

KINETIC PROPERTIES ON SUPERCRITICAL CARBON DIOXIDE
EXTRACTION OF CHARANTIN FROM *MOMORDICA CHARANTIA* L. WITH
CO-EXTRACTANT

NOOR AIYSAH BINTI ARIS

A thesis submitted in fulfilment of the
requirements for the award of the degree of
Doctor of Philosophy

School of Chemical and Energy Engineering
Faculty of Engineering
Universiti Teknologi Malaysia

OCTOBER 2019

To my beloved family and friends

ACKNOWLEDGEMENT

“In the Name of Allah, the Most Merciful and the Most Gracious”

Without His guidance and permission, the completion of this thesis is impossible.

I wish to express my gratitude towards my supervisor, Assoc. Prof. Dr. Mohd Azizi Che Yunus and co-supervisor, Dr. Ana Najwa Mustapa for their guidance in completing my study. I am also very thankful to the Centre of Lipids Engineering & Applied Research (CLEAR) staff, Mrs Noor Sabariah Mahat and Mrs Zuhaili Idham for helping me with the equipment in the lab and other matter regarding my study in UTM. Not to forget the Post-Doctoral staff, Dr. Lee Nian Yian and Dr. Helen Kong as well as other postgraduate students, Salsabila, Diyana, Husnina, Faadila, Hazim, Syahmi and Nicky for their helpful hands, constructive comments and ideas regarding my research.

I also would like to extend my sincere gratitude to the people who help me with the mathematical modeling section, Dr. Hasmida Mohd Nasir and Dr. Izni Atikah Abd Hamid. In addition, I would like to thank my siblings, close friends as well as other people who have been helping me throughout this journey with or without their knowledge.

Lastly, my utmost greatest gratitude goes to my beloved parents, Hajah Zauyah Haji Awang and Haji Aris Haji Tongah who supported me through thick and thin, emotionally and financially. Without them, I would be a nobody. Thank you and I love you both so much.

ABSTRACT

Charantin is a bioactive compound in bitter gourd (*Momordica charantia*) fruit that has been claimed to be able to lower blood glucose level in type 2 diabetes mellitus patient. Its unique dual polarity compound and larger molecular weight makes it difficult to be extracted using conventional extraction method such as Soxhlet and water extraction. The aim of this study is to extract charantin from *Momordica charantia* using supercritical carbon dioxide (SC-CO₂) in the presence of absolute ethanol as co-extractant (1:3 w/v feed-to-solvent ratio). As mean particle size influences the extraction yield, its effects were investigated in the range of 0.2-0.7 mm and validated using the extraction curve model. The optimum extraction pressure and temperature ranging from 10-30 MPa and 45-65 °C respectively were determined using response surface methodology with 3-level factorial while the effect of SC-CO₂ operating conditions and kinetic properties on the extraction yield were validated using the kinetic models of Barton, Crank, simplified linear driving force (SLDF) and Sovová. Results demonstrated that the extraction efficiency of charantin was found to be 13.25×10^{-3} mg ch/g CO₂ with the highest concentration of charantin of 112.56 mg/100 g dry weight at optimum condition of 0.3 mm particle size, 30 MPa pressure, 65 °C temperature and 5 mL/min flowrate. The highest extraction yield of 42.4 mg/g gave the highest diffusion coefficient (D_e) value of 16.49×10^{-12} m²/s, with percentage deviation error of 4.48% at 30 MPa and 55 °C using the Crank model. Additionally, the mass transfer coefficient in the fluid phase (k_f) was 4.28×10^{-6} m/s and overall mass transfer coefficient (k_p) was 4.87×10^{-7} m/s obtained by SLDF model with experimental solubility (y_s) of 2.8 g/kg CO₂. The SC-CO₂ extraction with co-extractant has been demonstrated to be a promising technique to extract the highly valued charantin compound producing a novel product for nutraceutical and pharmaceutical industries.

ABSTRAK

Karantin adalah sebatian bioaktif dalam buah peria katak (*Momordica charantia*) yang dikatakan dapat menurunkan tahap glukosa darah pada pesakit kencing manis jenis 2. Sebatian dua kekutubannya yang unik dan berat molekulnya yang besar menyebabkan ia susah disari menggunakan kaedah penyarian lazim seperti Soxhlet dan penyarian air. Tujuan kajian ini adalah untuk menyari karantin daripada *Momordica charantia* menggunakan bendalir lampau genting karbon dioksida (SC-CO₂) dengan kehadiran etanol tulen sebagai penyari bersama (1:3 w/v nisbah suapan-kepada-pelarut). Oleh kerana purata saiz zarah mempengaruhi hasil penyarian, kesannya disiasat dalam julat 0.2-0.7 mm dan disahkan menggunakan model lengkung penyarian. Tekanan dan suhu penyarian optimum daripada julat 10-30 MPa dan 45-65 °C masing-masing ditentukan menggunakan kaedah tindak balas permukaan dengan faktorial tahap-3, sementara kesan keadaan operasi SC-CO₂ dan sifat kinetik pada hasil penyarian adalah disahkan menggunakan model kinetik iaitu Barton, Crank, daya pacuan linear dipermudahkan (SLDF) dan Sovová. Keputusan menunjukkan bahawa kecekapan penyarian karantin didapati sebagai 13.25×10^{-3} mg ch/g CO₂ dengan kepekatan karantin tertinggi sebanyak 112.56 mg/100 g berat kering pada keadaan optimum saiz zarah 0.3 mm, tekanan 30 MPa, suhu 65 °C dan kadar alir 5 mL/min. Hasil penyarian tertinggi iaitu 42.4 mg/g memberikan nilai pekali resapan (D_e) tertinggi pada 16.49×10^{-12} m²/s dengan peratus ralat sisihan 4.48 % pada tekanan 30 MPa dan suhu 55 °C menggunakan model Crank. Sebagai tambahan, pekali pemindahan jisim dalam fasa bendalir (k_f) adalah 4.28×10^{-6} m/s dan keseluruhan pekali pemindahan jisim (k_p) adalah 4.87×10^{-7} m/s menggunakan model SLDF, dengan kebolehlarutan ujikaji (y_s) 2.8 g/kg CO₂. Penyarian SC-CO₂ dengan penyari bersama menunjukkan teknik yang berpotensi untuk menyari sebatian karantin yang sangat berharga dalam penghasilan produk novel untuk industri nutraseutikal dan farmaseutikal.

TABLE OF CONTENT

	TITLE	PAGE
	DECLARATION	iii
	ACKNOWLEDGEMENT	v
	ABSTRACT	vi
	ABSTRAK	vii
	TABLE OF CONTENT	ix
	LIST OF TABLES	xiii
	LIST OF FIGURES	xv
	LIST OF ABBREVIATIONS	xviii
	LIST OF SYMBOLS	xx
	LIST OF APPENDICES	xxiii
CHAPTER 1		1
1.1	Background of Study	1
1.2	Problem Statement	6
1.3	Objectives of Research	7
1.4	Scopes and Limitations of Study	7
1.5	Significance of Study	9
1.6	Thesis Outline	9
CHAPTER 2		11
2.1	Introduction	11
2.2	Bitter Gourd (<i>Momordica charantia</i>)	12
2.2.1	Structure and Characteristic of Charantin	14
2.2.2	Potential Anti-Diabetic Medicinal Value	16
2.3	Conventional Extraction Method: Soxhlet Extraction	18
2.4	New Extraction Method: Supercritical Fluid Extraction	21
2.4.1	Properties of Supercritical Fluids (SCF)	23
2.4.1.1	Density (Solvent Strength) of SCF	24
2.4.1.2	Diffusivity and Viscosity of SCF	24
2.4.1.3	Solubility of SCF	25
2.4.2	Characteristics of Supercritical CO ₂ (SC-CO ₂)	26

2.4.2.1	Dielectric Constant of SC-CO ₂	28
2.4.2.2	Solubility of SC-CO ₂	28
2.4.2.3	Diffusivity of SC-CO ₂	29
2.4.2.4	Viscosity of SC-CO ₂	31
2.4.3	The Effects of Operating Condition on Extractability of Solute in SC-CO ₂	31
2.4.3.1	The Effect of Moisture Content	33
2.4.3.2	The Effect of Particle Size	34
2.4.3.3	The Effect of Co-Solvent and Co-Extractant	36
2.4.3.4	The Effect of Dynamic Extraction Time	45
2.4.3.5	The Effect of Fluid Flow Rate	47
2.4.3.6	The Effect of Pressure and Temperature	50
2.5	Response Surface Methodology (RSM) for Optimized Condition	54
2.5.1	Analysis of Variance (ANOVA)	55
2.5.2	Application of RSM in SC-CO ₂ Extraction	56
2.6	Application of Extraction Curve Models in Extraction of Natural Plant by SC-CO ₂	59
2.6.1	Empirical Model (Barton Model)	59
2.6.2	Heat Transfer Analogy Model (Crank Model)	61
2.6.3	Differential Mass Balance Model (Sovová Model)	69
2.6.4	Validation	73
2.7	Summary	74
CHAPTER 3		77
3.1	Introduction	77
3.2	Sample Preparation	79
3.3	Total Moisture Content	79
3.4	Preliminary Study for Supercritical Carbon Dioxide (SC-CO ₂) Extraction	80
3.4.1	Mean Particle Size	80
3.4.2	Addition of Co-Extractant	82
3.4.3	Extraction Time	83
3.4.4	Carbon Dioxide (CO ₂) Flow Rate	83
3.5	Supercritical CO ₂ (SC-CO ₂) Extraction	83
3.6	Analysis of Charantin in <i>Momordica charantia</i> Extract	86

3.6.1	Sample Purification	86
3.6.2	High-Performance Liquid Chromatography (HPLC) Analysis	87
3.6.3	Calibration Curve of Charantin Standard for HPLC Analysis	87
3.6.4	Quantification Method of Extracted Charantin	87
3.7	Optimization of Response using Response Surface Methodology (RSM)	88
3.7.1	3-Level Factorial	88
3.7.2	Design of Experiment in Design Expert 11.0.4.0	89
3.8	Mathematical Model	90
3.8.1	Determination of Diffusion Coefficient, D_e	90
3.8.2	Determination of Mass Transfer Coefficient, k	91
3.8.3	Modification of Density, ρ and Viscosity, μ	92
3.9	Statistical Analysis	94
3.10	Summary	94
CHAPTER 4		97
4.1	Introduction	97
4.2	Parametric Evaluations in SC-CO ₂ Extraction of <i>Momordica Charantia</i> L.	97
4.2.1	Residual Moisture Content	98
4.2.2	The Best Mean Particle Size	99
4.2.3	The Effect of Co-Extractant	107
4.2.4	Dynamic Extraction Time	112
4.2.5	The Effect of Carbon Dioxide (CO ₂) Flow Rate	115
4.2.6	The Effect of Pressure at Constant Temperature	118
4.2.7	The Effect of Temperature at Constant Pressure	122
4.3	Concentration of Charantin from <i>Momordica charantia</i> in SC-CO ₂ Extraction with Co-Extractant	125
4.4	Application of Response Surface Methodology (RSM) for Extraction of <i>Momordica charantia</i> using SC-CO ₂ with Co-Extractant	127
4.4.1	The Effect of Pressure and Temperature on the <i>Momordica charantia</i> Extract Yield	127
4.4.2	The Effect of Pressure and Temperature on the Charantin Extraction Efficiency	131
4.4.3	Optimization of <i>Momordica charantia</i> extract yield	

	and charantin extraction efficiency in SC-CO ₂ extraction with co-extractant	135
4.5	Mathematical Model of <i>Momordica charantia</i> Extract Yield in SC-CO ₂	138
4.5.1	New Term of Solvent Mixture Density, ρ_{mix} and Viscosity, μ_{mix}	138
4.5.2	Diffusion Coefficient, D_e	139
4.5.2.1	The Effect of Mean Particle Size on Diffusion Coefficient, D_e	140
4.5.2.2	The Effect of CO ₂ Flow Rate on Diffusion Coefficient, D_e	142
4.5.2.3	The Effect of Pressure on Diffusion Coefficient, D_e at Constant Temperature	145
4.5.2.4	The Effect of Temperature on Diffusion Coefficient, D_e at Constant Pressure	147
4.5.3	Mass Transfer Coefficient, k	148
4.5.3.1	The Effect of Mean Particle Size on Mass Transfer Coefficient, k	148
4.5.3.2	The Effect of CO ₂ Flow Rate on Mass Transfer Coefficient, k	151
4.5.3.3	The Effect of Pressure on Mass Transfer Coefficient, k at Constant Temperature	153
4.5.3.4	The Effect of Temperature on Mass Transfer Coefficient, k at Constant Pressure	155
4.5.3.5	Comparison on Mass Transfer Coefficient, k , between Crank with SLDF and Sovová Models	156
CHAPTER 5		159
5.1	Conclusions	159
5.2	Recommendations	160
REFERENCES		161
LIST OF PUBLICATIONS		187

LIST OF TABLES

TABLE NO.	TITLE	PAGE
Table 2.1	Physical properties of charantin	15
Table 2.2	Review on extraction of charantin from <i>Momordica charantia</i>	17
Table 2.3	Effects of hazardous organic solvent (Vladimir, 2012)	20
Table 2.4	Properties of fluids (Nahar and Sarker, 2012)	23
Table 2.5	Comparison of physical properties of SC-CO ₂ with liquid solvents at 25°C (Lee and Markides, 1990)	25
Table 2.6	Physical properties of some supercritical fluids (Vladimir, 2012)	26
Table 2.7	Substances that are soluble/insoluble in SC-CO ₂ (Smith <i>et al.</i> , 2013)	27
Table 2.8	Kamlet-Taft Parameters (α , β , π^*) (Smith <i>et al.</i> , 2013)	39
Table 2.9	ANOVA Table (Cornell, 1990)	55
Table 2.10	Summary of Chapter 2	75
Table 3.1	Design of experiment	85
Table 3.2	The extraction process variables in coded and un-coded levels	89
Table 3.3	Design of experiment using 3-Level Factorial	89
Table 3.4	Summary of Chapter 3	95
Table 4.1	<i>Momordica charantia</i> extract yield from two different extraction methods	99
Table 4.2	The effect of mean particle size on the extraction of <i>Momordica charantia</i> using SC-CO ₂ extraction method	103
Table 4.3	The concentration of charantin in different <i>Momordica charantia</i> extracts	108
Table 4.4	The effect of different CO ₂ flow rate in the concentration of charantin and its extraction efficiency using SC-CO ₂ extraction	115
Table 4.5	<i>Momordica charantia</i> extract yield and solubility at different pressure, temperature and 5 mL/min	121
Table 4.6	Concentration of charantin at different operating pressure, P and temperature, T	125
Table 4.7	The ANOVA studied on <i>Momordica charantia</i> extract yield (Y_1)	128
Table 4.8	The coefficients in terms of coded factors	129

