

Original Research Article

Antioxidant Activities of Methanol Extract and Solvent Fractions of Marine Macroalga, *Avrainvillea erecta* (Berkeley) A. Gepp and E.S. Gepp (Dichotomosiphonaceae)

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Abstract

Purpose: To determine the antioxidant activity of methanol extract (ME) and solvent fractions of *Avrainvillea erecta* as well as their total phenolic and flavonoid contents.

Methods: The antioxidant activities of ME as well as its chloroform, butanol, and aqueous fractions (CF, BF and WF, respectively) of *A. erecta* were evaluated via 2,2-diphenyl-1-picrylhydrazyl (DPPH), nitric oxide (NO) and hydrogen peroxide (H₂O₂) scavenging assays as well as ferric reducing antioxidant power (FRAP) assay. Total phenolic and flavonoid contents were determined spectrophotometrically.

Results: CF and BF possessed equally high DPPH scavenging activity with half-maximal effective concentration (EC₅₀) of 535 and 532 mg/ml, respectively. CF had stronger NO scavenging activity (EC₅₀ 743 µg/mL) than ME and BF, although weaker compared with quercetin (EC₅₀ 279 µg/ml). CF also produced the highest FRAP value (451 µmol Fe²⁺/g) among all samples examined. Notably, H₂O₂ scavenging activity was only found in CF (EC₅₀ 387 µg/ml), which was as strong ($p > 0.05$) as that of gallic acid (EC₅₀ 456 µg/mL). BF had the highest total phenolic content while CF had the highest total flavonoid content.

Conclusion: CF of *A. erecta*, which has the highest flavonoid content of all the extracts evaluated, is a potential source of natural antioxidants, especially hydrogen peroxide scavengers.

Keywords: Antioxidant, *Avrainvillea erecta*, Flavonoid, Macroalga, Phenolic

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INTRODUCTION

Marine macroalgae, also known as seaweeds, are consumed as foods in many countries. Traditionally, some macroalgae are used as gelling agent and stabilisers for the food and pharmaceutical industries [1]. Macroalgae-derived bioactive extracts and compounds are

known to have health-promoting and therapeutically relevant activities [2]. Consequently, there is great interest worldwide to discover bioactive metabolites from macroalgae with the goals of using them as active ingredients in functional food/nutraceutical and pharmaceuticals production [3].

Synthetic antioxidants have wide applications in the food, pharmaceutical and cosmetic industries [4,5]. The search for potent natural antioxidants to be used as alternatives to synthetic antioxidants has intensified over the past decades due to concerns for the toxicity of synthetic antioxidants [6]. In this context, the exploration of macroalgae for natural antioxidants is relevant to current research interest and need of society. Macroalgae are classified into three main groups: Phaeophyta (brown seaweeds), Rhodophyta, (red seaweeds) and Chlorophyta (green seaweeds) [7]. Generally, the green seaweeds have the greatest phenolic contents and antioxidant activities among the three macroalgae groups [1]. In an extensive comparison of 48 macroalga species [8], the organic extract of green seaweed *Avrainvillea longicaulis* was found to have antioxidant activity superior or equivalent to that of commercial antioxidants (butylated hydroxytoluene, butylated hydroxyanisole and alpha-tocopherol). Antioxidant activities have also been discovered from extracts of other green macroalgae [9]. Cymopol, 7-hydroxycymopol and avrainvilleol are examples of antioxidant compounds isolated from green seaweeds [10].

This study focused on the antioxidant activity of *A. erecta*, a common tropical green seaweed. Except for a strong hemagglutination activity [11] and weak blood anticoagulant activity [12] detected in *A. erecta* extracts, no other bioactivities have been reported for the species. Extracts and compounds isolated from other *Avrainvillea* species have been found to exhibit antioxidant activity [10]. It is therefore likely that *A. erecta* may also contain potent natural antioxidants. Hence, this study aimed to analyse the antioxidant activity of the methanol extract and solvent-partitioned fractions of *A. erecta*. Furthermore, total phenolic and flavonoid contents of the extract and fractions were also quantified to determine if these phytochemical parameters were related to the antioxidant properties of the samples.

EXPERIMENTAL

Alga sample

Specimens of marine macroalga *Avrainvillea erecta* (Berkeley) A. Gepp and E.S. Gepp (Family Dichotomosiphonaceae) were collected by SCUBA diving to depths of 3 - 6 m in the South China Sea off the Southwest shore of Tinggi Island, Malaysia, in August 2013. Collected specimens were washed with seawater to remove sands and debris before they were

frozen. Upon arrival at the laboratory, the specimens were lyophilised and then pulverised using a Waring blender.

