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Review

The role of selected flavonoids from bajakah tampala (*Spatholobus littoralis* Hassk.) stem on cosmetic properties: A review

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ABSTRACT

Cosmetics made from natural ingredients are increasingly popular because they contain bioactive compounds which can provide many health benefits, more environmentally friendly and sustainable. The health benefits obtained from natural-based ingredients include anti-aging, photoprotective, antioxidant, and anti-inflammatory. This article reviewed the potential of selected flavonoids from bajakah tampala (*Spatholobus littoralis* Hassk.) as the native plant in Indonesia. We present in silico, in vitro, in vivo, and clinical research data on the use of selected flavonoids that have been reported in other extracts. © 2023 The Authors. Published by Elsevier B.V. on behalf of King Saud University. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

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1. Introduction

The trend in the cosmetic industry from natural ingredients has been proliferating since the 21st century. This increasing is encouraged by environmental and health awareness (FAO and Non-Timber Forest Products-Exchange Programme, 2020). In the forecast period (2020–2021), the global market for cosmetics is estimated to grow by 4.75 %, surpassing \$716 billion in 2025 and reaching \$784.6 billion in 2027. The North American and Asia Pacific regions account for more than 60 % of the global market for cosmetics (Roberts, 2022). Indonesia is one country located in the Asia Pacific region. Its national cosmetic industry growth grew by 7.36 % in the first quarter of 2018 (Ministry of Industry of The Republic of Indonesia, 2018). In 2020, exports of cosmetics from Indonesia totaled USD 784.9 thousand (a 1.5 % increase over 2019) (Trade Attache Indonesian Embassy in Tokyo, 2021).

The principle of "back to nature" has been widely used in the research world and the development of the research cosmetic industry, such as using plant extracts that have been well received by consumers (Sim and Nyam, 2021). Natural materials can be obtained from various plant parts, such as stems, flowers, leaves, fruit, and root (Pandurangan et al., 2018). Cosmetics from natural ingredients are simply absorbed into the body, hypoallergenic, and environmentally friendly (Amberg and Fogarassy, 2019; Carvalho et al., 2021). Bioactive compounds in plants have caught the attention of scientists because of their broad range of health advantages, including their anti-inflammatory, antioxidant, anti-gout, and anticarcinogenic characteristics (Gouvinhas et al., 2020; Sianipar et al., 2022).

The consultancy firm McKinsey & Company (2020) stated that the global income for the beauty industry (including skin care, color cosmetics, hair care, fragrances, and personal care) might decline by up to 30 % during the coronavirus disease (COVID-19) pandemic. However, the beauty industry has faced intense competition and innovation pressure after this pandemic. The beauty industry must innovate, transform, understand cosmetic consumers, and adapt rapidly, which keeps companies growing and reaching new market potential opportunities. Beauty products shift towards wellness, pampering, and natural ingredients (Farisha et al., 2021; Wang, 2022). Therefore, cosmetic products made from natural ingredients will have the opportunity to be popular among consumers due to the impact of COVID-19 (Embassy of The Republic of Indonesia in Brussels, 2021).

Environmental variables, including radiation and pollution, produce reactive oxygen species (ROS) and the beginning of the body's response to inflammation (Zhang et al., 2020). This condition is characterized by the extracellular matrix proteins collagen and elastin and the activity of aging-related enzymes such as tyrosinase, elastase, hyaluronidase, and collagenase (Aguilar-Toalá et al., 2019; Buhren et al., 2016; Taghouti et al., 2018). Tyrosinase is an enzyme that helps melanocytes produce melanin; however, pigmentation problems result when too much melanin is produced in the skin (Liyanaarachchi et al., 2018). Elastase will hydrolyze elastin and affect the mechanical properties of connective tissue (Aguilar-Toalá et al., 2019).

Indonesia is a mega-biodiversity country with about 30,000 species that have been recognized and 950 species: plants, animals, and microbes-that have medicinal properties (Embassy of The Republic of Indonesia in Brussels, 2021). This potential includes Indonesia's strength in developing cosmetic products from natural

ingredients. The bajakah tampala plant (Spatholobus littoralis Hassk.) comes from the Leguminosae family (Numan, 1998). It is important to analyze and review because of the large amount of research data that shows its biological activity scientifically and empirically. For the Dayak community in Central Kalimantan, Indonesia, it is a local wisdom ingredient for aches, and diarrhea, reducing lumps in the body and lowering uric acid. The ethanol extract of S. littoralis Hassk, has high antioxidant activity (IC₅₀ 8.25 µg/mL) (Iskandar and Warsidah, 2020). This plant also shows anti-breast cancer activity (Iskandar et al., 2022). Additionally, flavonoids, saponins, steroids, terpenoids, tannins, and phenolic compounds have all been scientifically demonstrated to be present in bajakah tampala's phytochemical composition. Furthermore, Sianipar (2022) reported that phenolic compounds dominated by more than 50 % in the 1-butanol stem fraction of a 70 % ethanol and water extract of S. littoralis Hassk.

The flavonoids of *S. littoralis* Hassk. have similarities with their application in antioxidant, anti-inflammatory, and photoprotective, as well as in cosmetic products such as anti-aging. It also inhibits the activity of tyrosinase, elastase, collagenase, and hyaluronidase enzymes. However, to the best authors' knowledge, no review has been found on applying some selected flavonoids of *S. littoralis* Hassk. plant as an active ingredient in cosmetics. Therefore, based on the literature study, the potential of this indigenous plant in cosmetic properties has been reviewed.

2. Compound composition of S. littoralis Hassk. stem fraction

Using liquid chromatography-tandem mass spectrometry (LC-MS/MS) analysis, Sianipar (2022) conducted a preliminary study to identify the putative compounds contained in the most active fraction to inhibit xanthine oxidase (XO) activity of *S. littoralis* Hassk. stem, namely 1-butanol stem fraction of water extract and 1-butanol stem fraction of 70 % ethanol extract. The analysis revealed that groups of phenolics dominated the two most active fractions. In addition, the two most active fractions had XO inhibitory activity (antigout agent) with IC₅₀ of 116.91 ± 3.51 µg/mL for the 1-butanol stem fraction of 70 % ethanol extract and IC₅₀ of 137.15 ± 5. 00 µg/mL for the 1-butanol stem fraction of water extract (Sianipar, 2022).

The flavonoid sub-class contained in the two most active fractions (1-butanol fraction of 70 % ethanol extract and 1-butanol fraction of water extract) consisted of flavan-3-ol, isoflavone, flavone, flavanone, and flavonol. 1-butanol fraction of 70 % ethanol extract contains flavanone as the largest percentage of flavonoid sub-class composition (36.36 %); while isoflavone (75.00 %) in 1butanol fraction of water extract is the largest flavonoid subclass. The list of flavonoid compounds contained in each of the most active fractions can be observed in Table 1 (Sianipar, 2022).

3. Application of S. littoralis Hassk. in cosmetic properties

We explore the application of *S. littoralis* Hassk. in cosmetic properties, as summarized in Fig. 1.There are four main activities: antioxidant activity, anti-inflammatory activity, photoprotective activity, and anti-aging activity. The activity of selected flavonoids is divided based on in silico (Table 3), in vitro (Table 4), in vivo

The list of flavonoid compounds contained in 1-butanol stem fraction of 70% ethanol extract and 1-butanol stem fraction of water extract (Sianipar, 2022).

No.	Sub-class of flavonoids	Compounds	1-butanol stem fraction of 70 % ethanol extract		1-butanol stem fraction of water extract		ater extract	
			Presence	Quantity	Percentage	Presence	Quantity	Percentage
1.	Flavan-3-ol	Catechin	1	1				
			sub-total	1	9.09 %	sub-total	0	0.00 %
2.	Isoflavone	Daidzein	1	1		1	1	
		Formononetin	1	1		1	1	
		Glycitein				1	1	
			sub-total	2	18.18 %	sub-total	3	75.00 %
3.	Flavone	Luteolin	√	1				
		Apigenin	√	1				
		Negletein	1	1				
		Apigetrin				1	1	
			sub-total	3	27.27 %	sub-total	1	25.00 %
4.	Flavanone	Naringenin	1	1				
		Hesperetin	1	1				
		(-)-8-Prenylnaringenin	1	1				
		6,8-Diprenylnaringenin	1	1				
			sub-total	4	36.37%	sub-total	0	0.00 %
5.	Flavonol	Kaempferide	1	1				
		-	sub-total	1	9.09 %	sub-total	0	0.00 %
			Total	11	100.00 %	Total	4	100.00 %



Fig. 1. Schematic diagram on application of Spatholobus littoralis Hassk. in cosmetic properties.