Table 4.9	The ANOVA of factors studied on charantin extraction efficiency (Y_2)	132
Table 4.10	The desirability of optimization analysis in the extraction of <i>Momordica charantia</i> using SC-CO ₂ with co-extractant	135
Table 4.11	The properties of SC-CO ₂ and absolute ethanol solution	139
Table 4.12	The diffusion coefficient, D_e using the Crank model and extract yield for different mean particle size, d_p at 20 MPa, 65 °C and 4 mL/min	141
Table 4.13	The diffusion coefficient, D_e , using the Crank model and extract yield for different fluid CO ₂ flow rate at 10 MPa, 0.3 mm and different temperature of 45 and 65 °C.	144
Table 4.14	Diffusion coefficient, D_e , using the Crank model and extract yield for different pressure and temperature.	146
Table 4.15	The mass transfer coefficient for different mean particle size, d_p at 20 MPa, 65 °C, 4 mL/min of SC-CO ₂ with 1:3 ethanol as co-extractant, $\mu_{mix} = 1.64 \times 10^{-5}$ kg/m.s.	150
Table 4.16	The mass transfer coefficients of different CO ₂ flow rate, Q , at constant pressure, 10 MPa and different temperatures	152
Table 4.17	The mass transfer coefficient of <i>Momordica charantia</i> at different pressure (P) and temperature (T) at constant CO ₂ flow rate of 5 mL/min ($v = 1.46 \times 10^{-3}$ m/s)	154
Table 4.18	The mass transfer coefficient, k , from the Crank with SLDF and Sovová model at different pressures and temperatures	158

LIST OF FIGURES

FIGURE NO.	TITLE	PAGE
Figure 2.1	Cross-sectional photo of bitter gourd	13
Figure 2.2	Chemical structure of charantin	14
Figure 2.3	Phase diagram for a single substance	21
Figure 2.4	Schematic diagram of the typical SC-CO ₂ extraction process (Zhao and Zhang, 2013)	30
Figure 2.5	Theoretical SC-CO ₂ extraction curve and its stages	32
Figure 2.6	Effect of particle size on carrot fruit essential oil extraction at 10 MPa and 40 °C using SC-CO ₂ (Glišić <i>et al.</i> , 2007)	35
Figure 2.7	Typical schematic diagram of SC-CO ₂ extraction with co-solvent (Salleh <i>et al.</i> , 2010)	37
Figure 2.8	Extraction of lycopene using SC-CO ₂ extraction with hazelnut oil as co-solvent and co-extractant at 400-450 bar, 60-70 °C and 10 kg CO ₂ /h (Ciurlia <i>et al.</i> , 2009)	42
Figure 2.9	Effect of methanol as co-extractant on the concentration of catechin at 30 MPa, 3 mL/min and 60 min (Ruslan <i>et al.</i> , 2015)	44
Figure 2.10	Effect of extraction time on the extraction of different compound groups from <i>Juniperus communis</i> L. fruits using SC-CO ₂ at 9 MPa and 40 °C. Compound groups: monoterpenes (M), (■); oxygenated monoterpenes (OM), (□); sesquiterpenes (S), (▲); oxygenated sesquiterpenes (OS), (Δ); and other (O), (●) (Barjaktarović <i>et al.</i> , 2005)	46
Figure 2.11	Effect of CO ₂ flow rate and retention time in the extraction of β-carotene from apricot fruit pomace using SC-CO ₂ at 40.5 MPa and 55 °C (Şanal <i>et al.</i> , 2004)	48
Figure 2.12	Effect of CO ₂ flow rate in the extraction of corn germ oil at 45 MPa and 79 °C; (□) 3.9 kg CO ₂ /h and (○) 9.5 kg CO ₂ /h (Rebolleda <i>et al.</i> , 2012)	49
Figure 2.13	Effect of temperature on the extraction of β-carotene from apricot bagasse using SC-CO ₂ at the pressure of 30.4 MPa and different temperature of 313 K (40 °C) and 333 K (60 °C) (Döker <i>et al.</i> , 2004)	52
Figure 2.14	Effect of pressure on the extraction of coriander seeds using SC-CO ₂ at a) 55 °C and b) 40 °C (Zoran <i>et al.</i> , 2017)	52
Figure 2.15	Effect of pressure and temperature on the extraction of lignans from <i>Schisandra chinensis</i> fruit using SC-CO ₂ at 40 and 60 °C. Extraction time: (●) 6 min and (○) 30 min	

	(Choi <i>et al.</i> , 1998)	53
Figure 2.16	Three-dimensional (3D) response surface of the a) total extraction yield and the b) total sterol extraction yield from <i>Eichhornia crassipes</i> biomass as a function of ethanol content and pressure using the Full Factorial RSM (Martins <i>et al.</i> , 2016)	57
Figure 2.17	3D Response surface of the Brazilian cherry extract yield as a function of temperature and pressure using the Full Factorial RSM (Oliveira <i>et al.</i> , 2009)	58
Figure 2.18	Overall extraction curve of Chinese lantern calyx using SC-CO ₂ obtained by the Barton model at 30 MPa and 50 °C (Huang <i>et al.</i> , 2016)	61
Figure 2.19	Particle scheme diagram of the Crank model (Huang <i>et al.</i> , 2012)	62
Figure 2.20	Effect of temperature on overall extraction curve of Baizhu using SC-CO ₂ obtained by the Crank model at 45 MPa (Huang <i>et al.</i> , 2011)	65
Figure 2.21	Overall extraction curve of <i>Quercus infectoria</i> galls using SC-CO ₂ obtained by Single Sphere (Crank) model at 20 MPa and 70 °C (Nasir <i>et al.</i> , 2017)	68
Figure 2.22	Different types of extraction curves reported in the Sovová model (Mouahid <i>et al.</i> , 2018)	72
Figure 2.23	Experimental data and predicted curves in candeia oil extraction using SC-CO ₂ with ethyl acetate at 24 MPa and 70 °C. Ж (pure CO ₂); Δ (CO ₂ +1% EtAc); ▽ (CO ₂ +3% EtAc); ■ (CO ₂ + 5% EtAc) (Santos <i>et al.</i> , 2017)	72
Figure 3.1	Flow chart of the experimental work	78
Figure 3.2	Supercritical carbon dioxide extraction schematic diagram	81
Figure 4.1	The effects of different mean particle size on the extract yield of <i>Momordica charantia</i> using SC-CO ₂ at 20 MPa 65 °C and 4 mL/min in the extraction curve model of a) Barton model, b) Crank model and c) Sovová model.	106
Figure 4.2	<i>Momordica charantia</i> extract yield in SC-CO ₂ extraction, with and without co-extractant	107
Figure 4.3	The effect of mean particle sizes on <i>Momordica charantia</i> extract yield using SC-CO ₂ extraction with co-extractant at 20 MPa, 65 °C and 4 mL/min	112
Figure 4.4	The effect of fluid CO ₂ flow rate on the concentration of charantin at 10 MPa and temperature of 45 and 65 °C	116
Figure 4.5	The effect of pressure on <i>Momordica charantia</i> extract yield at constant operating temperature a) 45 °C, b) 55 °C and c) 65 °C	119
Figure 4.6	The effect of temperature on <i>Momordica charantia</i> extract	

	yield at constant operating pressure of a) 10 MPa, b) 20 MPa and c) 30 MPa	123
Figure 4.7	The predicted against actual values of <i>Momordica charantia</i> extraction yield as a function of temperature and pressure	130
Figure 4.8	The 3D response surface of the <i>Momordica charantia</i> extraction yield as a function of temperature and pressure	130
Figure 4.9	The predicted against actual values of the charantin extraction efficiency as a function of temperature and pressure	133
Figure 4.10	The 3D response surface of the charantin extraction efficiency as a function of temperature and pressure	134
Figure 4.11	The desirability in optimization analysis for factors of pressure (X_1) and temperature (X_2) in the extraction of <i>Momordica charantia</i> using SC-CO ₂ with co-extractant	135
Figure 4.12	The interaction plot for numerical optimization a) extract yield (Y_1) and b) extraction efficiency (Y_2) in extraction of <i>Momordica charantia</i> using SC-CO ₂ with co-extractant.	137
Figure 4.13	The effect of mean particle size on diffusion coefficient, D_e at 20 MPa, 65 °C and 4 mL/min	140
Figure 4.14	The effect of fluid flow rate on diffusion coefficient, D_e at 10 MPa, 0.3 mm and different temperature of 45 and 65 °C	143
Figure 4.15	The effect of pressure on diffusion coefficient, D_e at constant temperature	145
Figure 4.16	The effect of temperature on diffusion coefficient, D_e at constant pressure	147
Figure 4.17	The effect of mean particle size on overall mass transfer coefficient, $k_p \times 10^{-7}$ and mass transfer coefficient at fluid phase, $k_f \times 10^{-6}$ at 20 MPa and 65 °C	149
Figure 4.18	The effect of fluid flow rate on the overall mass transfer coefficient, $k_p \times 10^{-7}$ and mass transfer coefficient at fluid phase, $k_f \times 10^{-6}$ at 10 MPa (straight line denotes as temperature of 45 °C and dashed line is 65 °C)	151
Figure 4.19	The effect of pressure on overall mass transfer coefficient, $k_p \times 10^{-7}$ and mass transfer coefficient at fluid phase, $k_f \times 10^{-6}$ at constant temperature (straight line denotes as pressure of 10 MPa, dashed line is 20 MPa and dotted line is 30 MPa)	153
Figure 4.20	The effect of temperature on overall mass transfer coefficient, $k_p \times 10^{-7}$ and mass transfer coefficient at fluid phase, $k_f \times 10^{-6}$ at constant pressure (dotted line denotes as temperature of 45 °C, dashed line is 55 °C and straight line is 65 °C)	155

LIST OF ABBREVIATIONS

3D	-	three-dimensional
AARD	-	absolute average relative deviation
ANOVA	-	analysis of variance
AOAC	-	Association of Analytical Chemists
CER	-	constant extraction rate
CFCs	-	Chlorofluorocarbons
CO ₂	-	carbon dioxide
DCM	-	dichloromethane
DM	-	diabetes mellitus
DME	-	dimethyl ether
DW	-	Dry weight
EFSA	-	European Food Safety Authority
EtAc	-	ethyl acetate
FDA	-	Food and Drug Administration
FER	-	falling extraction rate
FFA	-	free fatty acid
GI	-	Glycemic index
HPLC	-	high performance liquid chromatography
JNK	-	phospho-c-Jun N-terminal kinase
LDF	-	linear driving force
LER	-	low extraction rate
MeOH	-	methanol
MOH	-	Ministry of Health
NA	-	not available
NCD	-	non-communicable disease
NF- κ B	-	nuclear factor- κ B
O ₂	-	oxygen
PLE	-	pressurized liquid extraction
PPAR α	-	liver peroxisome proliferator activated receptors
PPAR γ	-	adipose peroxisome proliferator activated receptors

RSM	-	response surface methodology
SC-CO ₂	-	supercritical carbon dioxide
SCF	-	supercritical fluid
SFE	-	supercritical fluid extraction
SLDF	-	Simplified linear driving force
STZ	-	streptozotocin
T1DM	-	type 1 diabetes mellitus
T2DM	-	type 2 diabetes mellitus
US EPA	-	United States Environmental Protection Agency

LIST OF SYMBOLS

α	-	hydrogen bond donor
β	-	hydrogen bond acceptor
β_{ij}	-	coefficients of the interaction parameters
ε	-	porosity of solid sample
ϵ	-	residual associated to the experiments
ξ_c	-	changes in radius of unextracted core
π^*	-	dipolarity/polarizability
η_{Total}	-	total extraction yield
$\eta_{TotalSterol}$	-	total sterol extraction yield
ρ	-	fluid density (kg/m ³)
ρ_{CO_2}	-	fluid density of CO ₂ (kg/m.s)
ρ_{mix}	-	mixture of fluid density (g/cm ³)
ρ_s	-	solid density (g/cm ³)
μ	-	fluid viscosity (kg/m.s)
μ_{CO_2}	-	fluid viscosity of CO ₂ (kg/m.s)
μ_{mix}	-	mixture of fluid viscosity (kg/m.s)
a	-	specific surface area per unit volume of extraction bed (m ⁻¹)
b	-	constant
Bi	-	Biot number
C	-	concentration charantin (mg/mL)
C_{fo}	-	saturation concentration of solute
C_{rs}	-	concentration of extract left in the solid sample
$Conc_{ch}$	-	concentration of charantin (mg/g extract)
D	-	diffusivity (m ² /s)
D_e	-	diffusion coefficient (m ² /s)
d_p	-	diameter particle of solid sample (m)
e	-	Ratio of mass of oil recovered
e_{lim}	-	e value for infinite extraction time depend on the extracted material
Ext_{ch}	-	extraction efficiency (mg/g CO ₂)

