

Striving for balance: modernity and elite sport from an Islamic perspective

Synopsis:

Striving for Balance: Modernity and Elite Sport from an Islamic perspective explores serious issues related to high performance sport in the Islamic world and the effects of the Western World on individual athlete's perceptions. The matters explored are not only crucial to the development of elite sport in Islamic countries but are supported by invaluable data gathered at the Malaysian Commonwealth Games. Each chapter deals with differing issues such as 'reflection of the past', 'religion and culture', 'Islamic values', and the influence of 'faith' on the athlete's behaviour.

There is an attempt throughout to review the conflicting cultures, hence the title, and to suggest opportunities for reflecting upon the influences of religion and culture in the Malay context. Finally issues which require resolving are tackled and suggestions given to rectify some of the problematics.

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Table Of Content:

Preface

Acknowledgements

Chapter 1 Traditional Malaysian Sports

Chapter 2 Religion and Culture

Chapter 3 Culture and Sport

Chapter 4 Brief Reflections on the Past

Chapter 5 Influence of Religions

Chapter 6 Islamic Culture

Chapter 7 Conflicting Cultures

Chapter 8 Shar'iah Perspective

Chapter 9 Sport and Shar'iah

Chapter 10 Religious Obligations of Sports people

Chapter 11 Positive Attitudes in Sport

Chapter 12 Sport in Islamic Society

Chapter 13 The Athletes Perspective

Chapter 14 The Malay Muslim Sporting Scene

Chapter 15 New Directions in Sport

References

Index