(Table 5), and clinical data (Table 6) associated with cosmetic properties.

Application of *S. littoralis* Hassk. in cosmetic properties are antioxidant activity, anti-inflammatory activity, photoprotective activity, and anti-aging activity, including tyrosinase, elastase, collagenase, and hyaluronidase inhibitor. ROS = reactive oxygen species; RNS = reactive nitrogen species; SOD = superoxide dismutase; GPX = Glutathione peroxidase, CAT = catalase; NF- κ β = nuclear factor-kappa B; JAK-STAT = The Janus kinase/signal transduction and activator of transcription; PLA2 = phospholipase A2; LOX = lipoxygenase; COX-1 = cyclooxygenase-1; COX-2 = cyc looxygenase-2; iNOS = inducible nitric oxide synthase; MCP-1 = monocyte chemoattractant protein-1; TNF- α = tumor necrosis factor- α ; IL-1 β = interleukin-1 β ; IL-6 = interleukin-6; ACh = acetyl choline; AChE = acetylcholinesterase; SPF = Sun protection factor; UVB = Ultraviolet B; DNA = deoxyribonucleic acid (Alqodri et al., 2020; Ganesh et al., 2014; Jakimiuk et al., 2021; Lin et al., 2018; Liu et al., 2022; Martemucci et al., 2022; Permana et al., 2020; San Miguel-Chávez, 2017; Sifaki et al., 2019; Stevanato et al., 2014; Yusuf et al., 2021).

3.1. Antioxidant activity

UV rays, air pollution, and fluctuations in the outdoor temperature all affect how quickly skin ages (Lin et al., 2018). UV exposure can generate either ROS or RNS. Free radicals are created by an

Table 2

Free radical and nonradical compounds on ROS and RNS. Modified from San Miguel-Chávez (2017).

Free radical compounds		Non-radical compounds	
ROS	RNS	ROS	RNS
Hydroxyl (HO·)	Nitrogen dioxide (·NO ₂)Nitric oxide (·NO)	Ozone (O ₃)	Peroxynitrite (ONOO ⁻)
Superoxide $(O_2 \cdot)$		Hydroperoxide (ROOH)	Nitrosyl cation (NO ⁺)
Alkoxy radicals (RO·)		Hypochlorous acid (HOCl)	Dinitrogen trioxide (N ₂ O ₃)
Peroxy radicals (ROO·)		Singlet oxygen (¹ O ₂)	Nitrous acid (HNO ₂)
		Hydrogen peroxide (H ₂ O ₂)	Dinitrogen tetroxide (N ₂ O ₄)
		Hypochlorite (ClO ⁻)	Nitroxyl anion (NO ⁻)
		Organic peroxydes (ROOH)	Nitronium (nitryl) cation (NO ²⁺)
		Aldehydes (HCOR)	Nitrous acid (HNO ₂)



Fig. 2. Catalytic cycle of tyrosinase. The formation of melanin in the presence of tyrosinase enzyme. Modified from Agarwal et al. (2019). License number: 5362491270191.

excessive buildup of ROS and RNS. In addition, there are exogenous free radicals among them (Table 2). Free radicals from endogenous sources, released at low concentrations by the mitochondrial electron transport chain, have physiologically essential functions throughout the body (Sekar, 2020; Triawanti et al., 2020; Yan et al., 2020).

A free radical is a very reactive atom or molecule because it has unpaired electrons at the outer orbital. The reactivity causes protein denaturation, lipid peroxidation, glucose autooxidation, and fragmentation of DNA. This damage triggers several diseases, such as inflammation, aging, asthma, diabetes mellitus, rheumatoid arthritis, neurodegenerative diseases, and cancer (Martemucci et al., 2022).

Antioxidants are substances that inhibit or slow down the oxidative reactions of lipids, proteins, or nucleic acids. In addition, antioxidants can effectively deactivate radicals based on chemical reaction mechanisms: via a single-electron transfer and a hydrogen atom transfer (San Miguel-Chávez, 2017). Endogenous antioxidants contain triggering antioxidant enzymes such as CAT, GPX, and SOD. Protons are used to create adenosine triphosphate (ATP) from adenosine diphosphate (ADP) during the electron transport chain function. Superoxide is created when 1-3 % oxygen reaches the mitochondria. These free radicals will be transformed into more stable non-radical molecules, such as H₂O₂, by the presence of SOD in mitochondria. Within mitochondria, GSH action reduces hydrogen peroxide to water. While this occurs, unreduced hydrogen peroxide will leave the mitochondria where CAT subsequently reduces it in the peroxisomes and another group of peroxidases in the cytoplasm (Martemucci et al., 2022; San MiguelChávez, 2017). Furthermore, several antioxidants work as metal chelators, converting metal pro-oxidants into more stable chemical states (Vona et al., 2021).

However, antioxidants in the human body are not enough to fight free radicals. It is also necessary to take antioxidants from the outside, namely exogenous antioxidants. Exogenous antioxidants come from foods containing vitamins E, C, and phytochemicals such as polyphenols and flavonoids. Phenolics or polyphenols are a group of compounds from secondary metabolites of natural ingredients produced from the shikimate and phenylpropanoid biosynthetic pathways. An aromatic ring composes the compound, including one or many hydroxyl groups. Antioxidants called phenolic substances are extensively used due to their electron- or hydrogen-donating properties and metal chelating. The quantity and position of hydroxyl groups, glycosylation, and the presence of double bonds (C2 = C3) all affect the structure-activity connection of phenolics as antioxidants. Currently, 8,000 phenolic compounds have been identified as structures. Classes of phenolic compounds that are important in human life are phenolic acids, flavonoids, and tannins (Vuolo et al., 2018). Table 3-6 summarizes that catechin, daidzein, formononetin, glycitein, luteolin, apigenin hesperetin, naringenin, negletein, and kaempferide were reported as great antioxidants.

3.2. Anti-inflammatory activity

Inflammation occurs in response to normal skin damage (skin aging and inflammatory dermatoses). Injury, pathogenic triggers, and auto-immune reactions require the host to create a powerful

 Table 3

 Selected flavonoids of S. littoralis Hassk. in cosmetic properties based on in silico activity.