f	-	purity of charantin standard
k	-	mass transfer coefficient (m/s)
K	-	rate constant
k_f	-	mass transfer coefficient in the fluid phase
k_{fa}	-	volumetric convective coefficients in the fluid phase
k_p	-	overall mass transfer coefficient
k_s	-	mass transfer coefficient in the solid phase
k_{sa}	-	volumetric mass transfer coefficients in the solid cell
K_w	-	ionization constant
$m(t)$	-	extraction yield at time, t (g)
m_0	-	mass of glass dish (g)
m_1	-	mass of glass dish with sample before drying (g)
m_2	-	mass of glass dish with sample after drying (g)
M_t	-	total amount of solute diffused from sphere at time, t (g)
M_∞	-	total amount of solute (g)
\dot{m}_{mix}	-	mixture of fluid mass flow rate (g/min)
n	-	integer
N	-	solid mass on an extract-free basis (g)
N	-	total number of observations
N_e	-	total number of experimental data
P_c	-	Critical pressure
Q_{ch}	-	quantity of charantin (mg/g sample)
\bar{q}_i	-	average solute concentration in the particle
q_i^*	-	solute concentration in equilibrium with the fluid phase
r	-	diffusion path/particle radius (m)
Re	-	Reynolds number
S	-	surface area (m ²)
Sc	-	Schmidt number
Sh	-	Sherwood number
t	-	extraction time (s)
T_c	-	Critical temperature
t_{CER}	-	time for constant extraction rate (min)
t_{FER}	-	time taken for falling extraction rate (min)

v	-	interstitial fluid velocity (m/s)
V	-	volume of extract (mL)
V	-	volume (m ³)
W	-	dimensionless adjustable model parameters
$W_{extract, 105}$	-	weight of extract <i>Momordica charantia</i> at 105 min (g)
$w_{t,i}$	-	weight of dried <i>Momordica charantia</i> sample (g)
$W_{CO_2, 105}$	-	weight of CO ₂ at 105 min (g)
x_o	-	mass fraction of total solute content (g/g)
X_1	-	Pressure
X_2	-	Temperature
X_{EtOH}	-	ethanol content
X_i	-	variables
x_b	-	Concentration of easily accessible at the broken cell
x_i	-	Concentration of less accessible solute in the intact cell
x_k	-	mass fraction of inaccessible solute (g/g)
x_p	-	mass fraction of easily accessible solute (g/g)
X_p	-	pressure
Y	-	response
\bar{Y}	-	average value of all observations
y	-	overall extraction yield (g)
y_0	-	maximum extraction yield (g)
Y_1	-	Extract Yield
Y_2	-	Extraction Efficiency
Y_3	-	Solubility
$y_{calculated}$	-	extract yield obtained from model equations at i condition.
y_e	-	yield in weight fraction or percent
$y_{experimental}$	-	extract yield obtained from experiment at i condition.
Y_i	-	i^{th} observation
Y_s	-	solubility (g/g)
y_{∞}	-	Yield after infinite extraction time
\hat{Y}_i	-	predicted response
Z	-	dimensionless adjustable model parameters
Z_w	-	dimensionless adjustable model parameters

LIST OF APPENDICES

APPENDIX	TITLE	PAGE
Appendix A	Determination of moisture content	189
Appendix B	Supercritical extract of <i>Momordica charantia</i>	190
Appendix C	Determination of charantin in <i>Momordica charantia</i>	191
Appendix D	F Values for $\alpha = 0.05$	195
Appendix E	Sample of calculations	198

CHAPTER 1

INTRODUCTION

1.1 Background of Study

The growing pandemic of Diabetes Mellitus (DM) is considered as an enormous public concern with 90% of the world population was diagnosed with Type 2 DM (T2DM) and roughly 1.6 million of deaths are directly attributed to diabetes each year (WHO, 2018). According to World Health Organization (WHO), there will be an increment of approximately 300 million diabetes patients globally by the year of 2025 (Wang *et al.*, 2014). In Malaysia, 99.3% of total registered patients were diagnosed with T2DM and 58.4% of the patients are women in the age of 45 to 54 years old (Feisul and Azmi, 2013).

Traditional medicine had been included as one of the primary health care mediums in most countries (Payyappallimana, 2010) while herbal products in Malaysia are an essential component in the medicine system at approximately RM4.6 billion with 15 to 20% annual projected growth rate (Khatun *et al.*, 2011). *Momordica charantia* from *Cucurbitaceae* family, also locally known as bitter gourd had been consider as a useful dietary adjunct for diabetes in the early years (Marles and Farnsworth, 1995). During the early studies on the ability of *Momordica charantia* extract, charantin, polypeptide-*p* (p-insulin) and alkaloids are proven to be compounds responsible in reducing the glucose level in blood (Habicht *et al.*, 2011; Raman and Lau, 1996). Their synergistic effect resulted in reducing blood glucose level and improving insulin efficiency (Khanna *et al.*, 1981; Lo *et al.*, 2014; Wang *et al.*, 2014). In addition, charantin is said to be the dominant compound in lowering the blood glucose level which is equivalent to the effect of insulin in the body (Pitipanapong *et al.*, 2007).

Charantin is a steroidal glucoside compound with a unique combination molecule of sterol head and glucoside tail. It is a mixture of β -sitosterol glucoside and stigmasterol glucoside in which both are commonly known as an anti-diabetic agent (Alarcon *et al.*, 2005; Fadzelly *et al.*, 2006). The sterol head of charantin is a non-polar molecule that can dissolve in non-polar solvent whereas the glucoside tail is a polar molecule that can dissolve in polar solvents (Pitipanapong *et al.*, 2007).

Saad and Ali (2011) verified that the highest amount of charantin of 55.27mg/100 g Dry Weight (DW) was extracted as water was added into a 50% v/v ethanol solution for 60 h using the maceration method. Meanwhile, the lowest amount was extracted as only water was used as a solvent. This is because water in ambient condition is a highly polar solvent that prefers dissolving polar compound only. Likewise, Pitipanapong *et al.* (2007) also have the same opinion that a mixture of water-ethanol solvent in a ratio of 1:1 using pressurized liquid extraction (PLE), could increase the highest recovery of charantin compound which is 12.1 mg/ 100 g DW within 40 min.

Therefore, the selection of solvent used to extract charantin could be a challenging task as it needs a mixture of solvents and effective extraction method to extract both non-polar head and polar tail simultaneously. Most of the previous researchers extracted this valuable compound using conventional methods such as distillation, Soxhlet and maceration methods; with water and methanol as the common solvent (Shih *et al.*, 2008; Wang *et al.*, 2014; Xu *et al.*, 2015).

The conventional extraction process is an outdated process which consumes large amount of organic solvent, requires longer extraction time and downstream process to remove the toxic solvent. Besides, it produces less concentrate extract with small amount of valuable compound compared to modern extraction method such as the supercritical fluids (Lepojević *et al.*, 2017; Hadzri *et al.*, 2014; Hsieh *et al.*, 2012).

For instance, a study done by Fuangchan *et al.* (2011) showed that about 2000 mg/day of dried *Momordica charantia* can reduce the fructosamine level in T2DM patient, but the effect is still lower than the effect of being fed by 1000 mg/day of metformin (prescribed medicine for T2DM patient). This is due to the purity of extract from dried *Momordica charantia* used that has small trace of the active compound compared to modern medicine performance. Hence, an effective extraction method for concentrated extract should be simple, fast, eco-friendly which could be easily upscaled for industrial purposes (Syahariza *et al.*, 2017).

Supercritical fluid extraction (SFE) has been known widely as a fast and eco-friendly extraction technology to extract natural product. Carbon dioxide (CO₂) is a common fluid used in SFE mainly because it is inexpensive, nontoxic, non-flammable, inert, naturally abundant and has a relatively low critical temperature (31.1°C) and pressure (72.8 atm) (McHugh and Krukonis, 1986).

In addition, CO₂ solvent has been generally recognized as safe by Food and Drug Administration (FDA) and European Food Safety Authority (EFSA) (Herrero *et al.*, 2010). Above and beyond, greater mass transfer property such as diffusivity consequently gives faster extraction in a short time and the absence of surface tension increases the rapid penetration of supercritical CO₂ (SC-CO₂) inside solid particle thus enhances the extraction efficiency (Rakesh and Ramesh, 2012).

The nature of SC-CO₂ is a non-polar solvent which favors and excellent for extraction of non-polar compound similar to hexane (Larry, 1996). On the other hand, the key compound of *Momordica charantia* extract which is charantin is a unique compound with a combination of non-polar sterol head and polar glucoside tail (Pitipanapong *et al.*, 2007). Therefore, a mixture of non-polar and polar solvents is required to maximize the extraction of charantin compound.

In normal practice, a mixture of solvent could be created in SFE process via personal pump of a polar co-solvent such as ethanol (Salleh *et al.*, 2010). The co-solvent is mixed with SC-CO₂ solvent prior to the extraction process to modify its

properties by increasing the solvent power of SC-CO₂ in extracting polar compound (Smith *et al.*, 2013). However, in many cases, co-solvent cannot be use due to limitation of equipment as it needs personal pump to operate and dissolve in SC-CO₂ before entering the extraction vessel. As an alternative, co-extractant can be introduced to facilitate the extraction of polar compound and unique compound such as charantin. Co-extractant is a substance that is directly applied on the solid particle prior to the extraction process in order to improve solute transport properties and enhances the extraction yield (Smith *et al.*, 2013). In this study, absolute ethanol is used as a co-extractant for the extraction of charantin compound using SC-CO₂ at different operating parameters. It is an innovation towards the current SC-CO₂ technology by modifying the *Momordica charantia* solid dried particle structure prior to the extraction process (Durante *et al.*, 2014b).

The use of SC-CO₂ with the addition of co-solvent/co-extractant in the extraction process has already been explored in industries such as in advanced materials of ceramic nanoparticles using SC-CO₂ with methanol (Hanhwa Chemical Co., South Korea) (Smith *et al.*, 2013), extraction of oakwood oil, water soluble hazelnut oil, water soluble sesame oil, water soluble sunflower oil and water soluble peanut oil using SC-CO₂ with ethanol (Evonik Industries AG, Germany) (Michael, 2018). At the same time, there are continuous researches on the extraction of SC-CO₂ with co-solvent/co-extractant consist of extraction of lycopene, β -carotene, and other bioactive compound from natural plants (Espinosa-Pardo *et al.*, 2017; Kehili *et al.*, 2017; Ruslan *et al.*, 2018a; Hatami *et al.*, 2019)

Mathematical model is important in the extraction using SC-CO₂ as it can optimize the variables via statistical model and estimate the extraction process using the extraction curve model (Song *et al.*, 2017). A statistical model could be in the form of design of experiment (DoE) or response surface methodology (RSM). DoE is a statistical model to minimize the number of experiments needed and operating cost whereas, RSM is a complete statistical model which includes experimental design and analysis, to determine how the response is affected by a set of quantitative variables in a specified region (Melo *et al.*, 2014).

Meanwhile, extraction curve model could be categorized into a simple empirical model, a heat transfer analogy kinetic model and a complex differential mass balance kinetic model. Most importantly, these models could represent an extraction curve and predict the kinetic properties such as diffusion coefficient (D_e) and mass transfer coefficient (k). Additionally, the operating time needed to complete the extraction could be determined from the predicted curve.

Crank and Sovová models are among the kinetic models commonly used for describing the extraction curves and determining the k and D_e value in SC-CO₂ extraction method (Huang *et al.*, 2011; Nasir *et al.*, 2017; Favareto *et al.*, 2017). Sovová *et al.* (1994) developed a kinetic model to investigate the effect of particle size, CO₂ flow rate and its direction for extraction of vegetable oil using SC-CO₂. The model confirms that larger particle size resulted in the lowest k value. Beside k value, D_e value is also important in the determination of mass transfer in SC-CO₂ process (López-Padilla *et al.*, 2016).

Crank (1975) developed a model to determine the D_e value specially for a solid particle which has limited extractable solute (Huang *et al.*, 2012). The D_e value varies from subcritical to supercritical regions depending on the chemical potential of solute that influences the diffusion flux (Medina, 2012). The use of D_e value in Schmidt and Sherwood numbers is important in describing the mass transfer phenomena in the extractor vessel (Funazukuri, 2018). Therefore, it is important to consider the D_e value for the design and efficiency of the SFE process (Liong *et al.*, 1991).

At the same time, the application of RSM in this study was employed to optimize the operating pressure and temperature in the extraction process. As a matter of fact, the scale-up of SC-CO₂ extraction unit for industrial purposes requires information such as mass transfer kinetics, the equilibrium and optimum operating conditions which could be retrieved from the mathematical model and experimental data.

To date, no reports on the extraction of charantin, a unique compound with dual polarity from Malaysia's genus *Momordica charantia* (flesh + seed), using SC-CO₂ with ethanol as co-extractant is available in the literature. Besides, the valuable data from kinetic properties using kinetic models and optimization by RSM, could be fruitful towards developing new products in nutraceuticals and pharmaceuticals industries for the treatment of T2DM.

1.2 Problem Statement

The stumbling block in this study is the extraction of charantin from *Momordica charantia* fruit which is quite challenging due to its unique chemical structure with dual polarity. The sterol head tends to dissolve in a non-polar solvent which could be fulfilled by n-hexane or SC-CO₂ solvent. Meanwhile, its glucoside tail needs a polar solvent such as methanol or ethanol to dissolve as it is a polar molecule with bulk structure. Hence, the needs for suitable mixed solvents are crucial.

The mixture of organic solvent such as n-hexane and methanol could enhance the extraction of charantin but then, the mixture of both solvents is hazardous and toxic towards human and environment. Thus, the mixture of SC-CO₂ and ethanol could be used to extract charantin as both solvents are non-toxic and environmentally friendly. In fact, with only small amount of ethanol as co-solvent, it can tune the polarity of SC-CO₂ (main solvent in SFE) and enhance the extraction of polar molecule such as glucoside tail in the charantin compound.

However, another issue in this study is the use of ethanol as a co-solvent as it needs a personal pump to operate. Due to the limitation of this study, which is the use of personal pump for co-solvent, the solution is to use ethanol as co-extractant rather than as co-solvent. As mentioned previously in the background of study, a co-extractant is a substance directly mixed with a solid particle. Hence, ethanol as co-extractant is directly mixed and thus swells the solid particle prior to the extraction

process, to ensure SC-CO₂ (main solvent in SFE) could diffuse easily and extract both charantin compound (sterol and glucoside molecules). The truth is the polarity of SC-CO₂ instantly tunes as ethanol is co-extracted by SC-CO₂ thus enhance its solvent power to extract polar and large molecules. In conclusion, this eco-friendly extraction method which is SC-CO₂ with the addition of ethanol as co-extractant, could be fruitful in the extraction of charantin compound from *Momordica charantia* for nutraceutical and pharmaceutical industries.

