

NATURAL RADIATION AND RADIOACTIVITY IN SOIL AND
GROUNDWATER OF JOS PLATEAU, NIGERIA

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NATURAL RADIATION AND RADIOACTIVITY IN SOIL AND
GROUNDWATER OF JOS PLATEAU, NIGERIA

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I dedicate this research work to my family for their patient, understanding and perseverance during the period of my study

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ABSTRACT

This study aimed to establish baseline data on the natural environmental gamma radiation and radioactivity levels as well as to evaluate the corresponding radiological health impacts for Jos plateau, Nigeria. It employed the use of portable NaI(Tl) survey meter and hyper pure germanium spectrometer to measure external gamma dose rate and to determine the specific activity concentration of terrestrial radionuclides, ^{226}Ra , ^{232}Th and ^{40}K in soil samples, respectively. External gamma dose rates were measured at 811 locations while activity concentration were determined for 102 soil samples. The mean value for the measured gamma dose rate was found to be approximately four times the world average value while the mean values for the activity concentration of ^{226}Ra , ^{232}Th and ^{40}K were found to distinctly exceed their corresponding world reference values for continental soil. Gamma dose rate and activity concentration of the terrestrial radionuclides for each geological formation and soil type of the area are presented. Statistical relationships between gamma dose rate with the different geological formations and soil types of the area are established. Younger granites geological formation and Haplic Acrisols soil type were found to contribute the highest to the natural background radioactivity and ^{232}Th was found to be the highest contributor to the terrestrial gamma dose rate for the study area. Various groundwater samples were also measured for concentration of U and Th using inductive coupled plasma mass spectroscopy and the concentrations of U ranged from 1.4 to 35 $\mu\text{g L}^{-1}$ with a mean value of 13.15 $\mu\text{g L}^{-1}$ while for Th ranged from 0.10 to 11.1 $\mu\text{g L}^{-1}$ with a mean value of 1.85 $\mu\text{g L}^{-1}$. Few groundwater samples were found to have values exceeding the recommended limit of U provided by WHO and USEPA for drinking water. Radiological health impact parameters namely radium equivalent, external hazard index, annual effective dose, collective dose and excess lifetime cancer risk due to soil radioactivity and annual ingestion dose as well as radiotoxicity risks due to ingestion of groundwater were also evaluated. It is found that, an individual living in this area is most likely to incur a radiological health related risks due to natural radiation. Isodose maps for gamma rates and the spatial distribution pattern of activity concentration of ^{226}Ra , ^{232}Th and ^{40}K for the study area were produced using ArcGIS mapping software. The results revealed that Jos Plateau has above normal levels of natural background radiation. The data here presented will be useful for radio-geochemical investigation and as a reference data to assess possible changes in the environmental background radiation levels due to local and transnational releases of radioactive materials from artificial sources and also useful for preparing radiological map for Nigeria.