Cosmetic properties	The main mechanism	Selected flavonoids	In silico activity	Reference(s)
Antioxidant activity	 Binding active site target proteins: NADPH oxidase, cyto- chrome P450, myeloperoxidase, xanthine oxidase, catalase, glutathione peroxidase, acetylcholinesterase, and reactive oxy- gen species. Hydrophobic interaction and hydrogen bond with amino acid residues. 	Catechin	Catechin binds five enzymes that are responsible for ROS: NADPH oxidase (PDB: 2CDU), cytochrome P450 (CP450) (PDB: 10G5), myeloperoxidase (MP) (PDB: 1DNU), and XO; the docking scores are -6.75; -5.78; -5.19; and -7.83 kcal.mol ⁻¹ respectively. Those docking scores are lower than dextromethorphan (DEX) as the positive control. The interaction patterns of catechin and the binding site of the enzyme are: 1. NADPH oxidase → hydrogen bonds: Asp179, Tyr188, Val214; and pi–c: Lys187. 2. Cytochrome P450 → hydrogen bond: Ser365; pi–pi: Phe476. 3. Myeloperoxidase → HB; Clu802 Thr1010; ni–ni; Phe914 Phe1009	(Kritsi et al., 2022)
		Daidzein	The binding energy of docked complex with Catalase as an antioxidant protein was found to be -100.665 kcal.mol ⁻¹ . The interaction residues for Catalase were ARG-72, ARG-112, TYR-358, HIS-75, GLY-147, ASN-148, PHE-153, ARG-354, TYR-358, ASP-389, ASN-403, ARG-68, GLU-330, GLU-71, GLU-119, and ARG-170.	(Tidke et al., 2018)
		Formononetin	Docking score for formononetin from vegetal extract to bind glutathione peroxidase 4 (GPX4) (protein target) is -6.547 kcal.mol ⁻¹ .	(Costea et al., 2022)
		Glycitein	The binding energy of docked complex with Catalase as an antioxidant protein was found to be -97.5342 kcal.mol ⁻¹ . The interaction residues for Catalase were ARG-72, ARG-112, TYR-358, HIS-75, CLY-147, ASN-148, PHE-153, ARG-354, TYR-358, ASP-389, ASN-403, ARG-68, GLU-330, GLU-71, GLU-119, and ARC 170.	(Tidke et al., 2018)
		Luteolin	Luteolin binds ROS with a docking score of -8.3 kcal.mol ⁻¹ . Residue	(Syamsul et al., 2022)
		Apigenin	Docking score for apigenin from vegetal extract to bind GPX4 (protein target) is -6.918 kcal.mol ⁻¹ .	(Costea et al., 2022)
		Hesperetin	Hesperetin from citrus demonstrated good binding energies for the target enzymes, such as β -site amyloid precursor protein (APP) cleaving enzyme 1 (BACE1) and AChE with binding energies -8.3; -8.4 kcal.mol ⁻¹ respectively.	(Lee et al., 2018)
		Naringenin	Docking score for naringenin from vegetal extract to bind GPX4 (protein target) is -6.048 kcal.mol ⁻¹ .	(Costea et al., 2022)
Anti-inflammatory activity	 Binding target proteins: toll-like receptor 4 (TLR-4), Jun-N- terminal kinase (JNK), NF-κB, AP-1, COX-1, TNF-α, 5-LOX, angiotensin converting enzyme (ACE-2). Hydrophobic interaction and hydrogen bond with amino acid residues. 	Catechin	 Catechin binds four target proteins: 1. TLR-4 via two H-bonds (Thr B459, ARG A460). Docking score -7.5 kcal.mol⁻¹. 2. JNK via one H-bond (Lys A93). Docking score -7.3 kcal.mol⁻¹. 3. NF-κB via four H-bonds (Thr B122, Gly B162, Gly B181, Gly B180). Docking score -7.3 kcal.mol⁻¹. 4. AP-1 via two H-bonds (Ala B362. Leu B355). Docking score -7.9 kcal.mol⁻¹. 	(Khan et al., 2022b)
		Daidzein	Daidzein binds COX-1 with binding energy -110.38 kcal.mol ⁻¹ . The main residues of interactions for COX-1 were GLN-44, GLN-42, HIS-43, THR-206, ASN-382, ALN-203, GLN-203, HIS-207, PHE-210, HIS-388, LYS-468, ARG-469.	(Tidke et al., 2018)
		Formononetin Glycitein	Formononetin binds TNF- α with a docking score of -7.626 kcal.mol ⁻¹ . Glycitein binding COX-1 with binding energy -104.35 kcal.mol ⁻¹ . The main residues of interactions for COX-1 were GLN-44, GLN-42, HIS-43, THR-206, ASN-382, ALN-203, GLN-203, HIS-207, PHE-210, HIS-388, LYS-468, ARG-469.	(Costea et al., 2022) (Tidke et al., 2018)
		Luteolin	Following docking investigations, luteolin binds to the catalytic iron atom in 5-LOX and generates stabilizing hydrogen bonds with His367 and Thr364. Luteolin binding ACE-2 with binding energy -8.9 kcal.mol ⁻¹ .	(Kutil et al., 2014) (Alzaabi et al., 2022)
		Apigenin Hesperetin	Apigenin binding ACE-2 with binding energy -8.5 kcal.mol ⁻¹ . Hesperetin functions as an <i>in silico</i> inhibitor of the SARS spike glycoprotein- Human ACE2 complex with an affinity of -9.2 kcal.mol ⁻¹ .	(Alzaabi et al., 2022) (Cheke et al., 2021)
Tyrosinase inhibitor	Binding active site tyrosinase enzyme.	Naringenin Catechin	Naringenin binds ACE-2 with binding energy -8.5 kcal.mol ⁻¹ . Catechin had a lower docking score (-9.58 kcal.mol ⁻¹) than the inhibitor kojic	(Alzaabi et al., 2022) (Abdelfattah et al., 2022)

Table 3 (continued)

Cosmetic properties	The main mechanism	Selected flavonoids	In silico activity	Reference(s)
	Hydrophobic interaction and hydrogen bond with amino acid residues.		acid (-7.99 kcal.mol ⁻¹) when it came to binding to the active site of the tyrosinase enzyme. Tyrosinase was the target protein, and catechin's binding energy to it was - 7.64 kcal.mol ⁻¹ via H-bond (HIS296). Compared to kojic acid, the energy value was lower (-5.03 kcal.mol ⁻¹). It proved that kojic acid and catechin have	(Laksmiani et al., 2020)
		Daidzein	different levels of affinity. Daidzein isolated from the root of <i>Pueraria lobata</i> inhibited mushroom tyrosinase activity with a docking score of -7.09 kcal.mol ⁻¹ . The docking score is lower than the positive control (koiic acid) $= 5.5$ kcal mol ⁻¹ .	(Wagle et al., 2019)
		Luteolin	The binding energy of luteolin on tyrosinase enzyme was -6.19 kcal.mol ⁻¹ which was lower than kojic acid (-5.5 kcal.mol ⁻¹). The interactions that occur are H-bond interaction (Cys83, Gly245, Ala246, Val248), electrostatic interaction (Glu322), and hydrophobic interaction (His85 and Val248).	(Wagle et al., 2018) (Jakimiuk et al., 2021)
		Hesperetin	Luteolin binds the mushroom tyrosinase with a docking score-7.9 kcal.mol ⁻¹ . The hydroxyl group on Ring B of luteolin formed H-bond with Glu322. Hesperetin chelates a copper ion that combines with three histidine residues (HIS259, HIS85, and HIS61) within the active site to inhibit tyrosinase in the	(Si et al., 2012)
		Naringenin	competitive pathway (KI=4.030±26 mM). Naringenin is a similar compound to 2S-Pinocembrin which has one H-bond on the active site of the twosin see argume.	(Lall et al., 2016)
Elastase inhibitor	 Binding the active site of elastase enzyme and MMPs. Hydrophobic interaction and hydrogen bond with amino acid residues. 	Catechin	Catechin had the best docking score (-20.36 kcal.mol ⁻¹) on binding the active site of elastase enzyme compared to -13.32 kcal.mol ⁻¹ of kojic acid as an inhibitor. Hydrogen bonding interactions with Pro232 and Arg 249 and hydrophobic contacts to Lys233, Lys241, and Val243.Catechin binds MMP1 with binding affinity -8.5 kcal.mol ⁻¹ . Possible binding sites were ARG214, HIS218, ASN180, SER239. Common residues were HIS218, GLU219, SER239, PRO238, ARG21. Catechin also binds MMP8 with binding affinity -8.8 kcal.mol ⁻¹ . Possible binding sites were ALA161, VAL194, HIS197, LEU214, TRY219, ASN218, PRO217. Common residues were LEU160, TRY216, ASN218,	(Abdelfattah et al., 2022) (Kose et al., 2020)
		Luteolin	LEU214, GLU198, PRO217, HIS197, GLU198, ALA161. Luteolin binds MMP8 with a binding affinity was -10.1 kcal.mol ⁻¹ . Possible binding sites were LEU160, LEU214, PRO217, TYR216, ARG222, GLU198, ALA161. Common residues were LEU160, TRY216, ASN218, LEU214, GLU198, PRO217, HIS197, GLU198, ALA161. Luteolin also binding MMP11 with a binding affinity was -10 kcal.mol ⁻¹ . Possible sites were HIS219, LEU181, LEU236, SER238, PHE240, TYR241, VAL216, GLN215. Common residues were THR202. ASP200, GLU201. GLN12. GLN208, TYR241.	(Kose et al., 2020)
		Apigenin	Apigenin binds MMP2 with a binding affinity was -9 kcal.mol ⁻¹ . Possible binding sites were VAL198, ILE222, ALA220, PRO215, LEU218, HIS201, TRY223. Common residues were VAL198, ILE222, ALA220, LEU218, LEU197, HIS201, TRY223.	(Kose et al., 2020)
		Naringenin	Naringenin binds MMP8 with binding affinity was ALA112, ASP115, THR224, ARG111, GLU108, SER105. Common residues were LEU160, TRY216, ASN218, LFU214, CU1198, PRO217, HIS107, CU1198, ALA161	(Kose et al., 2020)
Collagenase inhibitor	 Binding collagenase enzyme. Hydrophobic interaction and hydrogen bond with amino acid residues. 	Catechin	Catechin showed strong binding at the active site of callagenase enzyme with a docking score of -12.71 kcal.mol ⁻¹ . The docking score of catechin is lower than quercetin as the positive control (-12.20 kcal.mol ⁻¹) Epigallocatechin gallate binds collagenase with a docking score of -9.93 kcal.mol ⁻¹ . Hydrogen bonds: Gly158, Leu160, Ala161, Tyr189, Tyr219, Ala220. Hydrophobic interactions: Leu160, His197. Electrostatic interaction: Glu198.	(Abdelfattah et al., 2022) (Priani and Fakih, 2021)
		Luteolin	Luteolin binds collagenase with a docking score of -11.0 kcal.mol ⁻¹ . Residue interactions were LEU235, SER239, VAL215, HIS218, LEU181.	(Syamsul et al., 2022)
Hyaluronidase inhibitor	 Binding active site hyaluronidase enzyme. Hydrophobic interaction and hydrogen bond with amino acid residues. 	Catechin	Catechin contained in <i>Warburgia salutaris</i> bark aqueous extract binding active site on hyaluronidase enzyme with docking score -13.73 kcal.mol ⁻¹ . The docking score of catechin is lower than kojic acid as the positive control (-9.10	(Abdelfattah et al., 2022) (Younis et al., 2022)