Methanol extraction of *A. erecta*

The alga powder (20 g) was suspended in 600 ml of absolute methanol. The mixture was shaken on an orbital shaker (200 rpm) at room temperature for 72 hours. Next, the mixture was vacuum filtered. The filtrate collected was concentrated under reduced pressure at 37 °C using a rotary evaporator. The concentrated filtrate was then oven-dried to yield a solid methanol extract (ME). For antioxidant and phytochemical assays, ME (280 mg) was dissolved in dimethyl sulphoxide (DMSO), aliquoted and stored at -20 °C until used.

Solvent partitioning of ME

Solid ME extract of *A. erecta* (400 mg) was suspended in 50 mL of deionised water and then partitioned sequentially with equal volume of chloroform then n-butanol to yield chloroform fraction (CF), n-butanol fraction (BF) and water fraction (WF) using a separating funnel. CF and BF were concentrated with rotary evaporation at 45 °C and then oven-dried at 37 °C to constant weight. WF was freeze-dried. To prepare for antioxidant and phytochemical assays, the solid residues of the fractions were dissolved in different concentrations of DMSO (for CF and BF) or deionised water (for WF).

Evaluation of 2, 2-diphenyl-1-picrylhydrazyl (DPPH) radical scavenging activity

DPPH radical scavenging activity of the methanol extract and various solvent fractions was determined by a previously reported assay protocol [13] with slight modification. A mixture of 120 µL of sample (0, 0.25, 0.50, 0.75, 1.00, 1.50 mg/ml) and 200 µl of DPPH (0.004 % in absolute methanol) was incubated in darkness for 30 min at room temperature. The absorbance of the mixture was measured at 517 nm. DPPH radical scavenging activity (S) was calculated as in Eq 1.

$$S (\%) = \{1 - (A_s/A_c)\}100 \dots\dots\dots (1)$$

where A_s is the absorbance in the presence of an extract or fraction, whereas A_c is the absorbance of the control reaction where the extract or fractions were omitted. A reaction blank was prepared for each measurement by replacing DPPH with methanol. Quercetin was used as the positive control. Half maximal effective concentration (EC_{50}) is defined as the

sample concentration required to achieve 50 % of radical scavenging activity.

Evaluation of nitric oxide (NO) scavenging activity

NO scavenging activity was determined using a microplate assay modified from the assay protocol described previously [14]. NO was generated by using an illuminated sodium nitroprusside (SNP) solution. Briefly, 100 μL of sample was mixed with 100 μL of 3 mM SNP and incubated for 30 min under illumination. Next, 50 μL of Griess reagent was added to the mixture, followed by a further incubation for 10 min in darkness. The absorbance of mixture was measured at 546 nm. NO scavenging activity (N) was calculated according to Eq 2.

$$N (\%) = \{1 - (As/Ac)\}100 \dots\dots\dots (2)$$

As is the absorbance in the presence of an extract or fraction, whereas Ac is the absorbance of the control reaction where the extract or fractions were omitted. A reaction blank was prepared for each measurement by omitting SNP. Quercetin was used as the positive control. EC_{50} is defined as the sample concentration required to achieve 50 % of NO scavenging activity.

Determination of hydrogen peroxide (H_2O_2) scavenging activity

H_2O_2 scavenging activity was evaluated as previously described [15], with minor modifications. Briefly, 0.2 ml of sample and 1 ml of 10 mM H_2O_2 was mixed and allowed to stand for 10 min at room temperature. Then, absorbance of the mixture was read at 230 nm. H_2O_2 scavenging activity (H) was calculated using Eq 3.

$$H (\%) = \{1 - (As/Ac)\}100 \dots\dots\dots (3)$$

As is the absorbance in the presence of an extract or fraction, whereas Ac is the absorbance of the control reaction where the extract or fractions were omitted. A reaction blank was prepared for each measurement by omitting H_2O_2 . Gallic acid was used as the positive control. EC_{50} is defined as the sample concentration required to achieving 50 % of H_2O_2 scavenging activity.

Ferric reducing antioxidant power (FRAP) assay

FRAP values of the extract and fractions were assessed using a microplate assay described in

[13] with slight modification. Briefly, a mixture of 40 μL of sample and 240 μL of FRAP reagent was incubated at 37 °C for 5 min. The FRAP reagent consisted of sodium acetate buffer (300 mM, pH 3.6), 2,4,6-tripyridyl-s-triazine (10 mM), and $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$ (20 mM) at a 10:1:1 (v:v:v) ratio. The absorbance of the mixture was measured at 593 nm. FRAP values are presented in mM Fe^{2+} equivalents, calculated from a standard curve prepared with $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$. Ascorbic acid (10 $\mu\text{g}/\text{ml}$) was used as the positive control.