ABSTRAK

Kajian ini bertujuan untuk menentukan data pangkalan aras sinaran gama persekitaran tabii dan aras keradioaktifan serta menilai impak kesihatan radiologi bagi dataran Jos, Nigeria. Kajian telah menggunakan meter tinjau NaI(Tl) mudah alih dan spektrometer germanium hipertulen untuk mengukur kadar dos gama luaran dan menentukan kepekatan keaktifan radionuklid daratan ^{226}Ra , ^{232}Th dan ^{40}K dalam sampel tanah. Kadar dos gama luaran diukur di 811 lokasi manakala kepekatan keaktifan ditentukan bagi 102 sampel tanah. Nilai min kadar dos sinaran gama yang diukur didapati lebih kurang empat kali nilai purata dunia, manakala nilai min kepekatan keaktifan ^{226}Ra , ^{232}Th dan ^{40}K didapati melebihi nilai rujukan dunia yang sepadan bagi tanah benua. Kadar dos sinaran gama dan kepekatan keaktifan radionuklid daratan untuk setiap formasi geologi dan jenis tanah kawasan kajian dibentangkan. Hubungan statistik antara kadar dos gama dengan formasi geologi dan jenis tanah berbeza di kawasan itu ditentukan. Formasi geologi granit muda dan tanah jenis *haplic acrisols* didapati paling menyumbang kepada keradioaktifan latar belakang tabii dan ^{232}Th didapati paling menyumbang kepada kadar dos gama daratan bagi kawasan kajian. Pelbagai sampel air tanah diukur dengan spektroskopi jisim plasma berganding aruhan bagi mendapatkan kepekatan U dan Th, dan nilai kepekatan adalah dalam julat 1.4 hingga 35 $\mu\text{g L}^{-1}$ dengan min 13.15 $\mu\text{g L}^{-1}$ bagi U, manakala dalam julat 0.10 hingga 11.1 $\mu\text{g L}^{-1}$ dengan min 1.85 $\mu\text{g L}^{-1}$ bagi Th. Beberapa sampel air tanah didapati melebihi had U yang dicadangkan oleh WHO dan USEPA bagi air minuman. Parameter impak kesihatan radiologi iaitu kesetaraan radium, indeks hazad luaran, dos berkesan tahunan, dos kolektif dan risiko kanser masa hayat lebih disebabkan oleh keradioaktifan tanah dan dos penelanan tahunan serta risiko radiotoksikan disebabkan peminuman air tanah juga dinilai. Didapati, individu yang tinggal dalam kawasan ini berkemungkinan besar mendapat risiko kesihatan radiologi disebabkan oleh sinaran tabii. Peta isodos untuk kadar dos gama dan corak taburan ruang kepekatan aktiviti ^{226}Ra , ^{232}Th dan ^{40}K untuk kawasan kajian dihasilkan melalui perisian pemetaan ArcGIS. Keputusan menunjukkan aras sinaran latar belakang tabii dataran Jos adalah lebih tinggi daripada aras normal. Data yang diperolehi berguna untuk kajian radiogeokimia dan sebagai data rujukan untuk menilai perubahan aras sinaran latar belakang persekitaran disebabkan oleh pelepasan tempatan dan transnasional bahan radioaktif dari sumber buatan dan berguna juga untuk penyediaan peta radiologi negara Nigeria.

TABLE OF CONTENTS

CHAPTER	TITLE	PAGE
	DECLARATION	ii
	DEDICATION	iii
	ACKNOWLEDGEMENT	iv
	ABSTRACT	v
	ABSTRAK	vi
	TABLE OF CONTENTS	vii
	LIST OF TABLES	xiv
	LIST OF FIGURES	xvii
	LIST OF ABBREVIATIONS	xx
	LIST OF APPENDICES	xxii
1	INTRODUCTION	1
	1.1 Background of Study	1
	1.2 Problem Statement	3
	1.3 Objectives of the study	5
	1.4 Significance of the study	6
	1.5 Scope of the research	6
	1.6 Thesis outline	7

2	LITERATURE REVIEW	1
2.1	Introduction	1
2.2	Radiation	1
2.3	Natural radioactivity	10
2.4	Radioactive decay law	11
2.5	Radioactive decay series	12
2.6	Fluctuation in the radioactive decay	13
2.7	Radioactive equilibrium	14
2.7.1	Secular equilibrium	14
2.7.2	Transient equilibrium	15
2.7.3	State of no equilibrium	15
2.8	Types of radioactive decay	15
2.8.1	Alpha particles	16
2.8.2	Beta particles	16
2.8.3	Gamma rays	16
2.9	Radiation quantities and units	17
2.9.1	Specific activity	17
2.9.2	Exposure	18
2.9.3	Absorbed dose	18
2.9.4	Dose rate	19
2.9.5	Equivalent dose	19
2.9.6	Effective dose	20
2.10	Natural radiation sources	21
2.10.1	Cosmic rays	22
2.10.2	Terrestrial radiation sources	23
2.10.3	Uranium	24
2.10.4	Radium	25
2.10.5	Thorium	25
2.10.6	Potassium	27
2.11	Radiological health effects of ionizing radiation	27