(continued on next page)

Table 3 (continued)				
Cosmetic properties	The main mechanism	Selected flavonoids	In silico activity	Reference(s)
			kcal.mol ⁻¹).	
			Epigallocatechin gallate binds hyaluronidase enzyme with a docking score of - 8.9 kcal mol ⁻¹ via H-honds (ASP56 ASP111 TRP301 SEP304) and hydronhohic	
			interactions (ASP111, GLU113, TRP301).	
		Daidzein	Daidzein binds energy with an active site in hyaluronidase (-27.08 kJ mol ⁻¹).	(Zeng et al., 2015)
			Besides, daidzein binding amino acids via hydrophobic interaction,	
			hydrophilic interaction, and hydrogen bond.	
		Luteolin	Luteolin binds energy with an active site in hyaluronidase (-25.03 kJ mol ⁻¹).	(Zeng et al., 2015)
			Besides, daidzein binding amino acids via hydrophobic interaction,	(Syamsul et al., 2022)
			hydrophilic interaction, and hydrogen bond.	
			Luteolin binds hyaluronidase with a docking score -6.8 kcal.mol ⁻¹ . Residue	
			interactions were ASP111, GLU113, TYR55.	
		Apigenin	Apigenin binds hyaluronidase enzyme with binding energy-56.15 kcal.mol ⁻¹ .	(Mumpuni and Mulatsari,
				2017)
		Naringenin	Naringenin binds energy with an active site in hyaluronidase (-24.28 kJ mol ⁻¹). Besides, daidzein binding amino acids via hydrophobic interaction, buddenbuild interaction, and hydrophobic interaction.	(Zeng et al., 2015)
			пуагорилис инстасиоп, ана пуагоден ропа.	

immune defense through inflammation. Inflammation is divided into two categories: acute and chronic inflammation. Immediately after tissue damage, acute inflammation usually progresses. Meanwhile, chronic inflammation lasts longer and histologically in the presence of lymphocytes and macrophages, producing fibrosis and tissue necrosis (Goh et al., 2022). The symptoms of inflammation are redness, swelling, and heat (Actor and Smith, 2018; Ganesh et al., 2014).

Initially, external stimuli (microbial infectious organisms, toxins, chemicals, wounds, and allergens) and internal stimuli (ischemia and trauma) will activate immune cells, such as myeloid leukocytes (neutrophil, eosinophil, basophil, mast cells, monocyte, macrophage, dendritic cell), lymphoid leukocytes (B cell, plasma cell, T cell), and non-leukocytes (platelet, fibroblast, endothelial cell). When these immune cells are activated, ROS and RNS are produced, which in turn trigger the activation of NF- κ B, activator protein 1 (AP-1), and JAK-STAT. Pro-inflammatory enzymes such as iNOS, PLA2, COX-1, COX-2, and LOX are encouraged to be expressed. Furthermore, the inflammatory cytokines: TNF- α , IL-1 β , IL-6, and MCP-1 also result in inflammation (Actor and Smith, 2018; Ganesh et al., 2014; Kim and Heo, 2022; Lin et al., 2018).

The structural element of flavonoids is essential for their antiinflammatory properties. The flavonoids' planar ring structure and the hydroxyl groups in ring B's locations at 3' and 4' impact this. Inhibiting transcriptional signaling circuits like AP-1, JAK-STAT, and NF- κ B is indeed a mechanism of flavonoids' antiinflammatory action. This process will reduce the inflammatory reaction (Al-Khayri et al., 2022). Catechin, daidzein, formononetin, glycitein, luteolin, apigenin, hesperetin, naringenin, and negletein were reported in the regulation of this inflammation, as shown in Table 3-6.

3.3. Photoprotective activity

ROS and RNS can be generated from endogenous sources and exogenous sources. Endogenous sources are mitochondrial electron transport chain (ETC), endoplasmic reticulum (ER), peroxisomes, membrane-bound nicotinamide adenine dinucleotide phosphate (NADPH) oxidase, lipoxygenase, and cyclooxygenase. Meanwhile, exogenous sources include smoking, UV radiation, ozone, heavy metals, foods, consuming alcohol, and medicines. To defend ROS and RNS, we have internal antioxidants in our body, which are divided into non-enzymatic systems (glutathione/GSH, thioredoxin/TRX, lipoic acid, and ferritin); and enzymatic systems (SOD, CAT, GPX, glutathione reductase/GSR, and glutathione transferase/GST). On the other hand, external antioxidants are vitamins, carotenoids, and polyphenols (flavonoids and phenolic acids). At low concentrations, ROS and RNS are beneficial in regulating processes involving the maintenance of homeostasis and cellular functions. However, if our antioxidant systems work to overcome the defense of ROS and RNS, leading to the release of free radicals and oxidative stress. Oxidative stress can induce DNA oxidative damage, lipid peroxidation, and protein oxidation, which contribute to many diseases such as cardiovascular, cancers, diabetes, and food allergies (Aranda-Rivera et al., 2022; Sharifi-Rad et al., 2020; Vona et al., 2021). Over-exposure to UV radiation is one type of free radical mechanism. These free radicals will reduce collagen and elastin in the skin: thus, the skin becomes wrinkled (de Paula Corrêa et al., 2021: Permana et al., 2020: Stevanato et al., 2014).

UVA (320–400 nm) emission into the atmosphere singlet oxygen and hydroxyl-free radicals by penetrating deeper layers of the skin's dermis and epidermis (by about 1 mm) as the first step for photoaging oxidation of melanin and immediate pigmentation for several hours. Meanwhile, chromophores in the epidermis (160–180 m) absorb 70 % of UVB radiation (290–320 nm). It causes erythema and sunburns, then triggers melanin production by mel-

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Selected flavonoids of S. littoralis Hassk. in cosmetic properties based on in vitro activity.

