

**EVALUATION OF PRESERVATIVE PROPERTIES IN
PSIDIUM GUAJAVA LEAFS USING HYDRO-
ALCOHOLIC EXTRACTION**

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General Description

- A **preservative** is a **natural** or **synthetic** chemical that is added to products such as foods, pharmaceuticals, paints, biological samples, etc.
- To **retard spoilage**, whether from microbial growth, or undesirable chemical changes.
- Typically copper, borate, and petroleum based chemical compounds are used

Chemical Preservatives

- SODIUM PROPIONATE
- PROPYL GALLATE
 - SULFITES
 - PARABENS
- QUATERNIUM-15

SODIUM PROPIONATE

- Preservative: *Bread, rolls, pies, cakes.*
- Prevents mold growth on bread and rolls.
- A beneficial mineral; the propionate is safe. Sodium propionate is used in pies and cakes, because calcium alters the action of chemical leavening agents.

PROPYL GALLATE

- Antioxidant preservative: *Vegetable oil, meat products, potato sticks, chicken soup base, chewing gum.*
- Retards the spoilage of fats and oils and is often used with BHA and BHT, because of the synergistic effects these preservatives have.
- The best studies on rats and mice were peppered with suggestions that this preservative might cause **cancer**.

SULFITES (SULFUR DIOXIDE, SODIUM BISULFITE)

- Prevent discoloration (dried fruit, some "fresh" shrimp, and some dried, fried, or frozen potatoes) and bacterial growth (wine).
- Destroy vitamin B-1
- Can cause severe reactions, especially in asthmatics.

METHYL, PROPYL, BUTYL, and ETHYL PARABEN

- Used as preservatives to inhibit microbial growth to extend products shelf life.
- May cause allergic reactions and rashes.
- Contain highly toxic **formaldehyde-releasing** ingredients which are **carcinogenic**, increasing the risk of cancer in both men and women.

Quaternium-15

- Used as a preservative in cosmetics and toiletry items, as well as skin moisturizers and hair care products.
- It commonly causes allergic reactions and **dermatitis**, and breaks down into formaldehyde

Natural Preservatives

- Grape Fruit Seed Extract
 - Alpha Tocopherol
 - Potassium Sorbate
 - Citric Acid

Grapefruit Seed Extract (gse)

- An all natural preservative -- there are rumors that grapefruit seed extract works as a natural preservative.
- There was a study done on the preservative qualities of gse. This study found that it had been **contaminated with triclosan and other chemical preservatives**. The study also took a handmade grapefruit seed extract that was not tainted with other chemicals.
- Causes **candidiasis, earache, throat infections, and diarrhea**.

ALPHA TOCOPHEROL (Vitamin E)

- **Antioxidant**, nutrient: *Vegetable oil*. Vitamin E is abundant in whole wheat, rice germ, and vegetable oils. It is destroyed by the refining and bleaching of flour.
- Vitamin E prevents oils from going rancid.
- Recent studies indicate that large amounts of vitamin E may **help reduce** the risk of **heart disease** and **cancer**.

Potassium Sorbate

- Effectively preserve against mold and yeast, it is not useful for protecting the product from bacteria.
- It is also not effective at all in products with a pH over 6, which most lotions are. While potassium sorbate is found in nature, any available today would have been synthetically made so it is not all-natural.
- It is also believed to cause **contact dermatitis**.

CITRIC ACID

- Acid, flavoring, chelating agent: *Ice cream, sherbet, fruit drink, candy, carbonated beverages, instant potatoes.*
- Citric acid is versatile, widely used, cheap, and safe. It is an important metabolite in virtually all living organisms and is especially abundant naturally in citrus fruits and berries.
- It is used as a strong acid, a tart flavoring, and an **antioxidant**.

Why,

Natural Preservatives ?

- Synthetic preservatives are mostly being the source of life threatening disease – cancer, dermatitis, blindness.
- Natural preservatives- derived from mother nature and easily accustomed by human body.

Study Objective

- To provide an **alternative option** toward healthier and safer product preservation against microorganism and fungal habitation in food and nutraceutical products by using **natural resources**.

