

AGGRESSION AND ANTISOCIAL BEHAVIOR

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View of Aggression

A) Instinct theory

Instinct theory is referring to the initiative where it is a part of human where we already have it in our gene, where humans are born with it so that humans learn their own individual ways of expressing aggressive motivation like we know we have to eat when we are hungry, it is a biological driver similar to sex and hunger.

View of Aggression

B) Social Learning Theory

Human aggression is largely learned by watching other people behave aggressively, either in person or in films. People learn through observing others' behaviour, attitudes, and outcomes of those behaviours.

“Most human behaviour is learned observationally through modelling: from observing others, one forms an idea of how new behaviours are performed, and on later occasions this coded information serves as a guide for action.” (Bandura)

View of Aggression

C) Frustration-Aggression Hypothesis

Our motivation for aggression act increases when our ongoing behavior is interrupted or we are prevented from reaching a goal.

Nowadays, this kind of aggression is usually occurred as the increasing stressful event exist in our life such as stress at work and lack of money