Cosmetic properties	The main mechanism	Selected flavonoids	In vitro activity	Reference(s)
Antioxidant activity	 Scavenger ROS and RNS with 2,2-diphenyl-1-picrylhy-drazyl (DPPH) and (2,2'-azino-bis(3-ethylbenzothiazo-line-6-sulfonic acid)) (ABTS) measurements. Chelating metal ions. Inducing SOD, CSH, and CAT 	Catechin	Green tea contains $(-)$ -catechin and $(-)$ -Epigallocatechin-3-gallate (EGCG), compounds that work directly to scavenge ROS and chelating agent metal ions.	(Bernatoniene and Kopustinskiene, 2018)
		Daidzein	Daidzein from Thai fermented soybean as ROS scavenger.	(Kulprachakarn et al., 2021)
		Formononetin	Formononetin has a scavenging capacity against reactive oxygen (94.79%, IC ₅₀ 4.27 μ g/mL) and reactive nitrogen species (94.33%, IC ₅₀ 5.0 μ g/mL).	(Vishnuvathan et al., 2017)
		Glycitein	Glycitein from Thai fermented soybean as ROS scavenger.	(Kulprachakarn et al., 2021)
		Luteolin	Luteolin as antioxidant has IC ₅₀ DPPH = 2.099 \pm 0.0587 µg/mL and IC ₅₀ ABTS = 0.59 \pm 0.0208 µg/mL.	(Tian et al., 2021)
		Apigenin Hesperetin	Apigenin as antioxidant has IC_{50} ABTS = 0.8243±0.0044 µg/mL. By upregulating the development of the transcription nuclear factor-erythroid factor 2 (Nrf2) and heme oxygenase-1 (HO-1), hesperetin acts as a ROS scavenger and enhances the body's natural antioxidant defence systems. Hesperetin also prevented apoptotic cell death and elevated GSH, CAT, and SOD synthesis in retinal pigment epithelia 19 (RPE-19) cells, protecting them from oxidative stress.	(Tian et al., 2021) (Khan et al., 2020)
		Naringenin	Naringenin at 5 and 10 μ M concentrations can inhibit NADPH oxidase (the cell interval levels decreased to 2.0 and 1.3) which produces superoxide anion and increases HO-1 gene expression (the cell increased to 0.7 and 0.9) thereby naringenin can reduce aging effects.	(Lim and Kim, 2018)
		Negletein	Negletein at 10 μ M concentration can be a strong radical scavenger in the DPPH mechanism.	(Lombardo et al., 2013)
		Kaempferide	Kaempferide isolated from <i>Alpinia galanga</i> L. showed the highest superoxide scavenging property with an EC_{50} value of 868 ppm.	(Divakaran et al., 2013)
Anti-inflammatory activity	■ Reducing pro-inflammatory enzymes in culture cells (RAW264.7 macrophage cells).	Catechin	Catechin at 100 μM inhibited 56.25±0.99% NO production in RAW264.7 macrophage cells.	(Divakaran et al., 2013)
	 Suppressing the regulation of signalling pathways. Downregulating pro-inflammatory cytokines. Increasing ACh content and AChE expression. 	Daidzein	The <i>in vitro</i> results showed that daidzein suppressed MAPK signalling pathways, reducing NO release, inhibiting secretions of inflammatory cytokines (IL-6 and TNF- α), and down-regulating expression of inflammatory indicators (iNOS and COX-2) in RAW264.7 macrophages.	(Tan et al., 2022)
		Formononetin	Formononetin inhibits inflammatory responses (IL-1 β , IL-6, and TNF- α) and suppressed NF- κ B activity in mast cells-mediated allergic inflammation.	(Xu and An, 2017)
		Glycitein Luteolin	Glycitein from soybean cultivar inhibits nitric oxide (NO) production in RAW264.7 cells. Considering respective IC_{50} values of 54:45 2:89, 93:62 3:04, and 56:60 2:34 µg/mL, in vitro anti-inflammatory tests utilizing membrane stabilization, protein denaturation, and proteinase activities demonstrated the efficiency of the dietyl-ether fraction of <i>Thespesia garcheang</i> with rich of luteolin	(Eum et al., 2020) (Alozieuwa et al., 2022)
		Apigenin Hesperetin	Apigenin inhibits pro-inflammatory cytokines (IL-1 β , IL-6, and TNF- α) in macrophages Hesperetin at a concentration of up to 100 μ M reduced NO and prostaglandin E2 (PGE ₂) production and at a concentration of 50 μ M reduced TNF- α and IL-6 levels in RAW264.7 cells.	(Zhang et al., 2014b) (Choi et al., 2022)
		Naringenin	Naringenin has inhibitory activity on NF- κ B and decreases matrix metalloproteinase expression level.	(Lim and Kim, 2018)
		Negletein	Negletein from <i>Actinocarya tibetica</i> Benth. has promising anti-inflammatory in inhibition of TNF- α (IC ₅₀ 16.4 μ M) and IL-1 β (IC ₅₀ 6.4 μ M).	(Singh et al., 2013)
Photoprotective activity	High SPF.Prevented UVB and UVA.	Catechin	Catechin (homolog) as UVB photoprotector with minimal sun protection factor value (SPF=7.3).	(Stevanato et al., 2014)
		Daidzein	A combination of 30 μ M daidzein and 60 μ M genistein more effectively prevented UVB-induced DNA damage.	(Bevilacqua et al., 2011)
		Formononetin	Formononetin is very effective in reducing erythema through treatment and irradiation procedures.	(Lin et al., 2008)
		Glycitein	The glycitein nanoemulsion which is calculated in the skin layer can be maintained after 8 hours of skincare with a formulation that can protect the skin from UV exposure.	(Nemitz et al., 2019)

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Table 4 (continued)

Cosmetic properties	The main mechanism	Selected	In vitro activity	Reference(s)
		Luteolin	During IIV radiation absorption luteolin prevented the development of cyclobutane	(Wölfle et al. 2011)
		Lucconn	pyrimidine dimers (CPD in cell culture (the human keratinocyte cell line HaCaT).	(Wonie et al., 2011)
		Apigenin	Apigenin (homolog) as UVB photoprotector with moderate sun protection factor value (SPF=28.8).	(Stevanato et al., 2014)
		Hesperetin	Hesperetin with D-limonene and lecithin reduced skin erythema.	(Saija et al., 1998)
There a large in 1, 11, 14, 14	- Dia dia a dia antiana dia afitamata ana amin'ny fi	Naringenin	Naringenin is a UVB photoprotector with a high sun protection factor value (SPF=12.3).	(Stevanato et al., 2014)
Tyrosinase inhibitor	 Binding the active site of tyrosinase enzyme. Preventing melanin formation 	Catechin	Hop fannin's catechin prevents tyrosinase by attaching to its active site and creating a hydrogen bond with that as well	(Liu et al., 2022)
	Treventing metanin formation.	Daidzein	Daidzein from Aspergillus orvzae acted competitive inhibition toward the L-tyrosinase	(Chang et al., 2007)
			binding site of tyrosinase (KI= 19.4 \pm 0.4 μ M).	
		Formononetin	From <i>Sophora flavescens</i> , formononetin was extracted and showed potent in vitro	(Kim et al., 2018b)
		Glycitein	Clycitein from Aspergillus arvzae showed competitive inhibition toward the L-tyrosinase	(Chang et al. 2007)
		diyettem	binding site of tyrosinase (KI= $50.6\pm 8.76 \mu$ M).	(chang et al., 2007)
		Luteolin	Kinetic studies showed that luteolin followed reversible noncompetitive inhibition on tyrosinase activity.	(Zhang et al., 2017)
		Apigenin	Apigenin in Artocarpus heterophyllus inhibited mushroom tyrosinase (IC ₅₀ 656 μ M)	(Arung et al., 2006)
		Hesperetin	Tyrosinase was competitively and reversibly inhibited by hesperetin with a KI of 4.03±0.26 mM.	(Si et al., 2012)
		Naringenin	(-)-naringenin from <i>Prunus persica</i> has 57% tyrosinase inhibitory activity at 500 μ M	(Murata et al., 2022)
Elactaça inhibitor	Peducing elastace onzume activity in culture cells (HacaT	Catachin	(recommendation for skin-whitening agent).	(Wittenauer et al
	 Reducing elastase elizyme activity in currer cens (flaca) cells, glioma cells). Inhibiting MMPs expression 	Catechin	inhibition of elastase activity with an IC_{50} value of 14.7 µg/mL.	2015)
		Daidzein	Daidzein has elastase inhibition activity with IC_{50} 57.35±5.64 µg/mL.	(Juliana et al., 2020)
		Formononetin	Formononetin contained in Pisa sulla extract at 250 μ g/mL concentration reduced >20%	(Burlando et al., 2017)
			elastase activity.	(1
		Glycitein	Glycitein significantly inhibited >90% of the expression of MMPs in glioma cells. Luteolin has anti-elastase activity with $I_{C_{22}}$ 12.7±0.5 µM	(Lee et al., 2010) (Ruy et al., 2017)
		Luconn	Luteolin inhibited MMP-1 activity in HacaT cells.	(Hwang et al., 2017)
		Apigenin	Apigenin has anti-elastase activity with IC ₅₀ 46.1 \pm 0.9 μ M.	(Ryu et al., 2017)
		Hesperetin	Hesperetin has 47.71% MMPs inactivation	(Liu et al., 2017)
		Naringenin	Naringenin has anti-elastase activity with IC_{50} 84 μ M.	(Jakimiuk et al., 2021)
		Kaemnferide	Namigenin has 64.69% MMPS inactivation. Kaempferide at 1 JM significantly decreases the release of elastase by neutrophils	(Cranica et al. 2017)
Collagenase inhibitor	■ Reducing collagenase activity in culture cells (RAW264.7	Catechin	Unfermented cocoa from Malaysia contains epicatechin can inhibit 62.99% collagenase	(Abdul Wahab, 2014)
	macrophage cells).		activity.	(Lee et al., 2020)
			The roots bark of <i>Ulmus davidiana</i> var. <i>japonica</i> contains (-)-catechin, which greatly inhibited collagen formation.	
		Daidzein	Daidzein has anti-collagenase activity with IC_{50} 98.18 µg/mL.	(Alqodri et al., 2020)
		Formononetin	Formononetin contained in <i>Pisa sulla</i> extract at 2.5 mg/mL concentration and <i>Ventimiglia</i>	(Burlando et al., 2017)
		Anigenin	In RAW264.7 macrophage cells anigenin at 500 M reduced collagenase activity by 85.3%	(Lee et al. 2007)
		Naringenin	Citrus fruits containing naringenin can prevent the degradation of dentin collagen (80%).	(Liu et al., 2017)
Hyaluronidase	Maintaining skin moisture.	Catechin	In green tea (Camellia sinensis)-derived HaCaT cells, EGCG boosted the synthesis of skin-	(Kim et al., 2018a)
inhibitor	■ Inhibiting hyaluronidase activity in culture cells (HacaT		hydrating genes by acting as a hyaluronidase inhibitor.	
	cells).	Daidzein	Daidzein has effectively inhibited the hypluronidase ensume with $I_{\rm c} = 05.80\pm2.09$ ug/	(Asan et al. 2010)
		Daluzeni	mL.	(13011 Ct dl., 2013)
		Luteolin	Luteolin has 29.10±1.27% hyaluronidase inhibition at 50 μ g/mL.	(Süntar et al., 2012)
		Apigenin	Apigenin has hyaluronidase inhibition with IC_{50} 162.86 mg/mL.	(Yusuf et al., 2021)
		Hesperetin	In the presence of hyaluronidase, hesperetin defends oocytes against oxidative damage	(Kim et al., 2019)
		Naringenin	ournig <i>in vitro</i> aging. Naringenin has 9 58+0 25% hyaluronidase inhibition	(Moon et al. 2009)
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Selected flavonoids of S. littoralis Hassk. in cosmetic properties based on in vivo activity.

