Systems, Man, and Cybernetics*, 1973. SMC-3(6): 610–621. ISSN 0018-9472. doi:10.1109/TSMC.1973.4309314.
26. Fushiki, T. Estimation of prediction error by using K-fold cross-validation. *Statistics and Computing*, 2011. 21(2): 137–146. ISSN 1573-1375. doi:10.1007/s11222-009-9153-8. URL <https://doi.org/10.1007/s11222-009-9153-8>.
27. Shan, C., Gong, S. and McOwan, P. W. Facial expression recognition based on Local Binary Patterns: A comprehensive study. *Image and Vision Computing*, 2009. 27(6): 803 – 816. ISSN 0262-8856. doi:<https://doi.org/10.1016/j.imavis.2008.08.005>. URL <http://www.sciencedirect.com/science/article/pii/S0262885608001844>.
28. Lin, B., Xie, J., Li, C. and Qu, Y. Deeptongue: Tongue Segmentation Via Resnet. 2018. 1035–1039. doi:10.1109/ICASSP.2018.8462650.
29. Jia, Y., Shelhamer, E., Donahue, J., Karayev, S., Long, J., Girshick, R. B., Guadarrama, S. and Darrell, T. Caffe: Convolutional Architecture for Fast Feature Embedding. *CoRR*, 2014. abs/1408.5093. URL <http://arxiv.org/abs/1408.5093>.
30. Carvajal, J., Romero, D. and Sappa, A. Fine-Tuning Based Deep Convolutional Networks for Lepidopterous Genus Recognition. 2017, vol. 10125. ISBN 978-3-319-52276-0. 467–475. doi:10.1007/978-3-319-52277-7\_57.
31. Srivastava, N., Hinton, G., Krizhevsky, A., Sutskever, I. and Salakhutdinov, R. Dropout: A Simple Way to Prevent Neural Networks from Overfitting. *Journal of Machine Learning Research*, 2014. 15: 1929–1958.
32. Lecun, Y., Bottou, L., Bengio, Y. and Haffner, P. Gradient-Based Learning Applied to Document Recognition. *Proceedings of the IEEE*, 1998. 86: 2278 – 2324. doi:10.1109/5.726791.