Studies Conducted On Potential Plants

- Antibacterial potential from Indian *Suregada angustifolia*.
- Antimicrobial activity of the methanolic extract from the stem bark of *tridesmostemon omphalocarpoides* (*Sapotaceae*).
- Phytochemical and antimicrobial studies of *Begonia malabarica*.

Table 2
Inhibition zones^a (mm) for the methanolic extract, fractions of *Tridesmostemon omphalocarpoides* and reference antibiotics

Tested sample ^b	Bacteria						Fungi ^b		
	<i>Escherichia coli</i>	<i>Proteus vulgaris</i>	<i>Shigella dysenteriae</i>	<i>Klebsiella pneumoniae</i>	<i>Staphylococcus aureus</i>	<i>Streptococcus faecalis</i>	<i>Salmonella typhi</i>	<i>Candida albicans</i>	<i>Candida krusei</i>
ME	28.0 ± 0.0	16 ± 0.0	17.0 ± 0.0	24.0 ± 0.0	16 ± 0.0	24.0 ± 0.0	25.0 ± 0.0	21 ± 0.0	23 ± 0.0
TOHex	20.33 ± 2.52	18.0 ± 0.0	15.0 ± 0.0	13.33 ± 0.57	17.0 ± 0.0	26.0 ± 0.0	22.0 ± 0.0	17.0 ± 1.0	17.0 ± 0.0
TOHex1	20.0 ± 0.0	18.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0	24.33 ± 0.57	29.0 ± 0.0	20.33 ± 2.52	20.0 ± 0.0	19.0 ± 0.0
TOHex2	16.0 ± 0.0	20.0 ± 0.0	12.0 ± 0.0	6.0 ± 0.0	30.0 ± 2.0	31.0 ± 0.0	25.0 ± 0.0	25.0 ± 0.0	23.0 ± 0.0
TOHex3	18.0 ± 0.0	18.0 ± 0.0	17.0 ± 0.0	9.0 ± 0.0	15.0 ± 0.0	28.0 ± 1.0	12.0 ± 0.0	23.0 ± 0.0	23.0 ± 0.0
TOHex4	18.0 ± 0.0	14.0 ± 0.0	17.0 ± 0.0	8.0 ± 0.0	18.0 ± 0.0	27.0 ± 0.0	12.0 ± 0.0	20.33 ± 2.52	18.0 ± 0.0
TOHex5	19.0 ± 0.0	15.0 ± 0.0	15.0 ± 0.0	16.0 ± 0.0	20.0 ± 0.0	24.0 ± 0.0	14.0 ± 0.0	20.0 ± 0.0	18.0 ± 0.0
TOAc	28.0 ± 1.0	17.0 ± 0.0	22.0 ± 0.0	21.0 ± 0.0	23.0 ± 0.0	23.0 ± 0.0	21.0 ± 0.0	23.0 ± 0.0	23.33 ± 0.57
TOAc1	14.0 ± 0.0	13.0 ± 0.0	22.0 ± 0.0	18.0 ± 0.0	20.0 ± 0.0	21.0 ± 0.0	16.0 ± 0.0	20.0 ± 0.0	18.0 ± 0.0