Cosmetic properties	The main mechanism	Selected flavonoids	In vivo activity	Reference(s)
Antioxidant activity	Increasing the levels of antioxidant markers: SOD, total antioxidant capacity (T-AOC), CAT, and GSH; also decreas- ing the levels of malonaldebyde (MDA) in animal models.	Catechin	Catechins isolate of <i>Uncaria gambier</i> (Roxb.) with a dose of 20 mg/kg.bw decreased the levels of MDA by 57.63% in male rats. It indicated catechins gave a strong antioxidant effect.	(Musdja et al., 2018)
		Daidzein	Daidzein contained in soy isoflavones at the rate of 100 mg/day increased feed dry matter intake, enhanced accumulation of SOD and T-AOC, and inhibited the serum MDA and GSH in Xinong Saanen goats. Daidzein 50 mg/kg added to the diet through an extended period increased SOD and CAT activity while lowering MDA levels in the pig plasma.Daidzein significantly elevated the levels of CAT (6%) and SOD (<i>P</i> <0.01) in rats' livers. Injections of vehicle H ₂ O (1 mL/kg bw) and isoflavones (daidzein and genistein) for 1 week each significantly reduced the levels of reactive nitrogen species, such as serum nitrite, nitrate, and nitrotyrosine in lipopolysaccharide (LPS)-induced rats.	(He et al., 2021 (Li et al., 2021) (Banz et al., 2004) (Yen and Lai, 2003)
		Formononetin	The Nrf2-driven antioxidant defense system was promoted by formononetin in the skin flap of male mice, and active Nrf2 was controlled through the phosphoinositide 3-kinase (PI3K/Akt) signal pathway. In the ethanol-induced rat ulcer model, red propolis (250 and 500 mg/kg) and formononetin (10 mg/kg) lowered total lesion areas, and in the indomethacin- induced rat ulcer model, they decreased ulcer indices thereby inducing SOD and nitric oxide enzymes; and reduce the release of MDA.Formononetin was able to improve antioxidant enzymes (CAT, SOD, and GSH). Formononetin additionally provided a defense against lipid peroxidation (LPO).	(Li et al., 2022) (de Mendonça et al., 2020) (Jain et al., 2020)
		Glycitein	Following a single dose of glycitein, three oxidative and two bacterial metabolites were found in rat urine as a result of the in vivo metabolism	(Rüfer et al., 2007)
		Luteolin	PbAc-treated rats displayed significantly reduced levels of antioxidant enzyme expression and activity (SOD, CAT, glutathione reductase/GR, and GPX,) as well as elevated MDA levels when compared to the control rats	(Jameel et al., 2020)
		Apigenin	After three days of spinal cord injury, apigenin administration (20 mg/kg dosage) restored the decline in SOD and CPV activity and the rice in MDA levels	(Zhang et al., 2014a)
		Hesperetin	In the rat hippocampus region, hesperetin and nano-hesperetin elevated the activity of antioxidant enzymes (SOD, glutathione GPX, GR, and CAT), GSH levels, and lowered MDA. Hesperetin 20 mg/kg b.w. given orally significantly improved the level of antioxidants (SOD, CAT, and GPX) in 7,12-dimethylbenz(a)anthracene (DMBA) nainted group 3 hamsters	(kheradmand et al., 2018) (Babukumar et al., 2017)
		Naringenin	Catalase activity carried on by UVB exposure in mice could be inhibited by formulations containing paringenin	(Martinez et al., 2016)
Anti-inflammatory activity	 Increasing the activity of ACh, choline acyltransferase (ChAT). Decreasing the activity of AChE, iNOS, COX-2, proinflammatory cytokines (TNF-α, IL-1β, IL-6), and inflammatory path- 	Catechin	In a high-fat diet (HFD) produced by diabetic rats with cognitive impairment, catechin was discovered to raise ACh product, ChAT production, and inhibit AChE performance. In mice treated with D-galactose, epigallocatechin substantially reduced the	(Kim et al., 2021, 2020) (Zeng et al., 2020)
	way (NF-κB) in animal models.	Daidzein	levels of TNF- α , IL-1 β , and IL-6. Pro-inflammatory cytokines such as TNF- α , IL-1 β , IL-6, and MCP-1 were dramatically lowered in rats by daidzein at a level of 20 mg/kg.	(Deng et al., 2021) (He et al., 2021)
		Formononetin	The inflammatory response (IL-6, TNF- α , and IL-1 β) to cerebral ischemia- reperfusion injury (CIRI) in mice can be inhibited by the formononetin from <i>Trifolium pratense</i> L.	(Wang et al., 2022) (de Mendonça et al., 2020)
			Red propolis' formononetin suppressed the expression of inflammatory cytokines such as TNF- α , NO, and IL-6.	
		Glycitein	In dietary soybean extract treatments including glycitein, UV-induced pro- inflammatory cytokines (TNEy, 11-18) ware reduced in bairless mice	(Cho et al., 2019)
		Luteolin	Luteolin prevented mice from suffering from acute lung injury (ALI) brought on	(Li et al., 2012)

(continued on next page)