2.12	Radioactivity in rocks	29
2.12.1	Radioactivity levels in igneous rocks	29
2.12.2	Radioactivity levels in sedimentary rocks	30
2.12.3	Radioactivity levels in metamorphic rocks	31
2.13	Radioactivity in soils	32
2.14	Radioactivity in groundwater	33
2.15	Radiological studies in different parts of the world	37
2.15.1	Environmental radiology in Nigeria	39
2.16	Radiological studies in groundwater for various parts of the world	41
2.17	Radiological health risks assessment	43
3	RESEARCH METHODOLOGY	45
3.1	Introduction	45
3.2	The study area	46
3.3	Geology of study area	48
3.4	The soil types	50
3.4.1	Alluvial soils	50
3.4.2	Colluvium soils	51
3.4.3	Sedentary soils	51
3.5	Hydrological setting of the area	54
3.6	Overview of gamma spectroscopy	54
3.6.1	Sodium iodide NaI(Tl) detector	55
3.6.2	Hyper pure germanium (HPGe) detector	55
3.7	Overview of inductive coupled plasma mass spectroscopy (ICP–MS)	58
3.8	System calibration	59
3.8.1	Energy calibration	60
3.8.2	Efficiency calibration	62

3.9	Field radiometric measurement	64
3.10	Soil sampling and preparation	67
3.11	Water sampling and preparation for ICP–MS	69
3.12	Samples measurement and data analysis	70
	3.12.1 Gamma spectroscopy analysis	70
	3.12.2 ICP–mass spectroscopy	74
3.13	Evaluation of absorbed gamma dose rate	78
3.14	Statistical analysis of data	80
	3.14.1 Paired sample t–test	80
	3.14.2 Descriptive statistics	81
	3.14.3 The ANOVA test	81
	3.14.4 Post hoc test	82
	3.14.5 Regression analysis	82
3.15	Radiological risks assessment in soil	83
	3.15.1 Radium equivalent	83
	3.15.2 External hazard index	84
	3.15.3 Evaluation of gamma dose rate in air	84
	3.15.4 Outdoor annual effective dose	85
	3.15.5 Collective effective dose	85
	3.15.6 Excess lifetime cancer risk	86
3.16	Radiological and chemical risks assessment in groundwater	87
	3.16.1 Annual ingestion effective dose of U and Th in groundwater	87
	3.16.2 Mortality and morbidity cancer risk of U in groundwater	88
	3.16.3 Chemical toxicity risk of U in groundwater	88
3.17	Geostatistical analysis and mapping	89

4	RESULTS AND DISCUSSION	91
4.1	Introduction	91
4.2	In-situ gamma radiation dose rate measurement.	91
4.3	Relationship between GRD rates and geological formations	97
4.4	Relationship between GRD rate with soil types	98
4.5	Gamma dose rate prediction model	102
4.6	Activity concentration of ^{226}Ra , ^{232}Th and ^{40}K in soil samples	106
4.6.1	Mean activity concentration of ^{226}Ra for each local government area.	107
4.6.2	Mean activity concentration of ^{232}Th for each local government area.	108
4.6.3	Mean activity concentration of ^{40}K for each local government area.	109
4.7	Activity concentration of ^{226}Ra , ^{232}Th and ^{40}K for each geological formation and soil type.	110
4.7.1	Mean activity concentration of ^{226}Ra for each geological formation	111
4.7.2	Mean activity concentration of ^{232}Th for each geological formation	112
4.7.3	Mean activity concentration of ^{40}K for each geological formation	113
4.7.4	Mean activity concentration of ^{226}Ra for each soil type.	114
4.7.5	Mean activity concentration of ^{232}Th for each soil type	115
4.7.6	Mean activity concentration of ^{40}K for each soil type	116
4.8	Variation of activity concentration of ^{226}Ra , ^{232}Th and ^{40}K with geological formations	117

4.9	Variation of activity concentration of ^{226}Ra , ^{232}Th and ^{40}K with soil types	118
4.10	Relationship between radionuclides.	119
4.11	Contribution of ^{226}Ra , ^{232}Th and ^{40}K to gamma dose rate.	122
4.12	Relationship between the measured and the calculated gamma dose rates	122
4.13	$^{232}\text{Th}/^{226}\text{Ra}$ ratio in soil samples	123
4.14	Concentration of uranium and thorium in groundwater samples	125
4.15	Radiological risks assessment in soil samples.	128
	4.15.1 Mean weighted dose rate	129
	4.15.2 Outdoor annual effective dose	129
	4.15.3 Collective effective dose equivalent	129
	4.15.4 Excess lifetime cancer risk	130
	4.15.5 Radium equivalent	131
	4.15.6 External hazard index	131
4.16	Radiological and chemical risks assessment in groundwater samples	134
	4.16.1 Annual ingestion effective dose of U in groundwater	134
	4.16.2 Mortality and morbidity cancer risk of uranium in groundwater	135
	4.16.3 Chemical toxicity risk of uranium in groundwater	135
4.17	Mapping of isodose and spatial distribution of ^{226}Ra , ^{232}Th and ^{40}K	136