TOAc2	20.0 ± 0.0	18.0 ± 0.0	19.0 ± 0.0	20.0 ± 0.0	20.0 ± 1.0	18.0 ± 0.0	14.0 ± 0.0	14.0 ± 0.0	14.0 ± 0.0
TOAc3	6.0 ± 0.0	6.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	14.0 ± 0.0	14.0 ± 0.0
TOAc4	8.0 ± 0.0	6.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	6.0 ± 0.0	10.0 ± 0.0	8.0 ± 0.0	30.0 ± 0.0	33.0 ± 0.0
TOAc5	18.0 ± 0.0	18.0 ± 0.0	19.0 ± 0.0	21.0 ± 0.0	24.0 ± 0.0	20.0 ± 0.0	29.0 ± 0.0	28.0 ± 1.0	31.0 ± 0.0
TOAc6	20.0 ± 0.0	18.0 ± 0.0	21.0 ± 0.0	19.0 ± 0.0	20.0 ± 0.0	18.0 ± 0.0	30.66 ± 1.25	20.0 ± 0.0	18.0 ± 0.0
TOAc7	17.0 ± 0.0	13.0 ± 0.0	18.0 ± 0.0	17.0 ± 0.0	12.0 ± 0.0	15.0 ± 0.0	22.0 ± 0.0	18.0 ± 0.0	21.0 ± 0.0
TORe	17.0 ± 0.0	15.0 ± 0.0	19.0 ± 0.0	26.0 ± 0.0	23.0 ± 0.0	18.0 ± 0.0	6.0 ± 0.0	15.0 ± 0.0	17.0 ± 0.0
TORe1	14.0 ± 1.0	11.0 ± 0.0	13.0 ± 0.0	17.0 ± 0.0	19.0 ± 0.0	12.0 ± 0.0	6.0 ± 0.0	9.0 ± 0.0	16.0 ± 0.0
TORe2	13.0 ± 0.0	13.33 ± 0.57	16.0 ± 0.0	19.0 ± 0.0	19.0 ± 0.0	15.0 ± 0.0	6.0 ± 0.0	13.0 ± 0.0	16.0 ± 0.0
TORe3	17.0 ± 0.0	19.0 ± 0.0	18.0 ± 0.0	24.33 ± 0.57	21.0 ± 0.0	19.0 ± 0.0	6.0 ± 0.0	15.0 ± 0.0	19.33 ± 0.57
TORe4	20.33 ± 0.57	21.66 ± 1.25	20.0 ± 0.0	28.33 ± 2.52	23.0 ± 0.0	22.33 ± 0.57	6.0 ± 0.0	17.33 ± 0.57	21.0 ± 0.0
TORe5	19.0 ± 1.0	19.33 ± 0.57	20.33 ± 0.57	19.0 ± 0.0	23.33 ± 0.57	17.0 ± 0.0	6.0 ± 0.0	17.0 ± 0.0	19.66 ± 1.25
TORe6	11.0 ± 0.0	14.0 ± 0.0	13.0 ± 0.0	16.0 ± 0.0	17.0 ± 0.0	14.0 ± 0.0	6.0 ± 0.0	10.0 ± 0.0	16.0 ± 1.0
TORe7	8.0 ± 0.0	8.0 ± 0.0	10.0 ± 0.0	11.0 ± 0.0	8.0 ± 0.0	10.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0	10.0 ± 0.0
TORe8	6.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0	8.0 ± 0.0	8.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0	6.0 ± 0.0
RA ^c	20.0 ± 0.0	24.33 ± 0.57	21.0 ± 0.0	22.0 ± 0.0	19.0 ± 0.0	24.0 ± 0.0	24.0 ± 0.0	22.0 ± 0.0	22.0 ± 0.0