1.3 Objectives of Research

The aim of this study is to extract charantin, a dual-polarity compound of *Momordica charantia* using SC-CO₂ with absolute ethanol as co-extractant. In order to achieve this aim, the following objectives are identified;

- i. To investigate the effects of different operating parameters on *Momordica charantia* extract yield and concentration of charantin using SC-CO₂ extraction with co-extractant.
- ii. To optimize the operating pressure and temperature in SC-CO₂ extraction with co-extractant on *Momordica charantia* extract yield and charantin extraction efficiency using response surface methodology (RSM).
- iii. To validate operating parameters influencing the extraction process in terms of diffusion coefficient, D_e and mass transfer coefficient, k , by extraction curve model.

1.4 Scopes and Limitations of Study

A research study conducted must have its scopes and limitations in order to achieve all the objectives stated. Therefore, the scopes and limitations of this research study are:

- i. Preliminary studies were performed to obtain constant parameters prior to dynamic extraction using SC-CO₂. The parameters consist of moisture content (<10% wet basis) (Shi *et al.*, 2010), mean particle sizes (0.2, 0.3, 0.5 and 0.7 mm) (Sun and Temelli, 2006; Ekinici and Gürü, 2014), carbon dioxide flow rate (3, 4, 5, 6 and 8 mL/min) (Ruslan *et al.*, 2015; Aziz *et al.*, 2016), extraction time (120 min) (Park *et al.*, 2007a) and addition of ethanol as a co-extractant (1:3 feed-to-solvent ratio) (Woźniak *et al.*, 2017). The range of parameters was chosen based on the previous literature. For instance, excessive higher moisture content can lead to poor extraction oil yield and undermine the specialty of SC-CO₂. Meanwhile, a fine particle of less than 0.2 mm and higher feed-to-solvent ratio could create inlet clogging on the SC-CO₂ flow line. On the other hand, a flow rate of higher than 8 mL/min could reduce the solubility of solute in the SC-CO₂ solvent whereas longer extraction time would be less sustainable.
- ii. Optimization of *Momordica charantia* yield (mg/g sample) and charantin extraction efficiency (mg charantin/g CO₂) were performed by response surface methodology (RSM) analysis with two different parameters, temperature (45, 55, 65 °C) and pressure (10, 20, 30 MPa) using 3-Level Factorial.
- iii. Determination of charantin extraction efficiency via analysis using High Performance Liquid Chromatography (HPLC).
- iv. Development of extraction curve model, Barton and Crank models on experimental data is performed in order to determine the diffusion coefficient, D_e . The accuracy of the coefficient was evaluated using the absolute average relative deviation (AARD) method.
- v. Mass transfer coefficient, k is calculated using kinetic model of simplified linear driving force (SLDF) model and Sovová model. The accuracy of the coefficient was evaluated using the AARD method.

1.5 Significance of Study

This study would expand the current technology of supercritical fluid and increase the database of supercritical fluid extraction. The application of SC-CO₂ with the addition of absolute ethanol as co-extractant, will increase the extraction of charantin compound with its unique dual-polarity from *Momordica charantia*. This method could solve the use of tremendous amount of hazardous organic solvent and the limitation of co-solvent. Additionally, it will enhance the innovation of current SC-CO₂ extraction process by exploring the use of co-extractant instead of co-solvent.

Moreover, the effect of operating parameters on diffusion coefficient, D_e and mass transfer coefficient, k values are the first investigated for extraction of *Momordica charantia* fruit with addition of absolute ethanol as a co-extractant. These values are important in chemical scale up of extraction process especially when considering the design of extraction vessel.

In conclusion, this study is very important as it will be an eye opener in the selection of solvent and extraction method for the extraction of natural plants. In fact, this study should raise public awareness on the increasing number of T2DM patients in Malaysia. In addition, the industries such as nutraceutical and pharmaceutical could gain new knowledge on the extraction method and hopefully to implement it in order to develop new products to improve the current treatment of T2DM.

1.6 Thesis Outline

Chapter 1 is consisting of brief introduction of the research containing the background of study, problem statement, objectives of the study, scope and limitation of the study, and the significance of the study as well as thesis outline.

Chapter 2 provides an in-depth discussion on the studies which have been performed by previous researchers and related to this study such as the structure and characteristics of charantin as the interest compound in this study and the unique dual polarity compound in *Momordica charantia*. Furthermore, the conventional extraction method and SC-CO₂ extraction method is explained in detail along with the factors affecting the extractability in SC-CO₂. Then, the optimization of operating conditions is discussed in order to achieve high amount of *Momordica charantia* extract yield and extraction efficiency of charantin using RSM. Moreover, this chapter also includes the mathematical extraction curve model for *Momordica charantia* extract yield for determination of diffusion coefficient (D_e) and mass transfer coefficient (k) values.

In chapter 3, the methodology of sample preparation, determination of constant parameters in SC-CO₂ extraction, the procedure of SC-CO₂ extraction technique and analysis of compounds using HPLC are presented. Optimization of *Momordica charantia* extract yield and extraction efficiency of charantin using RSM, mathematical model and statistical analysis are also included in this chapter.

Results of experimental work and effects of operating conditions of SC-CO₂ which are mean particle size, addition of co-extractant, extraction time, fluid flow rate, pressure and temperature as well as Soxhlet extraction outcome values are discussed in Chapter 4. The optimizations of *Momordica charantia* extract yield and extraction efficiency of charantin using RSM are also presented. The tailored extraction curve models are also reported and its operating parameters effects on D_e and k value are discussed.

Finally, chapter 5 concludes the findings of this study and summarizes the research outcome. Few recommendations are presented in this chapter for future works related to this study.

REFERENCES

- Abbas K.A., Mohamed A., Abdulmir A.S. and Abas H.A. (2008) 'A Review on Supercritical Fluid Extraction as New Analytical Method', *American Journal of Biochemistry and Biotechnology*, 4, 345-353.
- Al-Otoom A., Al-Asheh S., Allawzi M., Mahshi K., Alzenati N., Banat B. and Alnimr B. (2014) 'Extraction of oil from uncrushed olives using supercritical fluid extraction method', *The Journal of Supercritical Fluids*, 95, 512-518.
- Alarcon A., F. J., Calzada-Bermejo F., Hernandez-Galicia E., Ruiz-Angeles C. and Roman-Ramos R. (2005) 'Acute and chronic hypoglycemic effect of *Ibervillea sonora* root extracts-II', *Journal of Ethnopharmacology*, 97, 447-452.
- Aljohi A., Matou-Nasri S. and Ahmed N. (2016) 'Antiglycation and Antioxidant Properties of *Momordica charantia*', *PLoS ONE*, 11, e0159985.
- AOAC. (2007) Moisture in Plants. In: W.H.Horwitz and G.W.Latimer (eds) *Official Methods of Analysis of AOAC International* 18th ed. Gaithersburg, MD, USA: AOAC International, 0-935584-935578-935581.
- Aris N.A., Zaini A.S., Nasir H.M., Idham Z., Vellasamy Y. and Yunus M.A.C. (2018) 'Effect of particle size and co-extractant on *Momordica charantia* extract yield and diffusion coefficient using supercritical CO₂', *Malaysian Journal of Fundamental and Applied Sciences*, 14, 368-373.
- Arnáiz E., Bernal J., Martín M.T., Nozal M.J., Bernal J.L. and Toribio L. (2012) 'Supercritical fluid extraction of free amino acids from broccoli leaves', *Journal of Chromatography A*, 1250, 49-53.
- Arsad N.H., Yunus M.A.C., Zaini M.A.A., Rahman Z.A. and Idham Z. (2016) 'Effect of Operating Conditions of Supercritical Carbon Dioxide on Piper Betle Leave Oil Yield and Antioxidant Activity', *International Journal of Applied Chemistry*, 12, 741-751.
- Arshad K.M.A.K. (2016) *Optimization of Supercritical Carbon Dioxide Extraction of Agarwood Leaves*. Bachelor Thesis, Johor, Malaysia.
- Aziz A.H.A., Yunus M.A.C., Arsad N.H., lee N.Y., Idham Z. and Razak A.Q.A. (2016) Optimization of supercritical carbon dioxide extraction of Piper Betel

- Linn leaves oil and total phenolic content. *Second International Conference on Chemical Engineering (ICCE): Material Science Engineering*. Bandung, Indonesia,
- Barjaktarović B., Sovilj M. and Knez Ž. (2005) 'Chemical Composition of *Juniperus communis* L. Fruits Supercritical CO₂ Extracts: Dependence on Pressure and Extraction Time', *Journal of Agricultural and Food Chemistry*, 53, 2630-2636.
- Barrales F.M., Rezende C.A. and Martínez J. (2015) 'Supercritical CO₂ extraction of passion fruit (*Passiflora edulis* sp.) seed oil assisted by ultrasound', *The Journal of Supercritical Fluids*, 104, 183-192.
- Barros H.D.F.Q., Coutinho J.P., Grimaldi R., Godoy H.T. and Cabral F.A. (2016) 'Simultaneous extraction of edible oil from avocado and capsanthin from red bell pepper using supercritical carbon dioxide as solvent', *The Journal of Supercritical Fluids*, 107, 315-320.
- Bartle K.D., Clifford A.A., Hawthorne S.B., Langenfeld J.J., Miller D.J. and Robinson R. (1990) 'A model for dynamic extraction using a supercritical fluid', *The Journal of Supercritical Fluids*, 3, 143-149.
- Beatriz D.-R., Moure A., Domínguez H. and Parajó J.C. (2006) 'Supercritical CO₂ Extraction and Purification of Compounds with Antioxidant Activity', *Journal of Agricultural and Food Chemistry*, 54, 2441-2469.
- Beckman E.J. (2004) 'Supercritical and near-critical CO₂ in green chemical synthesis and processing', *The Journal of Supercritical Fluids*, 28, 121-191.
- Belayneh H.D., Wehling R.L., Cahoon E. and Ciftci O.N. (2015) 'Extraction of omega-3-rich oil from *Camelina sativa* seed using supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 104, 153-159.
- Bezerra M.A., Santelli R.E., Oliveira E.P., Villar L.S. and Escalera L.a. (2008) 'Response Surface Methodology (RSM) as a tool for Optimization in Analytical Chemistry', *Talanta*, 76, 965-977.
- Borel P., Grolier P., Armand M., Partier A., Lafont H., Lairon D. and Azais-Braesco V. (1996) 'Carotenoids in biological emulsions: solubility, surface-to-core distribution, and release from lipid droplets', *Journal of Lipid Research*, 37, 250-261.

- Budrat P. and Shotipruk A. (2009) 'Enhanced recovery of phenolic compounds from bitter melon (*Momordica charantia*) by subcritical water extraction', *Separation and Purification Technology*, 66, 125-129.
- Camila G.P. and Angela M., A. Meireles. (2010) 'Supercritical Fluid Extraction of Bioactive Compounds: Fundamentals, Applications and Economic Perspectives', *Food Bioprocess Technol* 3, 340–372.
- Campos L.M.A.S., Michielin E.M.Z., Danielski L. and Ferreira S.R.S. (2005) 'Experimental data and modeling the supercritical fluid extraction of marigold (*Calendula officinalis*) oleoresin', *The Journal of Supercritical Fluids*, 34, 163-170.
- Carvalho R.N., Moura L.S., Rosa P.T.V. and Meireles M.A.A. (2005) 'Supercritical fluid extraction from rosemary (*Rosmarinus officinalis*): Kinetic data, extract's global yield, composition, and antioxidant activity', *The Journal of Supercritical Fluids*, 35, 197-204.
- Casas L., Mantell C., Rodríguez M., Torres A., Macías F.A. and Martínez de la Ossa E. (2007) 'Effect of the addition of cosolvent on the supercritical fluid extraction of bioactive compounds from *Helianthus annuus* L', *The Journal of Supercritical Fluids*, 41, 43-49.
- Castro M.D.L.D., Valca'rcel M. and Tena M.T. (1994) *Analytical supercritical fluid extraction*, Germany: Springer-Verlag Berlin Heidelberg.
- Charpentier B.A. and Sevenants M.R. (1988) ACS Symposium series 366. *Supercritical Fluid Extraction and Chromatography*. American Chemical Society, 130.
- Choi Y.H., Kim J., Jeon S.H., Yoo K.-P. and Lee H.-K. (1998) 'Optimum SFE condition for lignans of *Schisandra chinensis* fruits', *Chromatographia*, 48, 695-699.
- Chupin L., Maunu S.L., Reynaud S., Pizzi A., Charrier B. and Charrier-El Bouhtoury F. (2015) 'Microwave assisted extraction of maritime pine (*Pinus pinaster*) bark: Impact of particle size and characterization', *Industrial Crops and Products*, 65, 142-149.
- Ciurlia L., Bleve M. and Rescio L. (2009) 'Supercritical carbon dioxide co-extraction of tomatoes (*Lycopersicum esculentum* L.) and hazelnuts (*Corylus avellana* L.): A new procedure in obtaining a source of natural lycopene', *The Journal of Supercritical Fluids*, 49, 338-344.