5	CONCLUSION AND RECOMMENDATIONS	143
5.1	Conclusion	143
5.2	Recommendations and further study	145
	REFERENCES	143
	Appendices A – K	163 –180

LIST OF TABLES

TABLE NO.	TITLE	PAGE
2.1:	Radiation weighting factor, W_R .	20
2.2:	Tissue weighting factor, W_T .	21
2.3:	Average activity concentration of ^{238}U and ^{232}Th in ores and minerals.	24
2.4:	Concentration of SiO_2 , U, Th and K in igneous rocks.	30
2.5:	Concentration of SiO_2 , U, Th and K in sedimentary rocks.	31
2.6:	Concentrations of SiO_2 , U, Th and K in metamorphic rocks.	31
2.7:	Average activity concentration of ^{40}K , ^{226}Ra , ^{232}Th and dose rates in various soils.	32
2.8:	Activity concentrations of ^{238}U , ^{226}Ra , ^{228}Ra , ^{210}Pb , ^{210}Po and ^{40}K in groundwater for different rocks.	36
2.9:	Mean activity concentration of ^{226}Ra , ^{232}Th , ^{40}K and gamma dose rate for different countries.	38
2.10:	Activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K ; and dose rates for different regions of Nigeria.	40
2.11:	Average concentrations of ^{238}U and ^{232}Th in groundwater samples for different regions.	42
2.12:	Results of radiological risks assessment for different parts of the world.	44
3.1:	Land area and population for each LGA (NPC, 2006).	47
3.2:	Geological formations of the study area (NGSA, 1956).	49

3.3:	Soil types in the area.	52
3.4:	Energy and branching ratio of gamma lines used for calibration.	61
3.5:	Radionuclides and energies used for efficiency calibration.	63
3.6:	Results of quality assurance of the HPGe.	72
3.7:	Minimum detectable activity (MDA) for the HPGe detector.	74
3.8:	Conversion factors for ^{238}U , ^{232}Th and ^{40}K in unit of $\text{nGy h}^{-1} \text{Bq}^{-1} \text{kg}$.	78
4.1:	Basic statistical analysis of GRD rate.	92
4.2:	ANOVA results of GRD rate for geological formations.	97
4.3:	Homogeneity subset test of GRD rate for geological formations in Jos Plateau.	98
4.4:	ANOVA results of GRD rate for soil types.	100
4.5:	Homogeneity subset test of GRD rate for soil types in Jos Plateau.	101
4.6:	Mean GRD rate of this study compared to other countries of the world.	102
4.7:	Summary of prediction model.	103
4.8:	ANOVA results for prediction model.	103
4.9:	Coefficients of the prediction model.	103
4.10:	Paired sample t-test between actual and predicted GRD rates.	104
4.11:	Descriptive statistics for activity concentration of ^{226}Ra , ^{232}Th and ^{40}K .	107
4.12:	The ANOVA results of ^{226}Ra , ^{232}Th and ^{40}K for geological formations.	118
4.13:	ANOVA results of ^{226}Ra , ^{232}Th and ^{40}K for soil types.	119
4.14:	Descriptive statistics for $^{232}\text{Th}/^{226}\text{Ra}$ for soil samples.	125
4.15:	$^{232}\text{Th}/^{226}\text{Ra}$ in soil for different parts of the world.	125

- 4.16: Basic statistics for concentration of U and Th in groundwater. 127
- 4.17: Results of radiological risk parameters compared to other studies for different parts of the world. 133