^a Including the diameter of the hole (6mm).

^b Tested samples (sample tested at 80 mg/ml for ME, 40 mg/ml for TOHex, TOAc and TORe, 10 mg/ml TOHex1-5 and TOAc1-7, 2 mg/ml for RA, no effect of the Tween 80 and DMSO 10% used as dilution solvent was observed on the tested microbial strains.

^c RA: reference antibiotics (Gentamycin for bacteria, Nystatin for yeast).

Source : Antimicrobial activity of the methanolic extract from the stem bark of tridesmostemon omphalocarpoides (Sapotaceae)
V. Kuete a, J.G. Tangmouob, V. Penlap Benga, F.N. Ngounoub, D. Lontsi

Table 1
Antibacterial activity of aqueous and solvent extracts from the leaves of *Suregada angustifolia*

Microorganisms	Methanol extract (mg/ml)			Chloroform extract (mg/ml)			Hexane extract (mg/ml)			Standard
	20	10	5	20	10	5	20	10	5	
<i>Aeromonas hydrophila</i>	15	12	10	–	–	–	20	16	14	20 (Tr)
<i>Enterobacter aerogenes</i>	24	18	14	–	–	–	18	15	12	22 (Tr)
<i>Escherichia coli</i>	25	20	16	12	10	–	–	–	–	30 (K)
<i>Klebsiella pneumoniae</i>	33	27	22	12	10	–	18	14	12	30 (K)
<i>Proteus vulgaris</i>	30	23	18	16	12	10	14	12	10	20 (K)
<i>Pseudomonas aeruginosa</i>	18	14	12	14	10	–	12	10	–	25 (E)
<i>Salmonella typhi</i>	26	18	14	10	–	–	–	–	–	20 (Na)
<i>Vibrio cholerae</i>	26	19	12	24	18	14	14	12	10	31 (Tr)
<i>Vibrio parahaemolyticus</i>	25	20	15	10	–	–	19	15	12	14 (K)
<i>Vibrio vulnificus</i>	26	20	14	14	10	–	24	18	14	16 (R)
<i>Bacillus subtilis</i>	24	16	12	10	–	–	18	14	11	30 (A)
<i>Staphylococcus aureus</i>	33	27	22	14	10	–	28	21	15	45 (M)

Values (mean of three replicates) are: diameter of zone of inhibition (mm); no inhibition. Ampicillin: A¹⁰ (10 mcg/disc); erythromycin: E¹⁰ (10 mcg/disc); kanamycin: K³⁰ (30 mcg/disc); methicillin: M⁵ (5 mcg/disc); nalidixic acid: Na³⁰ (30 mcg/disc); rifampicin: R³⁰ (30 mcg/disc); trimethoprim: Tr¹⁰ (10 mcg/disc).

Source : Antibacterial potential from Indian *Suregada angustifolia*
M. Venkatesan , M.B. Viswanathan , N. Rameshb, P. Lakshmanaperumalsamy

Table 1

Antibacterial activity of aqueous, methanol and chloroform leaf extracts of *Begonia malabarica* (zone of inhibition in mm)

Bacterial strains	Aqueous extract (mg/ml)						Methanol extract (mg/ml)						Chloroform extract (mg/ml)						Standard
	Cold (%)		Boil (%)		Autoclave (%)		50	25	12.5	6.25	3.13	1.56	50	25	12.5	6.25	3.13	1.56	
	100	50	100	50	100	50													
<i>Aeromonas hydrophila</i>	15	–	16	–	18	–	18	18	17	16	15	15	26	25	23	20	17	17	38 (Ce)
<i>Chromobacterium violaceum</i>	28	24	26	24	28	20	23	22	19	18	16	15	27	25	22	22	20	18	24 (Ce)
<i>Escherichia coli</i>	20	16	21	16	20	14	22	20	18	17	17	16	20	18	18	16	15	14	28 (Ch)
<i>Klebsiella pneumoniae</i>	20	14	21	16	20	14	26	25	20	20	18	18	24	24	22	20	18	18	32 (Nv)
<i>Pseudomonas aeruginosa</i>	18	16	20	14	20	16	22	20	18	18	16	16	26	25	22	22	20	17	26 (Ce)
<i>Salmonella typhi</i>	16	14	15	13	14	12	24	22	22	18	16	15	24	22	20	20	19	17	23 (Ce)
<i>Vibrio cholerae</i>	20	16	18	14	18	16	25	23	20	20	17	16	25	23	22	22	19	17	36 (Tr)
<i>Vibrio parahaemolyticus</i>	–	–	–	–	–	–	20	19	18	18	16	16	27	25	24	22	22	18	24 (Er)
<i>Bacillus subtilis</i>	–	–	–	–	–	–	18	17	16	15	12	12	26	24	23	22	18	16	33 (Nv)
<i>Staphylococcus aureus</i>	–	–	–	–	–	–	25	23	21	20	17	17	25	25	20	20	18	16	31 (Nv)

Ce, Ceftriaxone (30 µg/disc); Ch, Chloramphenicol (30 µg/disc); Er, Erythromycin (15 µg/disc); Nv, Novobiocin (30 µg/disc); Tr, Trimethoprim (5 µg/disc).