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Table 5 (continued)
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Cosmetic properties	The main mechanism	Selected flavonoids	In vivo activity	Reference(s)
			by LPS by inhibiting the production of TNF- α , IL-6, iNOS, and COX-2. In male Wistar rats given 10 mg/kg of lipopolysaccharide (LPS) and 50 mg/kg of luteolin, luteolin reduced LPS-induced NF- κ B expression in the lung but not in the heart or brain cortex.	(Rostoka et al., 2010)
		Apigenin	In the liver of mice treated with carbon tetrachloride (CCl ₄), apigenin treatment was able to reduce the messenger ribonucleic acid (mRNA) expression of inflammatory mediators such as iNOS, COX-2, and TNF- α . Apigenin treatment	(Zhao et al., 2014) (Zhang et al., 2014a)
		Hesperetin	In rats, blood levels of IL-1 β , TNF- α , and intercellular adhesion molecule-1 were lower 3 days after spinal cord injury. Pretreatment with hesperetin substantially reduced the mRNA levels of TNF- α and IL-6 in mice lung tissues injured by LPS.Treatment with hesperetin inhibited	(Ye et al., 2019)(Ma et al., 2015)
		Nasiawasia	the activation of the NF- κ B pathway and reduced the production of TNF- α , IL-1 β , and IL-6 in ventilator-induced acute lung injury in rats.	
		Naringenin	(TNF- α , IL-1 β , IL-6, and IL-10) in mice. Naringenin at a dose of 100 mg/kg bw significantly decreased inflammatory.	(Martinez et al., 2016) (Ali et al., 2017) (Fouad et al., 2016)
			responses (NF- κ B and COX-2) in rats-induced benzo[a]pyrene. Naringenin uses its anti-inflammatory capabilities, such as lowering NF- κ B, iNOS, and TNF- α , to protect rats from LPS-induced acute lung damage.	(10444 ct 41, 2010)
Photoprotective activity	To protect skin from UV-irradiation in animal models.	Catechin	The UVB-induced expression of COX-2 in the skin of the wild-type mice was decreased substantially after drinking green tea with catechins	(Meeran et al., 2009)
		Daidzein	In a hairless model, oral administration of soybean extract containing daidzein demonstrated photoprotective benefits (protection against UVB irradiation)	(Cho et al., 2019)
		Formononetin	Red propolis extract containing formononetin, which has photoprotective action against UVB-induced dermatitis in rats.	(Batista et al., 2018) (Lin et al., 2008)
		Glycitein	photoprotection of isoflavones containing formononetin had effective photoprotection against UV photodamage in pig skin. Oral intake of soybean extract containing glycitein showed photoprotective	(Cho et al., 2019)
		Luteolin	advantages in a hairless mice model (protection against UVB irradiation). Luteolin alleviates UV-induced skin damage in Wistar albino rats.Luteolin suppressed the in vivo production of UVB-induced cyclobutane pyrimidine	(Abbas et al., 2022) (Wölfle et al., 2011)
		Hesperetin	dimers. Hesperetin prevented UVA-induced MMP-1 in mouse skin from aging. Hesperetin was able to against UVB-induced skin damage.	(Chaiprasongsuk and Panich, 2022)(Saija et al., 1998)
Tyrosinase inhibitor	Promoting topical whitening in animal models	Naringenin Catechin	Naringenin was effective in preventing skin damage from UVB rays. The catechin-rich <i>Warburgia salutaris</i> extract was able to inhibit HSP16 expression and promote DAF-16 nuclear localization in a dose-dependent manner. These results support the extract Elegans nematodes model's <i>in vivo</i>	(Saija et al., 1998) (Abdelfattah et al., 2022)
		Hesperetin	anti-aging potential. In comparison to the non-treatment group, the hesperetin-loaded microemulsion in male guinea pigs significantly reduced skin irritation and promoted topical	(Tsai et al., 2010)
Elastase inhibitor	Reducing MMPs activity in the animal model.	Daidzein	whitening. Dietary phytoestrogens containing daidzein educed MMPs activity in male mice.	(Lu et al., 2014)
Collagenase inhibitor	 Degradation collagen in a hairless animal model. Promotion of collagen in the animal model. 	Daidzein	Daidzein from soy isoflavones demonstrated good collagen breakdown in a hairless mice model. Daidzein activates the transforming growth factor β (TGF-beta/Smad) signal	(Kim et al., 2004) (Zhao et al., 2015)
		Glycitein	In a model using hairless mice, glycitein from soy isoflavones showed good	(Kim et al., 2004)
Hyaluronidase	Inhibition hyaluronidase activity in animal models.	Luteolin	Luteolin inhibited the hyaluronidase activity of venom dosage when	(Kuppusamy and Das 1991)
		Apigenin	Apigenin inhibited the hyaluronidase activity of venom dosage when administered to mice.	(Kuppusamy and Das 1991)

Selected flavonoids of S. littoralis Hassk. in cosmetic properties based on clinical activity.

Cosmetic properties	The main mechanism	Selected flavonoids	Clinical activity	Reference(s)
Antioxidant activity	Increasing the radical scavenging activity in human skin.	Catechin	Catechin-rich Yabukita and Benifuuki teas increased radical scavenging activity in human skin by 28 and 29%. respectively. For two weeks, each participant drank 600 mL of tea every day.	(Megow et al., 2017)
		Daidzein	Tofu containing daidzein has been shown to reduce coronary heart disease in both men and	(Ma et al., 2020)
			women in the United States, assuming that daidzein is an excellent antioxidant. In six healthy	(Fritz et al., 2003)
			women between the ages of 18 and 35, consumption of isonavones containing grychem (1.0 and 2.0 mg total isoflavones/kg bw/day for 3 weeks) was performed as an effective antioxidant	
		Glycitein	Consumption of isoflavones containing glycitein (1.0 and 2.0 mg total isoflavones/kg bw/day for 3	(Fritz et al., 2003)
			weeks) acted as a good antioxidant in 6 healthy women 18-35 years old.	
		Luteolin	The antioxidant effects of luteolin and palmitoylethanolamide on olfactory function recovery in	(D'Ascanio et al., 2021)
		Apigenin	Consuming 40 mg of anigenin is less than 1% of what is required for a significant therapeutic result	(DeRango-Adem and Blay.
			on cancer cell behavior, including free radical scavenging.	2021)
		Hesperetin	Hesperetin was quickly absorbed when taken orally and acted as an antioxidant in six healthy	(Kanaze et al., 2007)
		Naringonin	volunteers.	(Rechef et al. 2005)
		Nathigenin	in sweet juice decreased diastolic blood pressure and was related to higher plasma antioxidant	(Kanaze et al., 2007)
			levels.	(,
			In six healthy volunteers, naringenin was promptly absorbed when administered orally and worked as an antioxidant.	
Anti-inflammatory	Protecting human skin from sunburn information and information	Catechin	In a 12-week open oral intervention research, 16 healthy people were given low-dose green tea	(Rhodes et al., 2013)
activity	ated with many diseases		catechin (340 mg) and vitamin C (30 mg) daily. The results in numan skin contributed to	
	 Reducing IL-18 levels in postmenopausal 	Daidzein	In the United States, it has been demonstrated that tofu containing daidzein lowers inflammation	(Ma et al., 2020)
	women		related to coronary heart disease in both men and women.	
		Formononetin	When compared to the control diet, consuming soy nuts with formononetin (an isoflavone) reduced IL-18 levels in postmenopausal women over eight weeks.	(Azadbakht et al., 2007)
		Glycitein	For eight weeks, postmenopausal women who consumed soy nuts together with glycitein (an	(Azadbakht et al., 2007)
		· . ·	isoflavone) had lower IL-18 levels than those who had a control diet.	(77) 1 11 1 1 2012)
		Luteolin	37 children between the ages of 4 and 14 years ingested 2 capsules/20 kg (each capsule containing 200 mg of total luteolin and guercetin) over 4 weeks which demonstrated a significant reduction	(Theoharides et al., 2012)
			in inflammation-related disorders in humans.	
Photoprotective	■ To protect skin from UV radiation con-	Catechin	Consuming green tea polyphenols with a total catechin content of 1402 mg per day for 12 weeks	(Heinrich et al., 2011)
activity	taining UVA and UVB rays.		in a group of 60 female volunteers showed that it might protect skin from damaging UV rays and	
		Daidzein	Daidzein-containing sov products were consumed orally by thirty healthy women over eight	(Haron et al. 2020)
		Duluzem	weeks, and the results demonstrated significant photoprotection with minimum erythema dosage	(Huron et ul., 2020)
			to UVA increased by 60% and to UVB increased by 87%.	
		Glycitein	Over eight weeks, thirty healthy women consumed soy products containing glycitein orally, and	(Haron et al., 2020)
			increased by 60% and to UVB increased by 87%.	
		Hesperetin	Hesperetin formulations with enhancers (D-limonene and lecithin) were effective as topical	(Saija et al., 1998)
			photoprotective agents on six volunteers (25-35 years old).	
		Naringenin	As topical photoprotective agents in six participants (25-35 years old), naringenin formulations with ophancers (D. limonone and locithin) proved successful	(Saija et al., 1998)
Tvrosinase inhibitor	Reducing melanin formation	Daidzein.	For two months, the stabilized sov extracts reduced melanin production or suppressed the	(Petit and Piérard, 2002)
,	 Suppressing the tyrosinase activity 	Formononetin,	expression of tyrosinase in 50 South-East Asian women.	(
	 Making the skin brighter Reducing dark circles under the curs 	Glycitein	After 28 days of treatment with an anigenin-based regimen the skin was brighter (21%) and dark	(Arterbery and Cupta 2019)
		npigetititi	circles under the eyes were minimized (53%) in 25 healthy females.	(microery and Gupta, 2018)
Elastase inhibitor	 Improving the skin elasticity Increasing the elastic fibers 	Daidzein, Formononatir	After eight weeks of oral intake of 10 mg of isoflavone aglycones, Japanese women (30-40 years	(Izumi et al., 2007)
	 Reducing skin wrinkles 	Glycitein	control group.	(ACCOLSI-INELO EL AL, 2009)
	_ 0	-	For six months, 100 mg/day of an isoflavone-rich supplement enhanced the number of elastic	
			fibers in 22 postmenopausal women (75.8%).	