LIST OF FIGURES

FIGURE NO.	TITLE	PAGE
2.1:	Uranium decay series (Friedlander, 1981).	25
2.2:	Thorium decay series (Ford <i>et al.</i> , 2010).	26
2.3:	Interaction of radiation with living cell (Radiation, 1982).	28
3.1:	Research methodology flow chart.	46
3.2:	Administrative map of the study area.	47
3.3:	Geological formations of the study area.	50
3.4:	Soil map of the area.	53
3.5:	Block diagram of HPGe spectroscopy system (Knoll, 2010).	56
3.6:	Typical gamma ray spectrum output (Nafaa, 2006).	57
3.7:	Systematic diagram of ICP Mass Spectroscopy system (Krull, 1991).	59
3.8:	Energy calibration curve.	62
3.9:	Efficiency calibration curve for the HPGe detector.	64
3.10:	Ludlum MicroR/Ratemeter.	65
3.11:	GPS device.	66
3.12:	Gamma dose rate survey points.	67
3.13:	Locations of soil sampling.	68
3.14:	Locations for water sampling.	70
3.15:	HPGe detecting system used for this work (UTM).	71
3.16:	NeXION 350X ICP-MS.	75
3.17:	Calibration curve for U.	76
3.18:	Calibration curve for Th.	77

4.1:	Frequency distribution curve of GRD rates in Jos Plateau.	93
4.2:	Mean value of GRD rate for each LGA of the study area.	94
4.3:	Mean GRD rate for each geological formation in Jos Plateau.	95
4.4:	Box plot distribution of GRD rates for each geological formation.	96
4.5:	Mean GRD rate for each soil type.	99
4.6:	Box plot distribution of GRD rate for each soil type in Jos Plateau.	100
4.7:	Mean activity concentrations of ^{226}Ra for each local government area.	108
4.8:	Mean activity concentrations of ^{232}Th for each local government area.	109
4.9:	Mean activity concentrations of ^{40}K for each local government area.	110
4.10:	Mean activity concentrations of ^{226}Ra for each geological formation.	112
4.11:	Mean activity concentrations of ^{232}Th for each geological formation.	113
4.12:	Mean activity concentrations of ^{40}K for each geological formation.	114
4.13:	Mean activity concentrations of ^{226}Ra for each soil type.	115
4.14:	Mean activity concentrations of ^{232}Th for each soil type.	116
4.15:	Mean activity concentrations of ^{40}K for each soil type.	117
4.16:	Correlation between ^{226}Ra and ^{40}K .	120
4.17:	Correlation between ^{226}Ra and ^{40}K .	121
4.18:	Correlation between ^{232}Th and ^{40}K .	121
4.19:	Contribution of ^{226}Ra , ^{232}Th and ^{40}K to gamma dose rate.	122

4.20:	Measured dose rates vs calculated dose rates.	123
4.21:	Frequency distribution of $^{232}\text{Th}/^{226}\text{Ra}$ in Jos Plateau.	.124
4.22:	Maximum concentration of U and Th in groundwater samples.	128
4.23:	Isodose map of external gamma dose rate.	138
4.24:	Spatial distribution of activity concentration of ^{226}Ra .	139
4.25:	Spatial distribution of activity concentration of ^{232}Th .	140
4.26:	Spatial distribution of activity concentration of ^{40}K .	141

LIST OF ABBREVIATIONS

AED	–	Annual effective dose
ANOVA	–	Analysis of variance
ADC	–	Analog to digital converter
BEIR	–	Biological effect of ionizing radiation
DNA	–	Deoxyribonucleic acid
DL	–	Duration of life
EPC	–	Exposure point of concentration
FEPE	–	Full energy peak efficiency
FAO	–	Food and Agriculture Organisation
FWHM	–	Full width at half maximum
GIS	–	Geographical information system
GPS	–	Geographical positioning system
HQ	–	Hazard quotient
HPGe	–	High purity germanium
IAEA	–	International Atomic Energy Agency
ICP–MS	–	Inductive coupled plasma mass spectroscopy
ICRP	–	International Commission on Radiological Protection
ICRU	–	International Commission on Radiation Units and Measurements
LGA	–	Local government area
LADD	–	Lifetime average daily dose
MCA	–	Multichannel analyser
MDA	–	Minimum detectable activity

NGSA	–	Nigerian Geological Survey Agency
NPC	–	National Population Commission
NCRP	–	National Council on Radiation Protection and Measurements
PPM	–	Parts per million
QC	–	Quality control
RRA	–	Radiological risk assessment
R _f D	–	Reference dose
RF	–	Risk factor
RIO	–	Radiological impact assessment
R	–	Cancer risk
RL	–	Lifetime cancer risk
Ra _{eq}	–	Radium equilibrium
SC	–	Collective dose equivalent
SPSS	–	Statistical package for social science
TGRD	–	Terrestrial gamma radiation dose
UTM	–	Universiti Teknologi Malaysia
USEPA	–	United State Environmental Protection Agency
UNSCEAR	–	United Nation Scientific Committee on Effects of Atomic Radiation
UNESCO	–	United Nation Educational Scientific and Cultural Organization
WHO	–	World Health Organisation