Source : Phytochemical and antimicrobial studies of *Begonia malabarica*
 N. Ramesh , M.B. Viswanathan , A. Saraswathy , K. Balakrishna , P. Brindha ,
 P. Lakshmanaperumalsamy

Choose, *Psidium guajava* (Guava) Leafs

- The extract also showed **in vitro antimicrobial activity** against *Escherichia coli*, *Salmonella typhi*, *Staphylococcus aureus*, *Proteus mirabilis*, and *Shigella dysenteria* (Iwu,1993).
- **Effectiveness** of the leaf extract against *Staphylococcus aureus* (Gnan and Demello, 1999).
- It was shown to antibacterial in another study and in addition to *Staphylococcus aureus* was also useful against *Streptococcus spp* (Pranee Jaiarj, et al, 1999).The leaves are rich in tannin, and have **antiseptic properties** (Hernandez, Dolores F, 1971).

Utilizing *Psidium guajava* Leaf by

- Manipulating **different ethanol-water solvent** concentration (95% v/v, 50% v/v and 25% v/v) for *Psidium guajava* leaf extraction via Soxhlet apparatus.
- **Analyzing** the **antibacterial** and **antifungal** properties of *Psidium guajava* leaf extracts on selected microbes and fungal.

Methodology

- Extraction
- Antimicrobial Test
- Antifungal Test

Extraction Process

- Amount of 25g oven dried leaf powder is extracted with 400ml of 95% ethanol concentrations at 80°C for 18 hours.
- Extract were then filtered with Whatman No.1 filter paper before evaporation process.
- Evaporation process was done using rotary evaporator 70°C and 100 mbar.

- Product formed was collected and stored in 4 °C .
- Procedures were then repeated with 50 % v/v, and 25 % v/v of ethanol concentration as extraction solvent.
- Triplicate every solvent concentration.

Antimicrobial Test

- The bacterial strains used are *Escherichia coli* (gram negative) and *S. aureus* (gram positive).
- Standardized with 0.5 Mc Farland Standard.
- Sample inhibition index was tested using Disc Diffusion Method.
- **Inhibition Index** =
$$\frac{\text{Inhibition area (hollow zone)}}{\text{Inhibition area of Streptomycin.}}$$

Antifungal Test

- 1ml samples were transferred onto the PDA.
- PDA plates containing 1 ml of 95% ethanol were used as an alcoholic control
- The solid plates are inoculated with 0.1 ml fungal suspension, measuring it into the hole (diameter 8 mm) in the centre of the medium.

- Plates were kept for 10 days, at 28 °C in the dark for germination.
- Inhibition,

$$I = [(C - T)/C] * 100$$

I = inhibition (%).

C = colony diameter of the mycelium on the alcoholic control plate (mm) .

T = colony diameter of the mycelium on the test Petri plate (mm).

Results and Discussions

- Extract Recovery
- Antimicrobial Testing
- Fungal Inhibition Test

Yield of *P.guajava* Leafs Extract

Solvent Concentration (%)	Average Amount of Extract Collected (g)
95	10.096
75	13.605
50	19.026
25	18.893