- Cornell J.A. (1990) *How to Apply Response Surface Methodology*, 8th Edition. United States of America: American Society for Quality Control Statistics Division.
- Corzzini S.C.S., Barros H.D.F.Q., Grimaldi R. and Cabral F.A. (2017) 'Extraction of edible avocado oil using supercritical CO₂ and a CO₂/ethanol mixture as solvents', *Journal of Food Engineering*, 194, 40-45.
- Crank J. (1975) *The Mathematics of Diffusion*, 2nd. Bristol, England: Clarendon Press.
- Cristiano L., Lucia L. and Antonella L. (2012) 'Carotenoids, Fatty Acid Composition and Heat Stability of Supercritical Carbon Dioxide-Extracted-Oleoresins', *International Journal of Molecular Science*, 13, 4233-4254.
- Da-Silva R.P.F.F., Rocha-Santos T.A.P. and Duarte A.C. (2016) 'Supercritical fluid extraction of bioactive compounds', *TrAC Trends in Analytical Chemistry*, 76, 40-51.
- Danlami J.M., Arsad A., Zaini M.A.A. and Sulaiman H. (2014) 'A comparative study of various oil extraction techniques from plants', *Rev Chem Eng*, 30, 605-626.
- Danlami J.M., Zaini M.A.A., Arsad A. and Yunus M.A.C. (2015) 'A parametric investigation of castor oil (*Ricinus communis* L) extraction using supercritical carbon dioxide via response surface optimization', *Journal of the Taiwan Institute of Chemical Engineers*, 53, 32-39.
- Dans A.M.L., Villarruz M.V.C., Jimeno C.A., Javelosa M.A.U., Chua J., Bautista R. and Velez G.G.B. (2007) 'The effect of *Momordica charantia* capsule preparation on glycemic control in Type 2 Diabetes Mellitus needs further studies', *Journal of Clinical Epidemiology*, 60, 554-559.
- Day C. (1998) 'Traditional plant treatments for diabetes mellitus: pharmaceutical foods', *Br. J. Nutr.*, 80 203-208.
- De Aguiar A.C., Sales L.P., Coutinho J.P., Barbero G.F., Godoy H.T. and Martínez J. (2013) 'Supercritical carbon dioxide extraction of Capsicum peppers: Global yield and capsaicinoid content', *The Journal of Supercritical Fluids*, 81, 210-216.
- Del Valle J.M., Glatzel V. and Martínez J.L. (2012) 'Supercritical CO₂ extraction of allicin from garlic flakes: Screening and kinetic studies', *Food Research International*, 45, 216-224.

- Del Valle J.M. and Urrego F.A. (2012) 'Free solute content and solute-matrix interactions affect apparent solubility and apparent solute content in supercritical CO₂ extractions. A hypothesis paper', *The Journal of Supercritical Fluids*, 66, 157-175.
- Diabetes.org. (2016) *Glycemic index and diabetes*. Available at: <http://www.diabetes.org/food-and-fitness/food/what-can-i-eat/understanding-carbohydrates/glycemic-index-and-diabetes.html>.
- Döker O., Salgın U., Şanal İ., Mehmetoğlu Ü. and Çalimli A. (2004) 'Modeling of extraction of β -carotene from apricot bagasse using supercritical CO₂ in packed bed extractor', *The Journal of Supercritical Fluids*, 28, 11-19.
- Döker O., Salgın U., Yildiz N., Aydoğmuş M. and Çalimli A. (2010) 'Extraction of sesame seed oil using supercritical CO₂ and mathematical modeling', *Journal of Food Engineering*, 97, 360-366.
- Dong X., Su B., Xing H., Bao Z., Yang Y. and Ren Q. (2011) 'Cosolvent effects on the diffusions of 1,3-dichlorobenzene, l-carvone, geraniol and 3-fluorophenol in supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 58, 216-225.
- Duerh A. and Smith R.L. (2018) 'Strategies for using hydrogen-bond donor/acceptor solvent pairs in developing green chemical processes with supercritical fluids', *The Journal of Supercritical Fluids*, 141, 182-197.
- Dunford N.T. and Temelli F. (1997) 'Extraction conditions and moisture content of canola flakes as related to lipid composition of supercritical CO₂ extracts', *Journal of Food Science*, 62, 155-159.
- Durante M., Lenucci M.S., D'Amico L., Piro G. and Mita G. (2014a) 'Effect of drying and co-matrix addition on the yield and quality of supercritical CO₂ extracted pumpkin (*Cucurbita moschata* Duch.) oil', *Food Chemistry*, 148, 314-320.
- Durante M., Lenucci M.S. and Mita G. (2014b) 'Supercritical carbon dioxide extraction of carotenoids from pumpkin (*Cucurbita* spp.): A review', *International Journal of Molecular Sciences*, 15, 6725-6740.
- Ekinçi M.S. and Gürü M. (2014) 'Extraction of oil and β -sitosterol from peach (*Prunus persica*) seeds using supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 92, 319-323.

- Emily G.M., Audrey A.M. and Satish K.G. (2012) 'Review Emerging diabetes therapies and technologies', *Diabetes Research and Clinical Practice*, 97, 16-26.
- Espinosa-Pardo F.A., Nakajima V.M., Macedo G.A., Macedo J.A. and Martínez J. (2017) 'Extraction of phenolic compounds from dry and fermented orange pomace using supercritical CO₂ and cosolvents', *Food and Bioproducts Processing*, 101, 1-10.
- Esquível M.M., Bernardo-Gil M.G. and King M.B. (1999) 'Mathematical models for supercritical extraction of olive husk oil', *The Journal of Supercritical Fluids*, 16, 43-58.
- Fadzelly A.B.M., Asmah R. and Fauziah O. (2006) 'Effects of *Strobilanthes crispus* tea aqueous extracts on glucose and lipid profile in normal and streptozotocin-induced hyperglycemic rats', *Plant Foods for Human Nutrition*, 61, 6-11.
- Favareto R., Teixeira M.B., Soares F.A.L., Belisário C.M., Corazza M.L. and Cardozo-Filho L. (2017) 'Study of the supercritical extraction of *Pterodon* fruits (Fabaceae)', *The Journal of Supercritical Fluids*, 128, 159-165.
- Feisul M.I. and Azmi S. (2013) National Diabetes Registry Report, Volume 1, 2009-2012. Kuala Lumpur: Ministry of Health Malaysia, 1-54.
- Fenghour A. and Wakeham W.A. (1998) 'The viscosity of carbon dioxide', *J.Phys.Chem.Ref.Data*, 27, 1-44.
- Ferdosh S., Sarker M.Z.I., Abd Rahman N.N.N., Selamat J., Karim M.R., Razak T.A. and Abd Kadir M.O. (2012) 'Fish oil recovery from viscera of Indian mackerel (*Rastrelliger kanagurta*) by supercritical fluid: An optimization approach', *Journal of the Chinese Chemical Society*, 59, 1421-1429.
- Fiori L., Calcagno D. and Costa P. (2007) 'Sensitivity analysis and operative conditions of a supercritical fluid extractor', *The Journal of Supercritical Fluids*, 41, 31-42.
- Fuangchan A., Sonthisombat P., Seubnukarn T., Chanouan R., Chotchaisuwat P., Sirigulsatien V., Ingkaninan K., Plianbangchang P. and Haines S.T. (2011) 'Hypoglycemic effect of bitter melon compared with metformin in newly diagnosed type 2 diabetes patients', *Journal of Ethnopharmacology*, 134, 422-428.

- Funazukuri T. (2018) 'Concerning the determination and predictive correlation of diffusion coefficients in supercritical fluids and their mixtures', *The Journal of Supercritical Fluids*, 134, 28-32.
- Gaspar F., Lu T., Santos R. and Al-Duri B. (2003) 'Modelling the extraction of essential oils with compressed carbon dioxide', *J. of Supercritical Fluids* 25, 25, 247-260.
- Glišić S.B., Mišić D.R., Stamenić M.D., Zizovic I.T., Ašanin R.M. and Skala D.U. (2007) 'Supercritical carbon dioxide extraction of carrot fruit essential oil: Chemical composition and antimicrobial activity', *Food Chemistry*, 105, 346-352.
- Glueckauf E. and Coates J.I. (1947) '241. Theory of chromatography. Part IV. The influence of incomplete equilibrium on the front boundary of chromatograms and on the effectiveness of separation', *Journal of the Chemical Society (Resumed)*, 1315-1321.
- Goto M., Roy B.C. and Hirose T. (1996) 'Shrinking-core leaching model for supercritical-fluid extraction', *Journal Supercritical Fluids*, 9, 128-133.
- Goto M., Sato M. and Hirose T. (1993) 'Extraction of peppermint oil by supercritical carbon dioxide', *Journal of Chemical Engineering of Japan*, 26, 401-407.
- Goto M., Smith J.M. and McCoy B.J. (1990) 'Parabolic profile approximation (linear driving-force model) for chemical reactions', *Chemical Engineering Science*, 45, 443-448.
- Gracia I., Rodríguez J.F., de Lucas A., Fernandez-Ronco M.P. and García M.T. (2011) 'Optimization of supercritical CO₂ process for the concentration of tocopherol, carotenoids and chlorophylls from residual olive husk', *The Journal of Supercritical Fluids*, 59, 72-77.
- Grosso C., Coelho J.P., Pessoa F.L.P., Fareleira J.M.N.A., Barroso J.G., Urieta J.S., Palavra A.F. and Sovová H. (2010) 'Mathematical modelling of supercritical CO₂ extraction of volatile oils from aromatic plants', *Chemical Engineering Science*, 65, 3579-3590.
- Güçlü-Üstündag Ö. and Temeli F. (2005) 'Solubility behavior of ternary systems of lipids, cosolvents and supercritical carbon dioxide and processing aspects', *J. Supercrit. Fluids*, 36, 1-15.

- Gurdial G.S., Foster N.R. and Yun S.L.J. (1991) The critical loci of binary polar and non-polar organic compounds–CO₂ system at low solute concentration. *The Second International Conference on Supercritical Fluids*. Boston, USA,
- Gutierrez L.F., Ratti C. and Belkacemi K. (2008) 'Effects of drying method on the extraction yields and quality of oils from *Quebec* sea buckthorn (*Hippophae rhamnoides* L.) seeds and pulp', *Food Chemistry*, 106, 896-904.
- Habicht S.D., Kind V., Rudloff S., Borsch C., Mueller A.S., Pallauf J., Yang R.-y. and Krawinkel M.B. (2011) 'Quantification of antidiabetic extracts and compounds in bitter melon varieties', *Food Chemistry*, 126, 172-176.
- Hadzri H.M., Yunus M.A.C., Zhari S. and Rithwan F. (2014) 'The effects of solvents and extraction methods on the antioxidant activity of *P. niruri*', *Jurnal Teknologi (Sciences & Engineering)*, 68, 47-52.
- Hatami T., Cavalcanti R.N., Takeuchi T.M. and Meireles M.A.A. (2012) 'Supercritical fluid extraction of bioactive compounds from Macela (*Achyrocline satureioides*) flowers: Kinetic, experiments and modeling', *The Journal of Supercritical Fluids*, 65, 71-77.
- Hatami T., Meireles M.A.A. and Ciftci O.N. (2019) 'Supercritical carbon dioxide extraction of lycopene from tomato processing by-products: Mathematical modeling and optimization', *Journal of Food Engineering*, 241, 18-25.
- Hazarika R., Parida P., Neog B. and Yadav R.N.S. (2012) 'Binding Energy calculation of GSK-3 protein of human against some anti-diabetic compounds of *Momordica charantia* linn (Bitter melon)', *Bioinformation*, 8, 251-254.
- Herrero M., Mendiola J.A., Cifuentes A. and Ibáñez E. (2010) 'Supercritical fluid extraction: Recent advances and applications', *Journal of Chromatography A*, 1217, 2495-2511.
- Higashino H., Suzuki A., Tanaka Y. and Pootakham K. (1992) 'Hypoglycemic effects of Siamese *Momordica charantia* and *Phyllanthus urinaria* extracts in streptozotocin-induced diabetic rats (the 1st report)', *Nihon yakurigaku zasshi. Folia pharmacologica Japonica*, 100, 415-421.
- Hsieh T.-J., Tsai Y.-H., Liao M.-C., Du Y.-C., Lien P.-J., Sun C.-C., Chang F.-R. and Wu Y.-C. (2012) 'Anti-diabetic properties of non-polar *Toona sinensis* Roem extract prepared by supercritical-CO₂ fluid', *Food and Chemical Toxicology*, 50, 779-789.

- Hu M., Benning R., Ertunç Ö., Delgado A., Nercissian V. and Berger M. (2017) 'Study of mass transfer in supercritical carbon dioxide (SC-CO₂) using optical methods', *Heat and Mass Transfer*, 53, 3409-3420.
- Huang Z., Shi X.-h. and Jiang W.-j. (2012) 'Theoretical models for supercritical fluid extraction', *Journal of Chromatography A*, 1250, 2-26.
- Huang Z., Yang M.-J., Liu S.-F. and Ma Q. (2011) 'Supercritical carbon dioxide extraction of Baizhu: Experiments and modeling', *The Journal of Supercritical Fluids*, 58, 31-39.
- Huang Z., Yang M.-J., Ma Q. and Liu S.-F. (2016) 'Supercritical CO₂ extraction of Chinese lantern: Experimental and OEC modeling', *Separation and Purification Technology*, 159, 23-34.
- Jafari N., Sh, Abolghasemi H., Moosavian M.A. and Maragheh M.G. (2010) 'Prediction of solute solubility in supercritical carbon dioxide: A novel semi-empirical model', *Chemical Engineering Research and Design*, 88, 893-898.
- Jaipaul S., Emmanuel C., Gunasekar M., Huba K. and Ernest A. (2011) 'Medicinal chemistry of the anti-diabetic effects of *Momordica charantia*: active constituents and modes of actions ', *The Open Medicinal Chemistry Journal*, 5, 70-77.
- Jamaluddin F., Mohameda S. and Lajis M.N. (1995) 'Hypoglycaemic effect of Stigmast-4-en-3-one, from *Parkia speciosa* empty pods', *Food Chemistry*, 54, 9-13.
- Jin J., Wang Y., Liu H. and Zhang Z. (2013) 'Determination and calculation of solubility of bisphenol A in supercritical carbon dioxide', *Chemical Engineering Research and Design*, 91, 158-164.
- Joseph B. and Jini D. (2013) 'Antidiabetic effects of *Momordica charantia* (bitter melon) and its medicinal potency', *Asian Pacific Journal of Tropical Disease*, 3, 93-102.
- Kamaruddin N.A., Omar A.M., Muhayidin A.D., Yusof B.N.M., Chan S.P., Chee W.S.S., Feisul I.M., Ramanathan G.R.L., Lee H.F., Mohamed M., Mumtaz M., Mohamad M., Ismail M., Omar M.R., Mustafa N., Sukor N., Noor N.M., Ooi C.P., Bebakar W.M.W., Wu L.L. and Hussein Z. (2015) *Clinical practice guidelines management of type 2 diabetes mellitus*, 5th. Putrajaya: Ministry of Health.