Determination of total phenolic content

Total phenolic (TP) content was determined by Folin-Ciocalteu method [16], modified into a microplate format. A mixture of 40 μL of sample (ME, CF, BF or WF), 160 μL of deionised water and 20 μL of Folin-Ciocalteu reagent was incubated at room temperature for 3 min. Next, 60 μL of 20 % sodium carbonate was added to the reaction mixture, followed by a further incubation of 120 min. Absorbance of the mixture was read at 765 nm. TP contents of samples were expressed in mg gallic acid equivalents (GAE) per gram of sample, calculated from a standard curve prepared with 0 to 100 $\mu\text{g}/\text{ml}$ gallic acid.

Determination of total flavonoid content

Total flavonoid (TF) content was determined using aluminium chloride colorimetric assay [17], modified into a microplate format. A mixture of 20 μL of sample (ME, CF, BF or WF), 60 μL of 95 % ethanol, 20 μL of 10 % aluminium chloride hexahydrate, 20 μL of 1 M potassium acetate and 160 μL of deionised water was incubated at room temperature for 30 min. Then the absorbance of the reaction mixture was determined at 415 nm. Blank reaction was prepared by replacing aluminium chloride hexahydrate with water. TF contents of the samples were expressed in mg quercetin equivalents (QE) per gram of sample, calculated from a standard curve prepared with 0 to 500 $\mu\text{g}/\text{ml}$ quercetin.

Data analysis

Experiments were carried out in triplicates and data reported are mean \pm standard error of the mean (SEM). Statistical analysis was performed by using Statistical Analysis System (SAS) software (version 9.3). Data were analysed by one-way ANOVA test followed by Fisher's least significant difference (LSD) test, or using Student's t-test where appropriate, at a probability level of 0.05. Linear regression analysis was carried out using Microsoft Office Excel 2010.

RESULTS

In this study, methanol extraction of 20 g of freeze-dried *A. erecta* led to the production of 681.2 mg of ME (3.4 % yield). Solvent partitioning of ME (400 mg) yielded 16.3, 58.2 and 252.5 mg of CF, BF, and WF, respectively, representing 4.08, 14.55, 63.13 % yield. Owing to limited sample yields, we have begun our investigation with a preliminary assessment of the antioxidant activity of ME, CF, BF and WF at the sample concentration of 1 mg/ml.

Table 1 presents the radical scavenging activities and ferric reducing ability of ME and its solvent fractions. CF and BF had DPPH radical scavenging activity 3- and 5-fold higher than those of ME and WF, respectively. The strongest NO scavenging activity was found in CF, followed by BF, ME and WF. CF was the strongest H₂O₂ scavenger among the four samples tested. Notably, the H₂O₂ scavenging activity of CF was only slightly lower than that of positive control gallic acid. At the concentration of 1 mg/ml, WF showed no H₂O₂ scavenging activity. ME and its fractions showed ferric reducing ability, with FRAP values ranging from 17.43 to 450.95 $\mu\text{mol Fe}^{2+}/\text{g}$. CF exhibited the highest FRAP value, followed by BF, ME and lastly WF. All samples had lower FRAP values compared with ascorbic acid.

Our results show that CF had the highest radical scavenging and ferric reducing activities compared with ME and other fractions. By contrast, WF consistently had the lowest antioxidant activity based on the four parameters presented in Table 1. Hence, we proceeded to evaluate whether ME, BF and CF exhibited

antioxidant activities in a concentration-dependent manner.

ME, CF and BF showed concentration-dependent effects in their DPPH radical scavenging (data not shown) and NO scavenging (Fig 1) activities within the range of concentrations tested. Only CF showed concentration-dependent H₂O₂ scavenging activity, which was also similar to that of gallic acid (Fig 2). We found no concentration-dependent H₂O₂ scavenging activity in ME and BF up to the sample concentration of 1000 $\mu\text{g}/\text{ml}$.

