

# Attraction, Social Attraction, and Social Exclusion (Rejection)

**Lecturer:**

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To attract more love and romance, hang  
artwork that depicts happy couples.

**Presenters:**

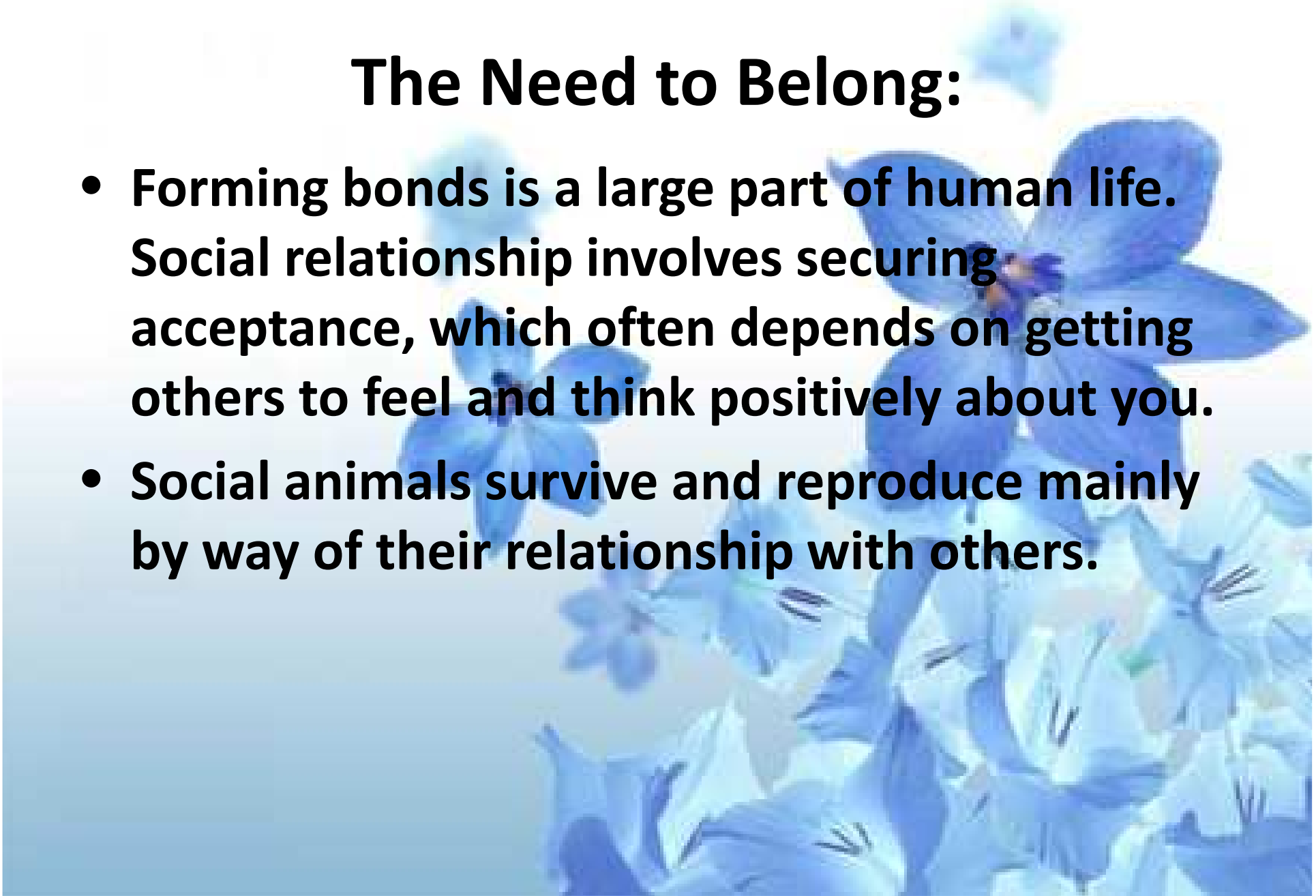
**Mohammed Alaulddin Omar  
Vijayaletchumy, Devaki, and Azizah Sageh**

# The Need to Belong:

- is the desire to form and maintain close, lasting relationships with some other individuals (Axelrod&Hamilton, 1981; Buss, 1990; Baumeister & Leary, 1995)
- the need to belong has two parts {regular social contacts (breakfast together) and aversive social contacts,( as fighting and arguing)}

## **The Need to Belong:**

- **Forming bonds is a large part of human life. Social relationship involves securing acceptance, which often depends on getting others to feel and think positively about you.**
- **Social animals survive and reproduce mainly by way of their relationship with others.**



# The Need to Belong:

- People do not continue to form relationships
- Most people look for four to six close relationships
- in rich people- environments, most people form social circles of about six people
- Ex. {Al Quran Kareem verse} (Inxalaqnakum mn zakarin wa aunsa....jaalnakum....)

# Two ingredients to belongingness.

– Regular social contact with others

## Not Belonging Is Bad for You

- Failure to satisfy a need to belong leads to significant health problems
- People without a good social network have more physical and mental health problems
- E.g. Interracial couples and interracial marriage
- Black- white marriage