- Kazemi S., Belandria V., Janssen N., Richon D., Peters C.J. and Kroon M.C. (2012) 'Solubilities of ferrocene and acetylferrocene in supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 72, 320-325.
- Kehili M., Kammlott M., Choura S., Zammel A., Zetzl C., Smirnova I., Allouche N. and Sayadi S. (2017) 'Supercritical CO₂ extraction and antioxidant activity of lycopene and β -carotene-enriched oleoresin from tomato (*Lycopersicon esculentum* L.) peels by-product of a Tunisian industry', *Food and Bioproducts Processing*, 102, 340-349.
- Khanna P., Jain S.C., Panagariya A. and Dixit V.P. (1981) 'Hypoglycemic Activity of Polypeptide-p From a Plant Source', *Journal of Natural Products*, 44, 648-655.
- Khatun M.A., Rashid M.H. and Rahmatullah M. (2011) 'Scientific validation of eight medicinal plants used in traditional medicinal systems of malaysia: A review', *American-Eurasian Journal of Sustainable Agriculture*, 5, 67-75.
- Kim K.-T., Rioux L.-E. and Turgeon S.L. (2014) 'Alpha-amylase and alpha-glucosidase inhibition is differentially modulated by fucoidan obtained from *Fucus vesiculosus* and *Ascophyllum nodosum*', *Phytochemistry*, 98, 27-33.
- Kim W.J., Kim J.-D., Kim J., Oh S.-G. and Lee Y.-W. (2008) 'Selective caffeine removal from green tea using supercritical carbon dioxide extraction', *J. Food Engineering*, 89 303-309.
- Klein-Júnior L.C., Vander Heyden Y. and Henriques A.T. (2016) 'Enlarging the bottleneck in the analysis of alkaloids: A review on sample preparation in herbal matrices', *TrAC Trends in Analytical Chemistry*, 80, 66-82.
- Kluson D.P., Maksimovic S., Ivanovic J. and Skala D. (2012) 'CHISA 2012 Supercritical extraction of essential oil from mentha and mathematical modelling– the influence of plant particle size', *Procedia Engineering*, 42, 1767-1777.
- Krawinkel M.B. and Keding G.B. (2006) 'Bitter gourd (*Momordica charantia*): A dietary approach to hyperglycemia', *Nutrition Reviews*, 64, 331-337.
- Kubola J. and Siriamornpun S. (2008) 'Phenolic contents and antioxidant activities of bitter gourd (*Momordica charantia* L.) leaf, stem and fruit fraction extracts in vitro', *Food Chemistry*, 110, 881-890.
- Kumoro A.C. and Hasan M. (2007) 'Supercritical carbon dioxide extraction of andrographolide from *Andrographis paniculata*: Effect of the solvent flow

- rate, pressure and temperature', *Chinese Journal of Chemical Engineering*, 15, 877-883.
- Larry T.T. (1996) *Supercritical Fluid Extraction*, United States of America: John Wiley & Sonc, Inc.
- Leblebici M.E., Machmudah S., Sasaki M. and Goto M. (2012) 'Antiradical efficiency of essential oils from plant seeds obtained by supercritical CO₂, soxhlet extraction, and hydrodistillation', *Separation Science and Technology*, 48, 328-337.
- Lee H.J., Lee S.G., Kim S.K. and Choi C.S. (2016) 'Variation on charantin contents of various organs and harvest seasons in bitter gourd', *Korean J. Hortic. Sci. Technol.*, 34, 701-707.
- Lee M.L. and Markides K.E. (1990) Analytical supercritical fluid chromatography and extraction. *Chromatography Conferences*. UT,
- Lee N.Y. (2015) *Supercritical Carbon Dioxide Extraction of Rubber Seed Oil Rich in Alpha-Linolenic Acid*. PhD Thesis, Malaysia.
- Lei C. and Kang Y.-H. (2013) 'In vitro inhibitory effect of oriental melon (*Cucumis melo* L. var. makuwa Makino) seed on key enzyme linked to type 2 diabetes: Assessment of anti-diabetic potential of functional food', *Journal of Functional Foods*, 5, 981-986.
- Lenucci M.S., Caccioppola A., Durante M., Serrone L., Leonardo R., Piro G. and Dalessandro G. (2010) 'Optimisation of biological and physical parameters for lycopene supercritical CO₂ extraction from ordinary and high-pigment tomato cultivars', *Journal of the Science of Food and Agriculture*, 90, 1709-1718.
- Leone A. and Conti A. (2010) Supercritical CO₂ extraction from a tomato/hazelnut matrix results in production of oleoresin containing allergenic proteins from hazelnut. Lecce, Italy: National Research Council, Institute of Food Production (CNR-ISPA).
- Lepojević I., Lepojević Ž., Pavlić B., Ristić M., Zeković Z. and Vidović S. (2017) 'Solid-liquid and high-pressure (liquid and supercritical carbon dioxide) extraction of *Echinacea purpurea* L', *The Journal of Supercritical Fluids*, 119, 159-168.

- Li W.L., Zheng H.C., Bukuru J. and DeKimpe N. (2004) 'Natural medicines used in the traditional Chinese medical system for therapy of diabetes mellitus', *Journal of Ethnopharmacology*, 92, 1-21.
- Lili X., Xiaori Zhan, Zhaowu Zeng, Rong Chen, Haifeng Li, Tian Xie and Wang. S. (2011) 'Recent advances on supercritical fluid extraction of essential oils', *African Journal of Pharmacy and Pharmacology*, 5, 1196-1211.
- Liong K.K., Wells P.A. and Foster N.R. (1991) 'Diffusion in supercritical fluids', *The Journal of Supercritical Fluids*, 4, 91-108.
- Lisichkov K., Kuvendziev S., Zeković Z. and Marinkovski M. (2014) 'Influence of operating parameters on the supercritical carbon dioxide extraction of bioactive components from common carp (*Cyprinus carpio* L.) viscera', *Separation and Purification Technology*, 138, 191-197.
- Liu J., Lin S., Wang Z., Wang C., Wang E., Zhang Y. and Liu J. (2011) 'Supercritical fluid extraction of flavonoids from *Maydis* stigma and its nitrite-scavenging ability', *Food and Bioproducts Processing*, 89, 333-339.
- Lo H.-Y., Ho T.-Y., Li C.-C., Chen J.-C., Liu J.-J. and Hsiang C.-Y. (2014) 'A Novel Insulin Receptor-Binding Protein from *Momordica charantia* Enhances Glucose Uptake and Glucose Clearance in Vitro and in Vivo through Triggering Insulin Receptor Signaling Pathway', *Journal of Agricultural and Food Chemistry*, 62, 8952-8961.
- López-Padilla A., Ruiz-Rodriguez A., Reglero G. and Fornari T. (2016) 'Study of the diffusion coefficient of solute-type extracts in supercritical carbon dioxide: Volatile oils, fatty acids and fixed oils', *The Journal of Supercritical Fluids*, 109, 148-156.
- López-Padilla A., Ruiz-Rodriguez A., Reglero G. and Fornari T. (2018) 'Supercritical extraction of solid materials: A practical correlation related with process scaling', *Journal of Food Engineering*, 222, 199-206.
- Lovedeep K., Han K.-S., Bains K. and Singh H. (2011) 'Indian culinary plants enhance glucose-induced insulin secretion and glucose consumption in INS-1 β -cells and 3T3-L1 adipocytes', *Food Chemistry*, 129, 1120-1125.
- Lucas E.A., Dumancas G.G., Smith B.J., Clarke S.L. and Arjmandi B.H. (2010) Chapter 35 - Health Benefits of Bitter Melon (*Momordica charantia*) In: Preedy R, Ross W and Victor R (eds) *Bioactive Foods in Promoting Health*. San Diego: Academic Press, 525-549.

- Machado B.A.S., Silva R.P.D., Barreto G.d.A., Costa S.S., Silva D.F.d., Brandão H.N., Rocha J.L.C.d., Dellagostin O.A., Henriques J.A.P., Umsza-Guez M.A. and Padilha F.F. (2016) 'Chemical Composition and Biological Activity of Extracts Obtained by Supercritical Extraction and Ethanolic Extraction of Brown, Green and Red Propolis Derived from Different Geographic Regions in Brazil', *PLoS ONE*, 11, e0145954.
- Machmudah S., Zakaria, Winardi S., Sasaki M., Goto M., Kusumoto N. and Hayakawa K. (2012) 'Lycopene extraction from tomato peel by-product containing tomato seed using supercritical carbon dioxide', *Journal of Food Engineering*, 108, 290-296.
- Macías-Sánchez M.D., Serrano C.M., Rodríguez M.R. and Martínez de la Ossa E. (2009) 'Kinetics of the supercritical fluid extraction of carotenoids from microalgae with CO₂ and ethanol as cosolvent', *Chemical Engineering Journal*, 150, 104-113.
- Magnanelli E., Wilhelmsen Ø., Johannessen E. and Kjelstrup S. (2016) 'Enhancing the understanding of heat and mass transport through a cellulose acetate membrane for CO₂ separation', *Journal of Membrane Science*, 513, 129-139.
- Maheshwari P., Nikolov Z.L., White T.M. and Hartel R. (1992) 'Solubility of fatty acids in supercritical carbon dioxide', *Journal of the American Oil Chemists' Society*, 69, 1069-1076.
- Maia J.D., Ávila C.R.d., Mezzomo N. and Lanza M. (2018) 'Evaluation of bioactive extracts of mangaba (*Hancornia speciosa*) using low and high pressure processes', *The Journal of Supercritical Fluids*, 135, 198-210.
- Mamata M. (2000) *Natural Extracts using Supercritical Carbon Dioxide*, United States of America: CRC Press LLC.
- Maran J.P. and Priya B. (2015) 'Supercritical fluid extraction of oil from muskmelon (*Cucumis melo*) seeds', *Journal of the Taiwan Institute of Chemical Engineers*, 47, 71-78.
- Marles R.J. and Farnsworth N.R. (1995) 'Antidiabetic plants and their active constituents', *Phytomedicine*, 2, 137-189.
- Martins P.F., de Melo M.M.R., Sarmiento P. and Silva C.M. (2016) 'Supercritical fluid extraction of sterols from *Eichhornia crassipes* biomass using pure and modified carbon dioxide. Enhancement of stigmasterol yield and extract concentration', *The Journal of Supercritical Fluids*, 107, 441-449.

- McHugh M.A. and Krukonis V.J. (1986) *Supercritical Fluid Extraction: Principles and Practice*, United States of America: Butterworth Publishers.
- Medina I. (2012) 'Determination of diffusion coefficients for supercritical fluids', *Journal of Chromatography A*, 1250, 124-140.
- Melo M.M.R.d., Silvestre A.J.D. and Silva C.M. (2014) 'Supercritical fluid extraction of vegetable matrices: Applications, trends and future perspectives of a convincing green technology', *The Journal of Supercritical Fluids*, 92, 115-176.
- Mezzomo N., Martínez J. and Ferreira S.R.S. (2009) 'Supercritical fluid extraction of peach (*Prunus persica*) almond oil: Kinetics, mathematical modeling and scale-up', *The Journal of Supercritical Fluids*, 51, 10-16.
- Mhemdi H., Rodier E., Kechaou N. and Fages J. (2011) 'A supercritical tuneable process for the selective extraction of fats and essential oil from coriander seeds', *Journal of Food Engineering*, 105, 609-616.
- Michael R. (2018) *Supercritical fluid extraction of flavor and spices*. Available at: <https://extraction.evonik.com/product/extraction/en/>.
- Modey W.K., Mulholland D.A. and Raynor M.W. (1996) 'Analytical supercritical fluid extraction of natural products', *Phytochem. Anal.*, 7, 1-15.
- Molero Gómez A. and Martínez de la Ossa E. (2002) 'Quality of borage seed oil extracted by liquid and supercritical carbon dioxide', *Chemical Engineering Journal*, 88, 103-109.
- Mouahid A., Bouanga H., Crampon C. and Badens E. (2018) 'Supercritical CO₂ extraction of oil from *Jatropha curcas*: An experimental and modelling study', *The Journal of Supercritical Fluids*, 141, 2-11.
- Mukherjee P.K., Maiti K., Mukherjee K. and Houghton P.J. (2006) 'Leads from Indian medicinal plants with hypoglycemic potentials', *Journal of Ethnopharmacology*, 106, 1-28.
- Nagy B. and Simándi B. (2008) 'Effects of particle size distribution, moisture content, and initial oil content on the supercritical fluid extraction of paprika', *The Journal of Supercritical Fluids*, 46, 293-298.
- Nahar L. and Sarker D.S. (2012) Supercritical fluid extraction in natural products analyses. In: Sarker DS and Nahar L (eds) *Natural Products Isolation*. Totowa, NJ: Humana Press, 43-74.

- Nasir H.M. (2017) *Bioactivities and Fitting Models of Quercus Infectoria Galls Extracts using Supercritical Carbon Dioxide*. PhD Thesis, Malaysia.
- Nasir H.M., Salleh L.M., Zahari M.A.M. and Ruslan M.S.H. (2017) 'Single sphere model fitting of supercritical carbon dioxide extraction from *Quercus infectoria* galls', *Malaysian Journal of Fundamental and Applied Sciences*, 13, 821-824.
- Navpreet K., Lalit K. and Singh R. (2016) 'Antidiabetic effect of new chromane isolated from *Dillenia indica* L. leaves in streptozotocin induced diabetic rats', *Journal of Functional Foods*, 22, 547-555.
- Ndayishimiye J., Lim D.J. and Chun B.S. (2018) 'Antioxidant and antimicrobial activity of oils obtained from a mixture of citrus by-products using a modified supercritical carbon dioxide', *Journal of Industrial and Engineering Chemistry*, 57, 339-348.
- Nerome H., Ito M., Machmudah S., Wahyudiono, Kanda H. and Goto M. (2016) 'Extraction of phytochemicals from saffron by supercritical carbon dioxide with water and methanol as entrainer', *J. Supercrit. Fluids*, 107 377-383.
- Nguyen K., Barton P. and Spencer J.S. (1991) 'Supercritical carbon dioxide extraction of vanilla', *The Journal of Supercritical Fluids*, 4, 40-46.
- Nikolai P., Rabiyyat B., Aslan A. and Ilmutdin A. (2019) 'Supercritical CO₂: Properties and Technological Applications - A Review', *Journal of Thermal Science*, 28, 394-430.
- Norhuda I. and Jusoff K. (2009) 'Supercritical carbon dioxide (SC-CO₂) as a clean technology for palm kernel oil extraction', *J Biochem Tech*, 1, 75-78.
- Norodin N.S.M. (2016) *Optimization of β -Sitosterol from Swietenia mahagoni Seeds extract using Supercritical Carbon Dioxide (SC-CO₂) Extraction and its Anti-Diabetic Activities*. Master Thesis, Malaysia.
- Oliveira A.L., Kamimura E.S. and Rabi J.A. (2009) 'Response surface analysis of extract yield and flavour intensity of Brazilian cherry (*Eugenia uniflora* L.) obtained by supercritical carbon dioxide extraction', *Innovative Food Science & Emerging Technologies*, 10, 189-194.
- Ouyang L.-B. (2011) 'New correlations for predicting the density and viscosity of supercritical carbon dioxide under conditions expected in carbon capture and sequestration operations', *The Open Petroleum Engineering Journal*, 4, 13-21.