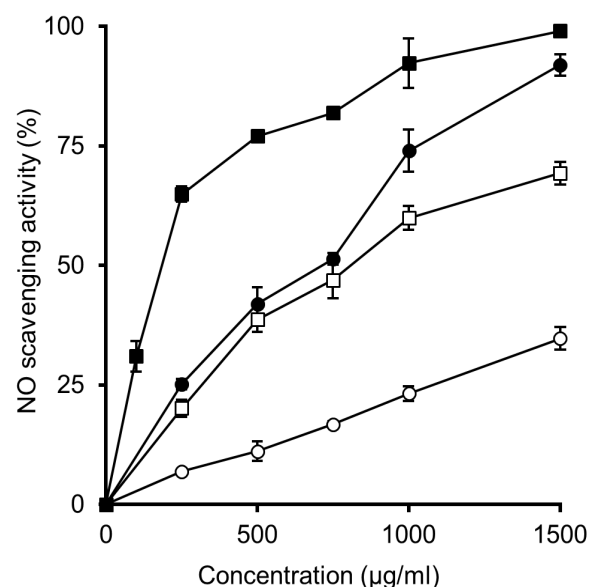


Fig. 1: Nitric oxide (NO) scavenging activities of *A. erecta* methanol extract (○), chloroform fraction (●), and butanol fraction (□) compared with quercetin (■). Data are mean \pm SEM (n = 3)

Table 1: Radical scavenging activities and ferric reducing antioxidant power of *A. erecta* extract and fractions (1 mg/ml)

Sample	Radical scavenging activity (%)			Ferric reducing antioxidant power ($\mu\text{mol Fe}^{2+}/\text{g}$)
	DPPH scavenging	NO scavenging	H ₂ O ₂ scavenging	
ME	27.6 \pm 1.3*	23.2 \pm 1.6*	1.1 \pm 0.1*	83 \pm 4*
CF	85.5 \pm 0.9*	74.0 \pm 4.4	94.5 \pm 0.9*	451 \pm 10*
BF	86.5 \pm 1.2*	59.9 \pm 2.5*	4.3 \pm 1.9*	270 \pm 12*
WF	16.9 \pm 0.2*	4.9 \pm 1.6*	-	17 \pm 3*
Positive control	97.9 \pm 0.2 (Quercetin)	92.23 \pm 5.1 (Quercetin)	99.8 \pm 0.2 (Gallic acid)	25236 \pm 128 (Ascorbic Acid)

Data are presented as mean \pm SEM (n = 3). * indicates mean values that are significantly different ($p < 0.05$) from that of the positive control, as determined by Student's T-test. -, H₂O₂ activity was undetectable

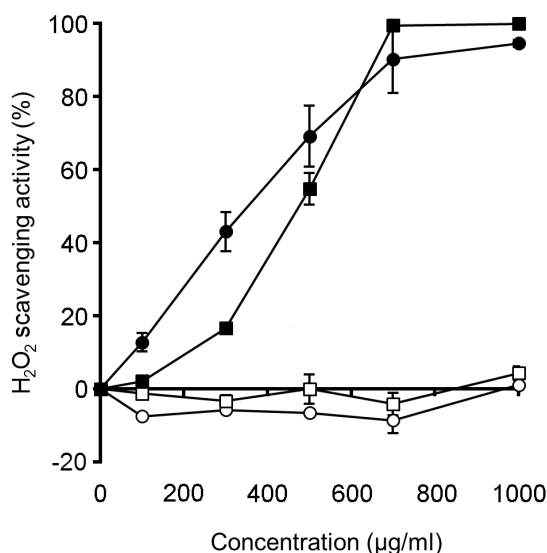


Fig. 2: Hydrogen peroxide (H₂O₂) scavenging activities of *A. erecta* methanol extract (○), chloroform fraction (●), and butanol fraction (□) compared with gallic acid (■). Data are mean ± SEM (n = 3)

For DPPH scavenging activity, the similar EC₅₀ values of CF and BF were about 3-fold lower compared with ME, but 89-fold higher compared with quercetin (Table 2). For NO scavenging activity, CF had lower EC₅₀ value than ME and BF. The EC₅₀ value of CF was about 2.7-fold higher compared with quercetin. Notably, CF and gallic acid had similar EC₅₀ values for H₂O₂ scavenging activity. For H₂O₂ scavenging activity, EC₅₀ values of ME and BF were not determined due to their lack of concentration-dependent effects (Fig 2).