Physical Appearances of Extract



95 % Solvent Extract



75 % Solvent Extract



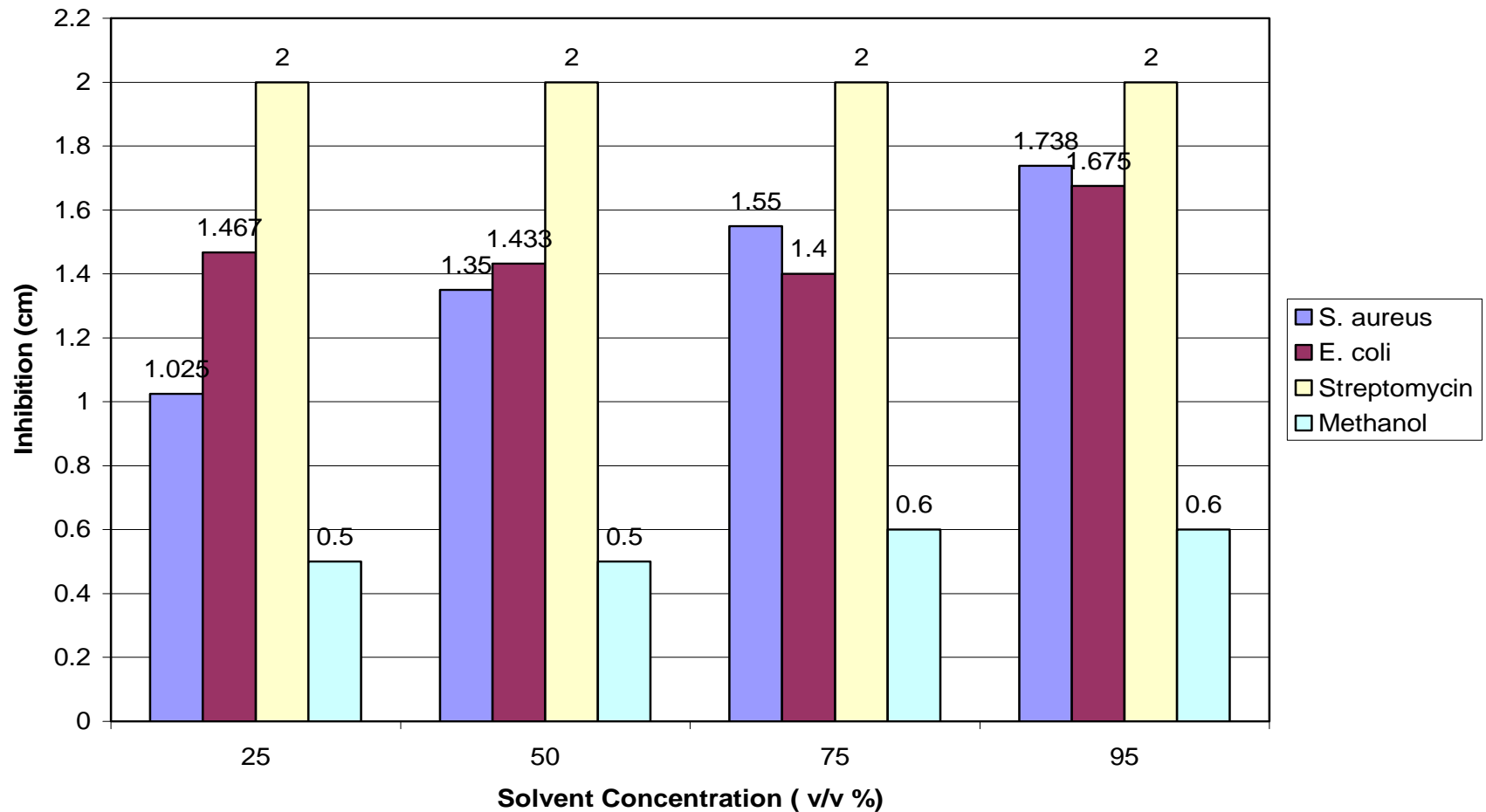
50 % Solvent Extract



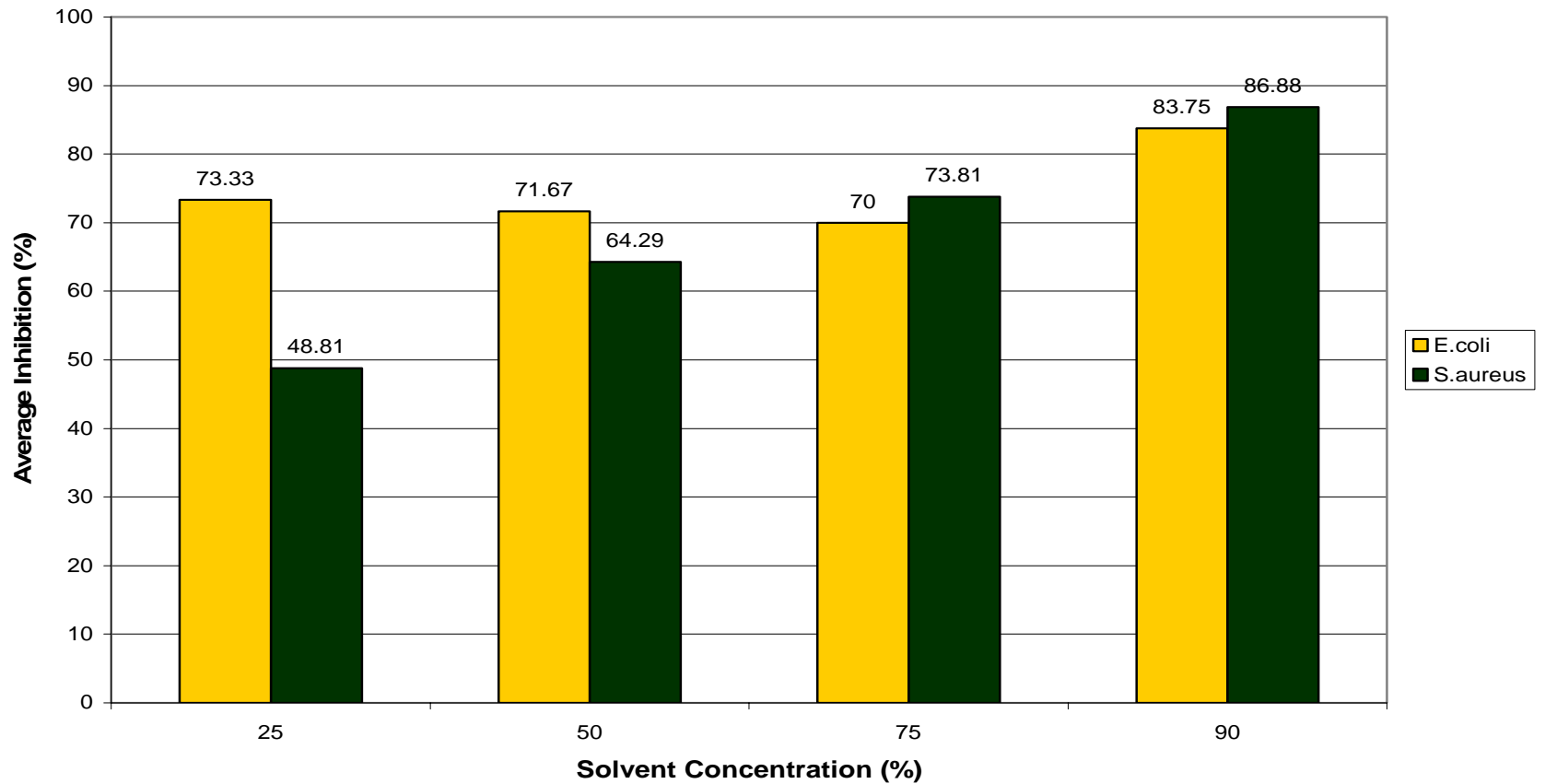
25 % Solvent Extract

Antimicrobial Testing

Graf of Solvent Concentration Vs Average Diameter Hollow Zone



Graf Of Solvent Concentration Vs. Average Percentage Inhibition

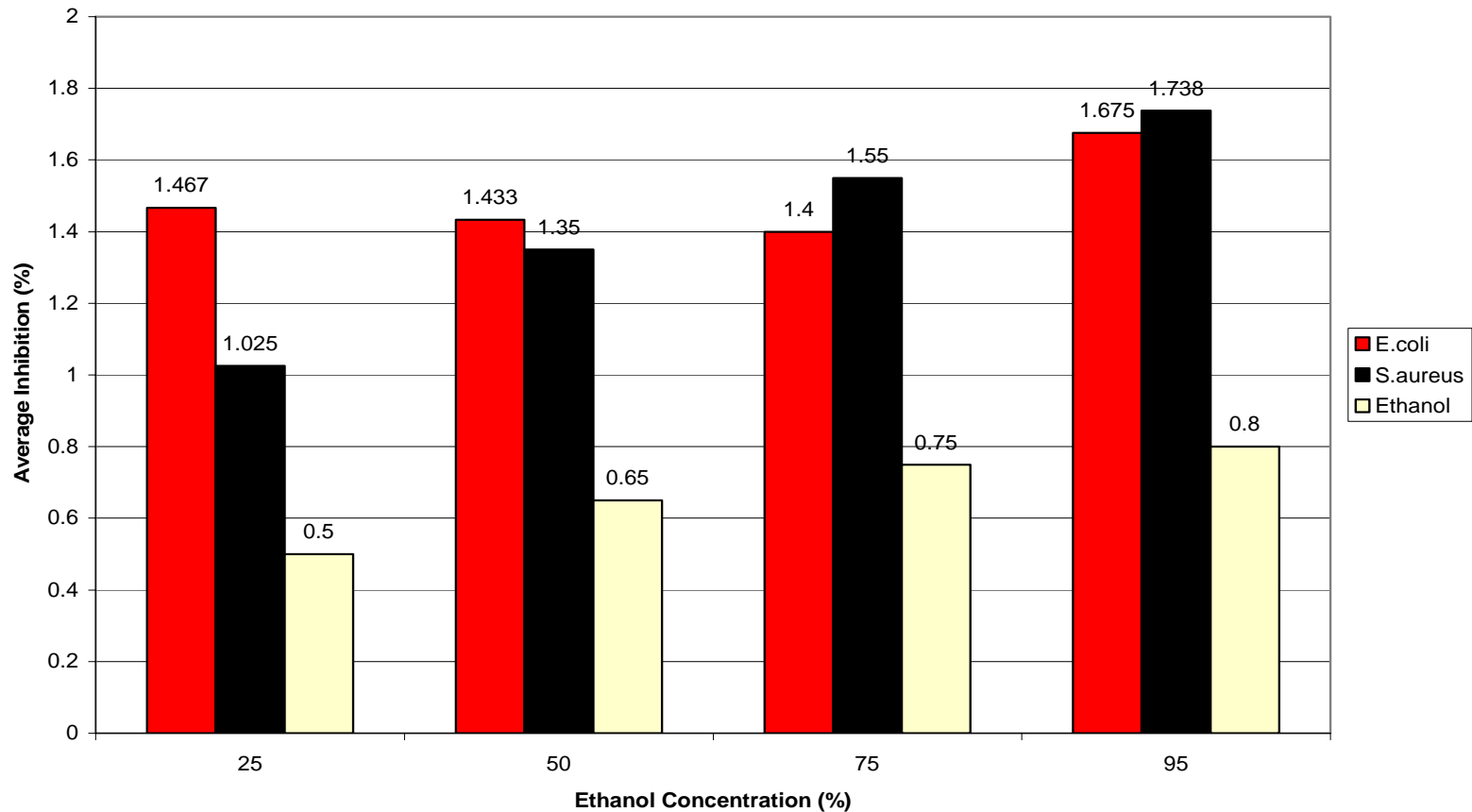


Graph Trending

- Polarity of the solvent.
- Product solubility in solvent and co-solvent.
As the purification process commence, bioactive compound were distillate out along with the water-ethanol solvent.
- Main solvent strength reduces via hydrogen bonding before extraction started.

Ethanol \neq Inhibition Factor

Ethanol Concentratio Vs. Average Inhibition