LIST OF APPENDICES

APPENDIX	TITLE	PAGE
A	Descriptive statistics of GRD rates for each geological formation.	163
B	Post hoc test of multiple comparison of GRD rate means for geological formations.	164
C	Descriptive statistics of GRD dose rate for each soil type.	170
D	Descriptive statistics activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K for each LGA.	172
E	Descriptive statistics of activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K for each geological formation.	173
F	Descriptive statistics of activity concentrations of ^{226}Ra , ^{232}Th and ^{40}K for each soil type.	174
G	Mass concentration of U and Th in groundwater samples for each local government.	176
H	Activity concentration and annual ingestion dose of U and Th in groundwater samples for each local government area.	177
I	Annual effective dose, collective dose and Lifetime cancer risk for each local government area.	178
J	Activity concentration and annual ingestion dose of U, and Th in groundwater for each local	179

government area.

K	List of Publications.	180
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CHAPTER 1

INTRODUCTION

1.1 Background of Study

Human and non-human population are continuously exposed with or without their consent to background radiations due to natural and artificial sources (UNSCEAR, 2000; Kannan *et al.*, 2002). Environmental radioactivity is naturally derived from two sources. Firstly, the terrestrial sources from the decay series of primordial radionuclides ^{238}U and ^{232}Th and the non-decay series of ^{40}K ; secondly is of extra-terrestrial origin from cosmic rays. The former are distributed in varying concentration in the earth crust which are significantly influenced by local geology, soil type, chemical processes and rainfall of a particular place; and appear at different levels in the rocks and soils of a particular region of the world (UNSCEAR, 2000).

Among the ^{238}U series, 98% of natural radiations are released by ^{226}Ra decay products, thus ^{226}Ra series is usually used instead of ^{238}U series. High activity of these radionuclides are associated with rocks that comprised intrusive materials (UNSCEAR, 2000). Uranium and thorium, because of their large ionic radius are found mainly in crystalline magmas which were formed lately. Therefore, they exist in granites and pegmatites in considerable amount (Ivanovich and Harmon, 1982).

In terms of natural radioactivity, it is obvious that, Silica-oversaturated rocks such as granitic rocks present higher radioactivity compared to sedimentary rocks such as limestone, gypsum and chalk; and low grade metamorphic rocks. This is due to substantial content of naturally occurring radioactive materials (NORMs) such as thorite, monazite, zircon, ilmenite and trace amounts of xenotime and rutile contained in granitic rocks (Aieta *et al.*, 1987; Zapecza and Szabo, 1986; UNSCEAR, 2008).

Gamma radiations emitted as a result of radioactivity of the naturally occurring radioactive elements such as ^{40}K and the primordial radionuclides series of ^{232}Th and ^{238}U in soil (often called terrestrial gamma background radiations) make the biggest contribution to the total natural background radiation dose (Yang *et al.*, 2005). A substantial amount of gamma radiation dose as high as 1 mSv due to natural radioactivity mainly comes from terrestrial sources (Jibiri, 2001). According to United Nations Scientific Committee on the Effects of Atomic Radiation Report (UNSCEAR, 2000), the greatest contribution to mankind's exposure comes from natural background radiation, and the global average annual effective dose is 2.4 mSv.

The specific levels of terrestrial gamma radiation (TGR) dose rates are related to content of radionuclides (^{238}U , ^{232}Th and ^{40}K) within the earth's crust or rocks from which soils of an area originate (Tzortzis and Tsertos, 2004). About 95% of external gamma radiation due to the primordial radionuclides incorporated in soil comes from the upper part (30 cm) of the soils (Klein and Hurlbut, 1993). In addition, soil is a good agent of radionuclides transfer to plant and animals (Jabbar *et al.*, 2010); therefore, soil is a good indicator of environmental radiological status.