- Özkal S.G. and Yener M.E. (2016) 'Supercritical carbon dioxide extraction of flaxseed oil: Effect of extraction parameters and mass transfer modeling', *The Journal of Supercritical Fluids*, 112, 76-80.
- Park H.-S., Choi H.-K., Lee S.J., Park K.W., Choi S.-G. and Kim K.H. (2007a) 'Effect of mass transfer on the removal of caffeine from green tea by supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 42, 205-211.
- Park H.-S., Lee H.J., Shin M.H., Lee K.-W., Lee H., Kim Y.-S., Kim K.O. and Kim K.H. (2007b) 'Effects of cosolvents on the decaffeination of green tea by supercritical carbon dioxide', *Food Chemistry*, 105, 1011-1017.
- Patil P.D., Dandamudi K.P.R., Wang J., Deng Q. and Deng S. (2018) 'Extraction of bio-oils from algae with supercritical carbon dioxide and co-solvents', *The Journal of Supercritical Fluids*, 135, 60-68.
- Payyappallimana U. (2010) 'Role of traditional medicine in primary health care: An overview of perspectives and challenges', *Yokohama Journal of Social Sciences*, 14, 57-77.
- Peker H., Srinivasan M.P., Smith J.M. and McCoy B.J. (1992) 'Caffeine extraction rates from coffee beans with supercritical carbon dioxide', *AIChE Journal*, 38, 761-770.
- Perla V. and Jayanty S.S. (2013) 'Biguanide related compounds in traditional antidiabetic functional foods', *Food Chemistry*, 138, 1574-1580.
- Perry R.H. and Green D.W. (2008) *Perry's Chemical Engineer's Handbook*, 8th. United States of America: McGraw-Hill.
- Perva-Uzunalić A., Škerget M., Weinreich B. and Knez Ž. (2004) 'Extraction of chilli pepper (var. Byedige) with supercritical CO₂: Effect of pressure and temperature on capsaicinoid and colour extraction efficiency', *Food Chemistry*, 87, 51-58.
- Pilavtepe M. and Ozlem Y.-C. (2013) 'Mathematical modeling and mass transfer considerations in supercritical fluid extraction of *Posidonia oceanica* residues', *The Journal of Supercritical Fluids*, 82, 244-250.
- Pinto L.F., Ndiaye P.M., Ramos L.P. and Corazza M.L. (2011) 'Phase equilibrium data of the system CO₂ + glycerol + methanol at high pressures', *The Journal of Supercritical Fluids*, 59, 1-7.

- Pitipanapong J., Chitprasert S., Goto M., Jiratchariyakul W., Sasaki M. and Shotipruk A. (2007) 'New approach for extraction of charantin from *Momordica charantia* with pressurized liquid extraction', *Separation and Purification Technology*, 52, 416-422.
- Poling B.E., Prausnitz J.M. and O'Connell J.P. (2001) *The Properties of Gases and Liquids*, 5th. United States of America: McGraw Hill.
- Pourmortazavi S.M. and Hajimirsadeghi S.S. (2007a) 'Supercritical fluid extraction in plant essential and volatile oil analysis', *J. Chromatography A*, 1163, 2-24.
- Pourmortazavi S.M. and Hajimirsadeghi S.S. (2007b) 'Supercritical fluid extraction in plant essential and volatile oil analysis', *Journal of Chromatography A*, 1163, 2-24.
- Puiggené J., Larrayoz M.A. and Recasens F. (1997) 'Free liquid-to-supercritical fluid mass transfer in packed beds', *Chemical Engineering Science*, 52, 195-212.
- Putra N.R., Aziz A.H.A., Idham Z., Ruslan M.S.H. and Yunus M.A.C. (2018a) 'Diffusivity optimization of supercritical carbon dioxide extraction with co-solvent-ethanol from peanut skin', *Malaysian Journal of Fundamental and Applied Sciences*, 14, 9-14.
- Putra N.R., Rizkiyah D.N., Zaini A.S., Yunus M.A.C., Machmudah S., Idham Z.b. and Hazwan Ruslan M.S. (2018b) 'Effect of particle size on yield extract and antioxidant activity of peanut skin using modified supercritical carbon dioxide and soxhlet extraction', *Journal of Food Processing and Preservation*, 42, e13689.
- Quispe-Condori S., Sánchez D., Foglio M.A., Rosa P.T.V., Zetzl C., Brunner G. and Meireles M.A.A. (2005) 'Global yield isotherms and kinetic of artemisinin extraction from *Artemisia annua* L leaves using supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 36, 40-48.
- Rahman N.N.N.A., Sarker M.Z.I., Setianto W.B., Omar F.M., Akanda M.J.H. and Kadir M.O.A. (2010) 'Optimization of arecoline extraction from *Areca* nut using supercritical carbon dioxide', *JOURNAL OF FOOD AND DRUG ANALYSIS*, 18, 1-7.
- Rakesh K.S. and Ramesh Y.A. (2012) Chapter 7: Supercritical Fluid Extraction in Food Processing. In: Nikolai L, Eugene V and Farid C (eds) *Enhancing Extraction Processes in the Food Industry*. United States of America: CRC Press, Taylor & Francis Group.

- Raman A. and Lau C. (1996) 'Anti-diabetic properties and phytochemistry of *Momordica charantia* L. (Cucurbitaceae)', *Phytomedicine*, 2, 349-362.
- Ramsey E., Sun Q., Zhang Z., Zhang C. and Gou W. (2009) 'Mini-review: green sustainable processes using supercritical fluid carbon dioxide', *J. Environm. Sci.*, 21, 720-726.
- Rao A. (2006) *Tomatoes, Lycopene & Human Health. Preventing Chronic Diseases.*, Badalona Caledonian Science Press.
- Rebolleda S., Rubio N., Beltrán S., Sanz M.T. and González-Sanjosé M.L. (2012) 'Supercritical fluid extraction of corn germ oil: Study of the influence of process parameters on the extraction yield and oil quality', *The Journal of Supercritical Fluids*, 72, 270-277.
- Reverchon E. and De Marco I. (2006) 'Supercritical fluid extraction and fractionation of natural matter', *The Journal of Supercritical Fluids*, 38, 146-166.
- Reverchon E., Donsi G. and Sesti Osseo L. (1993) 'Modeling of supercritical fluid extraction from herbaceous matrices', *Industrial & Engineering Chemistry Research*, 32, 2721-2726.
- Reverchon E. and Marrone C. (2001) 'Modeling and simulation of the supercritical CO₂ extraction of vegetable oils', *Journal of Supercritical Fluids*, 19, 161-175.
- Ruslan M.S.H., Idham Z., Lee N.Y., Zaini M.A.A. and Yunus M.A.C. (2018a) 'Effect of operating conditions on catechin extraction from betel nuts using supercritical CO₂-methanol extraction', *Separation Science and Technology*, 53, 662-670.
- Ruslan M.S.H., Idham Z., Zaini M.A.A., Yian L.Y. and Yunus M.A.C. (2018b) 'Kinetic modeling of supercritical fluid extraction of betel nut', *International Journal of Automotive and Mechanical Engineering*, 15, 5273-5284.
- Ruslan M.S.H., Yunus M.A.C., Idham Z., Morad N.A. and Ali A. (2015) 'Parametric evaluation for extraction of catechin from *Areca catechu* Linn seeds using supercritical CO₂ extraction', *Jurnal Teknologi*, 74, 87-92.
- Saad M.E.-S. and Ali S.A.-B. (2011) 'Extraction of insulin like compounds from bitter melon plants', *American Journal of Drug Discovery and Development*, 1, 1-7.
- Sabio E., Lozano M., Montero de Espinosa V., Mendes R.L., Pereira A.P., Palavra A.F. and Coelho J.A. (2003) 'Lycopene and β -carotene extraction from

- tomato processing waste using supercritical CO₂', *Industrial & Engineering Chemistry Research*, 42, 6641-6646.
- Sahena F., Zaidul I.S.M., Jinap S., Karim A.A., Abbas K.A., Norulaini N.A.N. and Omar A.K.M. (2009) 'Application of supercritical CO₂ in lipid extraction – A review', *Journal of Food Engineering*, 95, 240-253.
- Salgın U. and Korkmaz H. (2011) 'A green separation process for recovery of healthy oil from pumpkin seed', *The Journal of Supercritical Fluids*, 58, 239-248.
- Salleh L.M., Abdul Rahman R., Mandana B., Jinap S., Rahmat A., Zaidul I.S.M. and Hamid A. (2010) 'Supercritical carbon dioxide extraction of bioactive flavonoid from *Strobilanthes crispus* (Pecah Kaca)', *Food and Bioproducts Processing*, 88, 319-326.
- Salleh L.M., Nasir H.M., Yaakob H. and Yunus M.A.C. (2014) 'Determination of supercritical carbon dioxide extraction parameters for *Quercus infectoria* galls and the effects on extraction yield and antioxidant activity', *Jurnal Teknologi (Sciences & Engineering)*, 67, 1-4.
- Samadi S. and Vaziri B.M. (2017) 'Two-structured solid particle model for predicting and analyzing supercritical extraction performance', *Journal of Chromatography A*, 1506, 101-108.
- Şanal İ.S., Güvenç A., Salgın U., Mehmetoğlu Ü. and Çalimli A. (2004) 'Recycling of apricot pomace by supercritical CO₂ extraction', *The Journal of Supercritical Fluids*, 32, 221-230.
- Santos K.A., Frohlich P.C., Hoscheid J., Tiunan T.S., Gonçalves J.E., Cardozo-Filho L. and da Silva E.A. (2017) 'Candeia (*Eremanthus erythroppapus*) oil extraction using supercritical CO₂ with ethanol and ethyl acetate cosolvents', *The Journal of Supercritical Fluids*, 128, 323-330.
- Santos R., Lu T., Schlieper L., King M.B. and Bastos J. (1996) 'Extraction of useful components from herbs using supercritical CO₂ : Experimental findings and data modelling', *Process Technology Proceedings*, 12, 399-404.
- Schneider G.M., Wilke G. and Stahl E. (1980) *Extraction with supercritical gases*: Verl. Chemie, Weinheim, Germany, F.R.;
- Shan B., Xie J.-H., Zhu J.-H. and Peng Y. (2012) 'Ethanol modified supercritical carbon dioxide extraction of flavonoids from *Momordica charantia* L. and its antioxidant activity', *Food and Bioproducts Processing*, 90, 579-587.

- Shi J. and Le Maguer M. (2000) 'Lycopene in tomatoes: chemical and physical properties affected by food processing', *Crit. Rev. Food Sci. Nutr.*, 40 1-42.
- Shi J., Yi C., Ye X., Xue S., Jiang Y., Ma Y. and Liu D. (2010) 'Effects of supercritical CO₂ fluid parameters on chemical composition and yield of carotenoids extracted from pumpkin', *LWT - Food Science and Technology*, 43, 39-44.
- Shi X., Wu H., Shi J., Xue S.J., Wang D., Wang W., Cheng A., Gong Z., Chen X. and Wang C. (2013) 'Effect of modifier on the composition and antioxidant activity of carotenoid extracts from pumpkin (*Cucurbita maxima*) by supercritical CO₂', *LWT - Food Science and Technology*, 51, 433-440.
- Shih C.-C., Lin C.-H. and Lin W.-L. (2008) 'Effects of *Momordica charantia* on insulin resistance and visceral obesity in mice on high-fat diet', *Diabetes Research and Clinical Practice*, 81, 134-143.
- Silva B.G.d., Fileti A.M.F., Foglio M.A., Ruiz A.L.T.G. and Rosa P.d.T.V.e. (2017) 'Supercritical carbon dioxide extraction of compounds from *Schinus terebinthifolius* Raddi fruits: Effects of operating conditions on global yield, volatile compounds, and antiproliferative activity against human tumor cell lines', *The Journal of Supercritical Fluids*, 130, 10-16.
- Silva M.V.d. and Delgado J.M.P.Q. (2011) 'Extraction of useful food and cosmetic ingredients of vegetable origin', *Defect and Diffusion Forum*, 312-315, 1161-1166.
- Sing P.T., Tuyen C.K., Sophie E.P. and Paul D.R. (2016) 'Bitter melon (*Momordica charantia* L.) bioactive composition and health benefits: A review', *Food Reviews International*, 32, 181-202.
- SIRIM. (1989) *Malaysian Standard Specification for Fresh Bitter Gourd*, Malaysia: Standard & Industrial Research Institute of Malaysia.
- Smith R., Hiroshi I. and Cor P. (2013) *Introduction to Supercritical Fluids: A Spreadsheet-based Approach*, Singapore: Elsevier.
- Snyder J.M., Friedrich J.P. and Christianson D.D. (1984) 'Effect of moisture and particle size on the extractability of oils from seeds with supercritical CO₂', *Journal of the American Oil Chemists' Society*, 61, 1851-1856.
- Sócrates Q.-C., Sánchez D., Foglio M.A., Rosa P.T.V., Zetzl C., Brunner G. and Meireles M.A.A. (2005) 'Global yield isotherms and kinetic of artemisinin