Antifungal Test

Sample	Concentration (%)	Colony Diameter (cm)	Inhibition Effect (%)
1	95	1.2	7.692307692
2	50	1.3	0
3	25	1.3	0
4	95	1.3	0
5	50	1.3	0
6	25	1.3	0
7	75	1.3	0
8	25	1.3	0
9	50	1.3	0
Ethanol	95	1.3	100

Reason Antifungal Failure

- Fungi rapid adaptation to its environment and
- The dilution of ethanol solvent may also contribute to the antifungal failure.

Conclusion

- As a summary for this study, the variation of ethanol-water concentration is most suitable for microbial inhibition rather than fungal inhibition.
- By reducing the amount of ethanol concentration can still inhibit microbes but not 100% inhibition.

Recommendation

- Utilized **other extraction technique** such as Supercritical Fluid Extraction for better bioactive compound yield.
- Extract samples undergo **characterization test**.
- Reducing or removing the color intensity and strong odor of extracts for food and nutraceutical products.

Thank You
For The Attention

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Extraction

- Essential oils are usually **lipophilic compounds**. It thus has been found that alcohols, such as methanol and ethanol (primarily 100% concentrations), or organic solvents, such as acetone, are the best diluents to be used for dilution.
- Water is **not recommended** as water and fats do not dissolve in one another, although oil dilution in water can be achieved at extremely low concentrations of oil, and depending on the viscosity of the oil.