The greatest number of natural radionuclides in the environment exist in water sources especially those from the decay series of ^{238}U and ^{232}Th . Some of these radionuclides such as ^{238}U , ^{226}Ra and ^{222}Rn are found in particulate and in dissolved form in groundwater as a result of rock-water interactions (Abdurabu *et al.*, 2016a).

The concentrations of ^{238}U and ^{232}Th in groundwater are also significantly related to the geomorphology, lithology and other geological factors of the region. Their existence is due to the presence of certain minerals such as uraninite, pitchblende, silicate, phosphate, validates, lignite and monazite sand in different rocks bearing aquifers (Maxwell *et al.*, 2015b). Therefore, the levels of radioactivity in groundwater depend on their concentrations in the aquifer host rocks, the physical processes that occur at the rock–water boundary and chemical reactions. These radioelements can leach out into groundwater, as the water moves through the fractures of the bedrocks. Salih *et al.* (2002), claimed that radioactivity level is high in groundwater for wells constructed in granitic region and some sedimentary rocks such as shale and phosphate; these rocks contain considerable amount of ^{238}U and ^{232}Th and their decay products. Activity concentration of ^{238}U in groundwater in the range of 20.55 to 273.82 $\mu\text{g L}^{-1}$ near granitic quarry area at Odeda area of Ogun state, Nigeria have been reported by Amakom and Jibiri (2010).

Exposure to excessive levels of gamma radiation from these radioisotopes pose a radiological health implication on the living organisms; especially internal irradiation of human lung tissue from the inhalation of radioactive gas radon and its decay products (Singh *et al.*, 2005). The interaction of gamma rays with body's critical cell (DNA) may alter or destroy the biochemical processes of the body which will leads to various diseases such as cancer, development of tumour cells and sometimes even lead to death (Fridovich, 1978). Therefore, the assessment of radiation levels from natural sources is of particular importance as natural radiation is the largest contributor to the external radiation dose of the world population (UNSCEAR, 1988).

1.2 Problem Statement

Despite the global interest in the measurement of natural background radiation and the extent of nuclear research and applications being carried out in

Nigeria, the level of natural radioactivity for most of its environments have not been established, and effort has not been made to carry out an extensive measurement program to cover the entire country (Jibiri, 2001). Thus, data on the natural environment radioactivity are still sparse and limited.

From a geological point of view, Jos Plateau is underlain by formations of igneous rocks namely basement complex, younger granites and volcanic rocks which are associated with substantial deposits of cassiterite (Tin Ore) and columbite (Falconer, 1921; Ibeanu, 2003). These valuable minerals are associated with substantial amount of naturally occurring radioactive materials (NORMs) such as xenotime, monazite and zircon; NORMs have high concentration of thorium and uranium which are the major sources of natural background radiations of an environment (Lee *et al.*, 2009). Radioactivity levels is reported to be high in groundwater for wells constructed in granitic region and some sedimentary rocks such as shale and phosphate (Salih *et al.*, 2002). A research work by Arogunjo *et al.* (2009) reported high concentration of uranium in groundwater in one of the communities (Bisitchi) of Jos Plateau. Consequently, the geology of the area constitute a major source of external exposure to radiation for the inhabitants of the area; thus, making the assessment of radiological impact and risks to the population are of major interest.

Most of previous studies on environmental radioactivity in Jos Plateau concentrate on the measurement of natural radionuclides in soil and water samples for specific locations and reported relatively higher radioactivity levels (Arogunjo *et al.*, 2009; Arogunjo, 2007; Amakom and Jibiri, 2010; Abdullahi *et al.*, 2013; Jibiri *et al.*, 2007a; Ademola, 2008; Jibiri *et al.*, 2009) compared to other parts of Nigeria (Jibiri *et al.*, 2014; Jibiri *et al.*, 2016; Bashir *et al.*, 2013). None of these studies consider the measurement of activity concentration of terrestrial radionuclides or background gamma dose rates (in-situ) based on geological settings and soil types of the area.

Therefore, in an effort to address this issue, this study aimed to determine the natural gamma dose rates and radioactivity levels due to terrestrial radionuclides in soils and groundwater based geological formations and soil types of Jos Plateau and to evaluate the associated health risks.