Table 2: EC₅₀ values of radical scavenging activities of *A. erecta* extract and fractions

Sample	EC ₅₀ (µg/mL)		
	DPPH	NO	H ₂ O ₂
ME	1758 ± 26*	2182 ± 118*	-
CF	535 ± 2*	743 ± 13*	387 ± 49
BF	532 ± 9*	927 ± 43*	-
Positive control	6 ± 0 (Quercetin)	279 ± 5 (Quercetin)	456 ± 4 (Gallic acid)

Data are presented as mean ± SEM (n = 3). * indicates mean values that are significantly different (p < 0.05) from that of the positive control, as determined by Student's T-test; -, activities undetectable

Table 3: Total phenolic and flavonoid contents of *A. erecta* extract and fractions

Sample	Total phenolic content (mg GAE/ g)	Total flavonoid content (mg QE/ g)
ME	4.7 ± 0.2 ^a	28.8 ± 1.2 ^a
CF	12.9 ± 0.6 ^b	67.5 ± 2.1 ^b
BF	16.4 ± 0.4 ^c	49.3 ± 4.6 ^c
WF	1.5 ± 0.1 ^d	0.8 ± 0.0 ^d

Data are presented as mean ± SEM (n = 3). Values in the same column that are followed by different superscripts (a-d) are significantly different (p < 0.05), as determined by Fisher's LSD test

TP contents of the extract and fractions, ranked in decreasing order, are: BF > CF > ME > WF (Table 3). BF contained about 11-fold higher TP content compared with WF. TF contents of the extract and fractions, in descending order, are: CF > BF > ME > WF (Table 3). TF contents of CF and BF were about 88- and 64-fold greater, respectively, in comparison with WF.

DISCUSSION

Our study demonstrated that methanol extract and solvent fractions of *A. erecta* possessed DPPH, NO and H₂O₂ scavenging activities as well as ferric reducing ability. Reports of the antioxidant activities of extracts or natural products derived from *Avrainvillea* species are very limited in the literature. Till date, antioxidant activity has only been reported for one *Avrainvillea* species, namely *A. longicaulis* [8,10,18]. To the best of our knowledge, this is the first report of antioxidant activities in the extract of *A. erecta*.

In this study, CF stood out as the fraction with the most potent antioxidant activity. CF was the strongest NO and H₂O₂ scavenger as well as the best reducing agent. CF, together with BF, also had the equally strongest DPPH radical scavenging activity. The reducing and DPPH scavenging activities of CF were less potent than the natural antioxidants we used as positive controls in this study. This observation is similar to that reported for *A. longicaulis* [8].

In this study, we demonstrated for the first time the NO and H₂O₂ scavenging ability of extract/fractions derived from an *Avrainvillea* species. Importantly, CF was as potent as gallic acid in scavenging H₂O₂, as evidenced by the lack of statistically significant difference between their mean values. Despite being a crude fraction, CF probably contained one or more highly potent natural antioxidants or H₂O₂ scavengers. Thus, future research to isolate and identify antioxidant compounds from CF is likely to be productive and is warranted. Our observation of the NO and H₂O₂ scavenging ability of CF suggests that *A. erecta* is a source of natural antioxidants that can be used to tackle biologically relevant free radicals. The ability of CF to scavenge NO is interesting; it implies that CF can be further explored to isolate potent antioxidants which may have protective effects against cellular nitrosative stress and/or NO-mediated inflammatory diseases [19,20].

Both CF and BF consistently had greater antioxidant activities compared with ME. On the other hand, WF consistently showed weaker antioxidant activities than ME. This implies that relatively non-polar and/or hydrophobic constituents of *A. erecta* have stronger antioxidant potential than the polar and/or hydrophilic constituents of the macroalga. Our observation corresponds with the finding that avrainvilleol, an antioxidant isolated from *A. longicaulis*, is non-polar and hydrophobic in nature [10,18]. Furthermore, our finding also suggests that future effort to identify potent antioxidants from *A. erecta* should focus on non-polar and/or hydrophobic constituents.

Our results show that relative abundance of total flavonoids corresponds with the relative levels of NO and H₂O₂ scavenging activities as well as FRAP values in the extract/fractions of *A. erecta*. On the other hand, the relative total phenolic contents of the extract/fractions of *A. erecta* seem to correspond with DPPH scavenging activity. Hence, it is likely that flavonoids and other phenolic constituents were responsible for the antioxidant activity of *A. erecta* extract/fractions observed in this study. Our finding is in accordance with a correlation between antioxidant activity and phenolic and flavonoid contents that was observed in other green seaweeds [21].

CONCLUSION

Marine macroalga *A. erecta* is a promising source of potent antioxidants. Importantly, CF of *A. erecta* was as strong as pure gallic acid in scavenging H₂O₂. Compared with other solvent

fractions tested, CF possessed the highest DPPH and NO radical scavenging activities as well as reducing power. CF had the highest flavonoid content, which suggests that relatively less polar flavonoids may be responsible for the antioxidant activity of the fraction. Further studies are needed to isolate and characterize the antioxidant principles of *A. erecta*, as well as verifying their bioactivity in cellular and animal models.

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