- extraction from *Artemisia annua* L leaves using supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 36, 40-48.
- Sodeifian G., Ghorbandoost S., Sajadian S.A. and Saadati Ardestani N. (2016a) 'Extraction of oil from *Pistacia khinjuk* using supercritical carbon dioxide: Experimental and modeling', *The Journal of Supercritical Fluids*, 110, 265-274.
- Sodeifian G., Saadati Ardestani N., Sajadian S.A. and Ghorbandoost S. (2016b) 'Application of supercritical carbon dioxide to extract essential oil from *Cleome coluteoides* Boiss: Experimental, response surface and grey wolf optimization methodology', *The Journal of Supercritical Fluids*, 114, 55-63.
- Sodeifian G., Sajadian S.A. and Saadati Ardestani N. (2016c) 'Extraction of *Dracocephalum kotschy* Boiss using supercritical carbon dioxide: Experimental and optimization', *The Journal of Supercritical Fluids*, 107, 137-144.
- Sonal D. and Pratima T. (2015) 'Charantin: An important lead compound from *Momordica charantia* for the treatment of diabetes', *Journal of Pharmacognosy and Phytochemistry*, 3, 163-166.
- Song Y., Zheng L. and Zhang X. (2017) 'Kinetics model for supercritical fluid extraction with variable mass transport', *International Journal of Heat and Mass Transfer*, 112, 876-881.
- Sovová H. (1994) 'Rate of the vegetable oil extraction with supercritical CO₂—I. Modelling of extraction curves', *Chemical Engineering Science*, 49, 409-414.
- Sovová H. (2012) 'Modeling the supercritical fluid extraction of essential oils from plant materials', *Journal of Chromatography A*, 1250, 27-33.
- Sovová H., Kučera J. and Jež J. (1994) 'Rate of the vegetable oil extraction with supercritical CO₂—II. Extraction of grape oil', *Chemical Engineering Science*, 49, 415-420.
- Sovová H. and Stateva Roumiana P. (2011) Supercritical fluid extraction from vegetable materials. *Reviews in Chemical Engineering*. 79.
- Stahl W. and Sies H. (1996) 'Lycopene: a biologically important carotenoid for human?', *Arch. Biochem. Biophys.*, 336 1-9.
- Subroto E., Widjojokusumo E., Veriansyah B. and Tjandrawinata R.R. (2017) 'Supercritical CO₂ extraction of candlenut oil: Process optimization using

- Taguchi orthogonal array and physicochemical properties of the oil', *Journal of Food Science and Technology*, 54, 1286-1292.
- Sun M. and Temelli F. (2006) 'Supercritical carbon dioxide extraction of carotenoids from carrot using canola oil as a continuous co-solvent', *The Journal of Supercritical Fluids*, 37, 397-408.
- Supraja P. and Usha R. (2013) 'Antibacterial and phytochemical screening from leaf and fruit extracts of *Momordica Charantia*', *Int J Pharm Bio Sci*, 4, 787-793.
- Syahariza Z.A., Torkamani A.E., Norziah H.M., Mahmood W.A.K. and Juliano P. (2017) 'Optimisation of pressurised liquid extraction for antioxidative polyphenolic compound from *Momordica charantia* using response surface methodology', *International Journal of Food Science & Technology*, 52, 480-493.
- Tabernero A., del Valle E.M.M. and Galán M.Á. (2010) 'A comparison between semiempirical equations to predict the solubility of pharmaceutical compounds in supercritical carbon dioxide', *The Journal of Supercritical Fluids*, 52, 161-174.
- Talmaciu A.I., Ravber M., Volf I., Knez Ž. and Popa V.I. (2016) 'Isolation of bioactive compounds from spruce bark waste using sub- and supercritical fluids', *The Journal of Supercritical Fluids*, 117, 243-251.
- Tanaka H. and Nakanishi K. (1994) 'Solubility in supercritical fluid mixtures with co-solvents: an integral equation approach', *Fluid Phase Equilibria*, 102, 107-120.
- Uquiche E., del Valle J.M. and Ortiz J. (2004) 'Supercritical carbon dioxide extraction of red pepper (*Capsicum annuum* L.) oleoresin', *Journal of Food Engineering*, 65, 55-66.
- Valle J.M.D. and De La Fuente J.C. (2006) 'Supercritical CO₂ extraction of oilseeds: Review of kinetic and equilibrium models', *Critical Reviews in Food Science and Nutrition*, 46, 131-160.
- Veggi P.C., Cavalcanti R.N. and Meireles M.A.A. (2014) 'Production of phenolic-rich extracts from Brazilian plants using supercritical and subcritical fluid extraction: Experimental data and economic evaluation', *Journal of Food Engineering*, 131, 96-109.
- Vladić J., Zeković Z., Jokić S., Svilović S., Kovačević S. and Vidović S. (2016) 'Winter savory: Supercritical carbon dioxide extraction and mathematical

- modeling of extraction process', *The Journal of Supercritical Fluids*, 117, 89-97.
- Vladimir S.K. (2012) *Solvent Extraction: Classical and Novel Approaches*: Elsevier.
- Wakao N. and Funazkri T. (1978) 'Effect of fluid dispersion coefficients on particle-to-fluid mass transfer coefficients in packed beds', *Chemical Engineering Science*, 33, 1375-1384.
- Wang H.-Y., Kan W.-C., Cheng T.-J., Yu S.-H., Chang L.-H. and Chuu J.-J. (2014) 'Differential anti-diabetic effects and mechanism of action of charantin-rich extract of Taiwanese *Momordica charantia* between type 1 and type 2 diabetic mice', *Food and Chemical Toxicology*, 69, 347-356.
- Weathers R.M., Beckholt D.A., Lavella A.L. and Danielson N.D. (1999) 'Comparison of acetals as in situ modifiers for the supercritical fluid extraction of β -carotene from paprika with carbon dioxide', *Journal of Liquid Chromatography & Related Technologies*, 22, 241-252.
- Weinhold T.d.S., Bresciani L.F.V., Tridapalli C.W., Yunes R.A., Hense H. and Ferreira S.R.S. (2008) '*Polygala cyparissias* oleoresin: Comparing CO₂ and classical organic solvent extractions', *Chemical Engineering and Processing: Process Intensification*, 47, 109-117.
- Whang H.J., Park Y.K. and Seog H.M. (1999) 'Carotenoid pigment of pumpkin cultivated in Korea', *Korea J. Food Nutr.*, 12, 508-512.
- WHO W.H.O. (2018) *Diabetes*. Available at: <https://www.who.int/news-room/fact-sheets/detail/diabetes>.
- Wilai T.-o., Sotaphun U., Phanachet P., Porasuphatana S., Udomsubpayakul U. and Komindr S. (2013) 'Pilot study: Hypoglycemic and antiglycation activities of bitter melon (*Momordica charantia* L.) in type 2 diabetic patients', *Journal of Pharmacy Research*, 6, 859-864.
- Woźniak Ł., Marszałek K., Skąpska S. and Jędrzejczak R. (2017) 'The Application of Supercritical Carbon Dioxide and Ethanol for the Extraction of Phenolic Compounds from Chokeberry Pomace', *Applied Sciences*, 7, 322.
- Woźniak Ł., Szakiel A., Pączkowski C., Marszałek K., Skąpska S., Kowalska H. and Jędrzejczak R. (2018) 'Extraction of triterpenic acids and phytosterols from apple pomace with supercritical carbon dioxide: Impact of process parameters, modelling of kinetics, and scaling-up study', *Molecules*, 23, 2790.

- Wright G.D. (2015) *Mathematical modeling of the solid-liquid extraction of phenolic-rich compounds from Pinus contorta bark*.Canada.
- Wu S.-J. and Ng L.-T. (2008) 'Antioxidant and free radical scavenging activities of wild bitter melon (*Momordica charantia* Linn. var. abbreviata Ser.) in Taiwan', *LWT - Food Science and Technology*, 41, 323-330.
- Xu X., Shan B., Liao C.-H., Xie J.-H., Wen P.-W. and Shi J.-Y. (2015) 'Anti-diabetic properties of *Momordica charantia* L. polysaccharide in alloxan-induced diabetic mice', *International Journal of Biological Macromolecules*, 81, 538-543.
- Yang S.J., Choi J.M., Park S.E., Rhee E.J., Lee W.Y., Oh K.W., Park S.W. and Park C.-Y. (2015) 'Preventive effects of bitter melon (*Momordica charantia*) against insulin resistance and diabetes are associated with the inhibition of NF- κ B and JNK pathways in high-fat-fed OLETF rats', *The Journal of Nutritional Biochemistry*, 26, 234-240.
- Ying Z., Yongyong S., Huixin Y. and Lijuan M. (2016) 'Extraction of *Angelica sinensis* polysaccharides using ultrasound-assisted way and its bioactivity', *International Journal of Biological Macromolecules*, 88, 44-50.
- Yunus M.A.C. (2007) *Extraction, Identification and Separation of Vitamin E and Djenkolic Acid from Pithecellobium Jiringan (Jack) Prain Seeds using Supercritical Carbon Dioxide*.PhD Thesis, Malaysia.
- Yunus M.A.C., Manzurudin H., Norasikin O., Siti Hamidah M.S., Liza M.S., Muhammad Abbas A.Z., Zuhaili I. and Salman Z. (2013a) 'Effect of particle size on the oil yield and catechin compound using accelerated solvent extraction', *Jurnal Teknologi (Sciences & Engineering)*, 60 21-25.
- Yunus M.A.C., Rozak M.N., Yian L.N., Ruslan M.S.H., Setapar S.H.M. and Zaini M.A.A. (2013b) 'Extraction of virgin coconut (*Cocos nucifera*) oil using supercritical fluid carbon dioxide', *Jurnal Teknologi (Sciences & Engineering)*, 67, 11-15.
- Zhang S., Zu Y.-G., Fu Y.-J., Luo M., Liu W., Li J. and Efferth T. (2010) 'Supercritical carbon dioxide extraction of seed oil from yellow horn (*Xanthoceras sorbifolia* Bunge.) and its anti-oxidant activity', *Bioresource Technology*, 101, 2537-2544.

- Zhao, Jie-Qing L., Yuan-Yuan D., Hai-Zhou L., Jian-Chao C., Zhi-Run Z., Lin Z. and Ming-Hua Q. (2014) 'Cucurbitane-type triterpenoids from the stems and leaves of *Momordica charantia*', *Fitoterapia*, 95, 75-82.
- Zhao S. and Zhang D. (2013) 'A parametric study of supercritical carbon dioxide extraction of oil from *Moringa oleifera* seeds using a response surface methodology', *Separation and Purification Technology*, 113, 9-17.
- Zhiyi L., Xuewu L., Shuhua C., Xiaodong Z., Yuanjing X., Yong W. and Feng X. (2006) 'An experimental and simulating study of supercritical CO₂ extraction for pepper oil', *Chemical Engineering and Processing: Process Intensification*, 45, 264-267.
- Zhong Q.W., Xian H.Z., Yongmei Y., Alexander P., David R., Floyd Z.E. and William T.C. (2011) 'Bioactives from bitter melon enhance insulin signaling and modulate acyl carnitine content in skeletal muscle in high-fat diet-fed mice', *Journal of Nutritional Biochemistry*, 22, 1064–1073.
- Zoran Z., Oskar B., Sařsa Đ. and Branimir P. (2017) 'Supercritical fluid extraction of coriander seeds: Kinetics modelling and ANN optimization', *The Journal of Supercritical Fluids*, 125, 88-95.

LIST OF PUBLICATIONS

Indexed Journal

1. **Noor Aiysah. Aris**, Ahmad Syahmi Zaini, Hasmida Mohd Nasir, Zuhaili Idham, Yuvitha Vellasamy, Mohd Azizi Che Yunus (2018). Effect of particle size and co-extractant in *Momordica charantia* extract yield and diffusion coefficient using supercritical CO₂. Malaysian Journal of Fundamental and Applied Sciences, Vol 14 (3), (2018), pp. 368-373.
2. Ahmad Syahmi Zaini, **Noor Aiysah. Aris**, Nicky Rahmana Putra, Syafiza Abd Hashib, Mohd Johari Kamaruddin, Zuhaili Idham, Mohd Azizi Che Yunus (2018). Comparison of charantin extract from *Momordica charantia* using modified supercritical carbon dioxide and soxhlet extraction method. Malaysian Journal of Fundamental and Applied Sciences, Vol 14 (4), (2018), pp. 462-466.

Non-Indexed Journal

1. **Noor Aiysah. Aris**, Yuvitha Vellasamy, Hasmida Mohd Nasir, Mohd Azizi Che Yunus (2018). Kinetic model in dynamic extraction of *Momordica charantia*. PERINTIS ejournal, Vol 8 (1), (2018), pp. 1-9.

Indexed Conference Proceedings

1. Ahmad Syahmi Zaini, Mohd Johari Kamaruddin, **Noor Aiysah. Aris**, Zuhaili Idham, Mohd Azizi Che Yunus (2017). Optimization of spray drying conditions for *Momordica Charantia* rich charantin extract powder. Proceedings of the International Conference on Engineering, Science, and Industrial Applications (ICESI 2017). 2-4 August 2017, Bangkok, Thailand.

Non-Indexed Conference Proceedings

1. **N.A. Aris**, Mohd Azizi Che Yunus, Lee Nian Yian, Zuhaili Idham, Wan Nurul Diyana Ramli, Ahmad Hazim Abdul Aziz (2016). Effect of particle size on bitter gourd (*Momordica charantia*) extract yield by supercritical carbon dioxide extraction.

7th International Conference on Postgraduate Education, 1st December 2016, Shah Alam, Selangor.

2. **N.A. Aris**, Mohd Azizi Che Yunus, Lee Nian Yian, Zuhaili Idham, Wan Nurul Diyana Ramli, Ahmad Hazim Abdul Aziz (2017). The synergistic effect of fluid flow rate and extraction time in supercritical carbon dioxide. 2nd International Conference on Separation Technology, 15-16th April 2017, Johor Bahru, Johor.