1.3 Objectives of the study

The main objective of this study is to establish baseline data on natural gamma radiation and radioactivity levels and to evaluate the corresponding radiological health impacts for Jos Plateau. The specific objectives are as follows:

- 1) To measure natural gamma radiation dose rates in-situ based on geological formations and soil types of Jos Plateau.
- 2) To determine the specific activity concentration of ^{226}Ra , ^{232}Th and ^{40}K in the soil samples collected based on geological formations and soil types of the area.
- 3) To determine the mass concentrations of uranium (U) and thorium (Th) in various groundwater samples of the area.
- 4) To assess the radiological health risks associated with the gamma radiation and the activity concentration of ^{226}Ra , ^{232}Th and ^{40}K .
- 5) To produce isodose map for gamma dose rates and spatial distribution of ^{226}Ra , ^{232}Th and ^{40}K based on activity concentrations.

1.4 Significance of the study

Baseline data on the background radiation forms the basic requirement for any environment that may be prone to radioactive contamination (Jibiri and Bankole, 2006). Therefore, the present study will provide basic information on the exposure rate due to background gamma radiation and the radioactivity levels of terrestrial radionuclides in soils and groundwater based on the geological formations and soil types of the area. Therefore, the data obtained could be useful for future radio-geochemical investigations in the area especially the search for rare earth elements and location of potassium alterations.

The results of this work will also form a scientific baseline data on the levels of natural radioactivity in the area for monitoring and evaluation for any future radiological contaminations in the environment due to local accidental releases or those of international scale. Such data can also be used to assess the radiological health effects of natural radiation in the environment and can be used to confirm, and to plan decisions regarding possible radiation related health problems in the area.

1.5 Scope of the research

The study covers nine local government areas within Jos Plateau bounded by latitudes of $8^{\circ} 30'$ – $10^{\circ} 24'$ on the North and longitudes of $9^{\circ} 20'$ – $9^{\circ} 30'$ on the East having a total land area of 15,038 km².

To achieve the stated objectives, the research work focused on measurement of natural gamma radiation levels of Jos Plateau to provide scientific reference data on the environmental natural background radiations.

A portable hand held survey meter (Model 19)(Ludlum Measurement, 1993) which uses NaI(Tl) as a detector was used to measure external gamma radiation dose rates (in-situ) across the geological formations and soil types of the area. Activity concentrations of terrestrial radionuclides ^{226}Ra , ^{232}Th and ^{40}K were determined using gamma spectroscopy technique.

Inductive Coupled Plasma Mass Spectroscopy (ICP-MS) analytical technique was used to determine the mass concentration of U and Th in groundwater samples collected from various sources across the geological formations of the area.

A statistical analysis using Statistical Packed for Social Science (SPSS) software such as frequency histogram and box plot were used to display and to compare the distribution of the data on gamma dose rates and a statistical comparison methods of paired sample t-test and Analysis of Variance (ANOVA) were used to compare means of gamma dose rates and activity concentration of ^{238}U , ^{232}Th and ^{40}K among the geological formations and soil types of the area.

Radiological human health risks and chemical toxicity risks due to exposure to external gamma radiation, radioactivity in soil and ingestion of groundwater were evaluated to assess the level of risks for the inhabitants of the area. Spatial distribution maps of ^{226}Ra ^{232}Th , ^{40}K based on activity concentrations and isodose map for gamma radiation dose rates were produced inform of digital plots using Geographical Information System (ArcGIS) mapping software.

1.6 Thesis outline

This thesis comprises of five chapters arranged chronologically. The first chapter gives the background of the research work, statement of the problem, aim

and objectives of the study, significance of the study, scope of the research and outline of thesis organisation.

In chapter two, relevant literature review is presented on the topic. These include the concept of natural environmental radioactivity and radiations, sources of natural radiation (terrestrial and cosmic sources), radioactivity in different environmental media such as rocks, soils and groundwater. The chapter also reviews the radiological studies in different parts of the world and within Nigeria. Review on radiation related health risks is also presented in this chapter.

Chapter three describes the study area and the methodology used to achieve the stated objectives. These includes field measurement of gamma dose rates, soil and water samples collection, samples preparation, gamma spectroscopy technique and Inductive Coupled Plasma Mass Spectroscopy (ICP–MS) analytical method. Radiological and chemical toxicity health hazard parameters evaluation and different statistical analyses on the data obtained are also presented in this chapter.

Chapter four focuses on the data analysis and discussion of the results obtained. Chapter five presents the research conclusion and recommendations.

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