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Cosmetic properties	The main mechanism	Selected flavonoids	Clinical activity	Reference(s)
		Luteolin	The cream containing luteolin extracted from Artemisia iwayomogi showed effective anti-wrinkle results.	(Kim et al., 2019)
		Apigenin	Apigenin-based regimen enhanced skin elasticity (81%) after 56 days of treatment on healthy 25 females.	(Arterbery and Gupta, 2018) (Choi et al., 2016)
			The cream contained apigenin increased skin elasticity (43.4%) and dermal density (24.75%) in 40 women (30 years old) for 4 weeks of treatment	
		Hesperetin	A topical formulation containing 0.1% hesperetin and 0.1% sodium cyclic lysophosphatidic acid (NcPA) used for 12 weeks could enhance skin elasticity in 35 females.	(Sheen et al., 2021)
Collagenase inhibitor	 Increasing the number of collagens in the dermis Preventing collagen degradation. 	Daidzein, Formonoetin, Glycitein	During six months, 100 mg/day of an isoflavone-rich supplement enhanced the amount of collagen in the dermis in 25 postmenopausal women (86.2%).	(Accorsi-Neto et al., 2009)
		Luteolin	The cream containing luteolin extracted from Artemisia iwayomogi showed effective anti-wrinkle results.	(Kim et al., 2019)
		Apigenin	On healthy 25 females, an apigenin-based regimen resulted in skin that was younger (67%) and softer (90%) after 28 days of treatment.	(Arterbery and Gupta, 2018)
		Hesperetin	On 35 females, a topical composition containing 0.1% hesperetin and 0.1% NCPA used for 12 weeks could prevent collagen degradation and keep the structure of the dermal extracellular matrix.	(Sheen et al., 2021)
Hyaluronidase inhibitor	 Making skin hydrated Enhancing skin moisture 	Apigenin	Throughout 28 days of treatment, the skin of 25 healthy females was moisturized because of an apigenin-based regimen. During a 4-week treatment period, apigenin cream enhanced skin moisture (51.38%), skin texture and an another structure and structure (20.00000, 200000000000000000000000000000	(Arterbery and Gupta, 2018) (Choi et al., 2016)
		Hesperetin	evenuess (13:03:05), and transeptuential water loss (15:01:07) in 40 wonten (20 years out). Over 12 weeks, a topical composition combining 0.1% hesperetin and 0.1% NCPA might enhance stratum corneum hydration and make skin moisturized in 35 females.	(Sheen et al., 2021)

anocytes and DNA damage. The term "lipid peroxidation" describes UVA as ten times more effective than UVB (de Gálvez et al., 2022).

SPF refers to the lowest erythema dosage ratio between skin protected by sunscreen and skin that is not protected. This SPF measures the effectiveness of UV protection in preventing UVA and UVB sunburn. Quality sunscreen seems to have a high SPF value, and consumers increasingly prefer it. There are three SPF levels: minimum sun protection (SPF value from 2 to under 12), moderate sun protection (SPF value from 12 to under 30), and intense sun protection (SPF value \geq 30) (Letellier et al., 2022; Stevanato et al., 2014).

Flavonoids from natural plants have been reported as potential sun-protective agents. This is because of its ability to absorb spectrum in the UV region and have antioxidant activity: ROS and RNS scavengers (the ability to delocalize free electrons in molecules) (Rajan et al., 2018). The compound with a high SPF value is naringenin with SPF 12.3 (Stevanato et al., 2014). Several other flavonoids in *S. littoralis* Hassk. are listed in Table 3-6.

3.4. Anti-aging activity

Growing to older ages results in biological changes, including changes to the skin (Chalise, 2019). As the largest and outermost organ of the human body, the skin weight between 10 and 15 % of the total body weight (Gu et al., 2020). Skin aging can be affected by intrinsic and extrinsic skin aging. Age-related hormonal changes, such as the sex hormones (estrogens and progesterone's) gradually declining production throughout menopause, impact intrinsic skin aging. Meanwhile, smoking, air pollution, and continuous UV exposure can contribute to extrinsic skin aging (George et al., 2022; Gu et al., 2020; Papakonstantinou et al., 2012; Sifaki et al., 2019). UV radiation exposure can cause ROS and oxidative stress in the skin, a condition known as photoaging, linked to DNA damage and hyperpigmentation in the skin. ROS can activate matrix metalloproteinases (MMPs) by activating AP-1 and mitogen-activated protein kinase (MAPK). The extracellular matrix (ECM)'s collagen and elastin are degraded by MMPs, and the transforming growth factor- β (TGF- β /Smad) signaling pathway is decreased. MAPK activates NF-KB, JAK-STAT, and toll-like receptor (TLR) signaling pathways, as well as the arachidonic acid pathway (COX-1, COX-2, prostaglandin E₂, prostaglandin H₂, lipoxygenase), and pro-inflammatory cytokines, such as TNF- α , IL-1 β , and IL-6. Dryness, fine wrinkles, decreased elasticity, hyperpigmentation, increased thickness, rough textured skin, brittleness, and decreased collagen are the morphologies of skin aging (Gu et al., 2020; Khan et al., 2022a).

The skin has 3 layers: hypodermis, dermis, and epidermis. Melanocytes in the epidermis layer will produce melanin and play a role in ROS, RNS scavengers, and protection from microbial activity. In the dermis layer, there are ECM proteins. The main components of ECM of the skin are the fibrous proteins, such as elastin, collagen, and glycosaminoglycan. A reduction in protein will affect the health of the skin. Therefore, four enzymes play a role in skin changes: tyrosinase, elastase, collagenase, and hyaluronidase. Each of these enzymes has a different mechanism of action according to its function. For example, inhibition of tyrosinase will prevent the formation of melanin. Therefore, it is used as a whitening agent; elastase, collagenase, and hyaluronidase, contribute to the skin's degree of elasticity and maintain the human tissue's strength (supports the cellular structures), and moisturize the skin. The hypodermis layer also assists in storing energy reserves and shielding the skin from extreme cold and warmth (Pérez-Sánchez et al., 2018; Süntar et al., 2012).



Fig. 3. Chemical structure of HA disaccharide unit. HA is composed of polymeric disaccharides of p-glucuronic acid, and *N*-acetyl-p-glucosamine linked together by a glucuronidic bond (Fallacara et al., 2018).

3.4.1. Tyrosinase inhibitor

Two copper ions and three histidines are found in each of the active sites of the metalloenzyme tyrosinase (EC 1.14.18.1). Tyrosinase performs two chemical reactions: the first is the *o*-hydroxylation of monophenol (L-tyrosine) to *o*-diphenol (3,4-dihydroxyphenylalanine, L-DOPA), known as monophenolase or cresolase function; the subsequent is diphenolase function or catecholase: the oxidation of diphenol (L-DOPA) to *o*-quinone (dopa-quinone). Dark brown pigments called melanin were also created by the primary reaction followed by polymerization (Fig. 2) (Agarwal et al., 2019; Si et al., 2012).

Tyrosinase inhibitors have become whitening agents in cosmetics (Liu et al., 2022). Catechin, daidzein, formononetin, glycitein, luteolin, apigenin, hesperetin, and naringenin have been reported as tyrosinase inhibitors (Table 3-6).

3.4.2. Elastase inhibitor

Photoaging or photodamage due to UV exposure will impact skin elasticity. Elastase is a proteinase enzyme degrades elastin (a component of the vital protein in the ECM) through the MMPs family in the dermis layer by up to 4 %, reducing skin suppleness. Human endothelial cells, neutrophils, monocytes, and macrophages produce elastase (Abdul Wahab, 2014; Ambarwati et al., 2020; Jakimiuk et al., 2021). Thus, inhibition of elastase activity can prevent skin aging. Catechin, daidzein, formononetin, glycitein, luteolin, apigenin, hesperetin, naringenin, and kaempferide as elastase inibitors according to Table 3-6.

3.4.3. Collagenase inhibitor

The primary component of the dermis is collagen. Structurally, collagen as a macromolecule (\sim 300 kDa) contains three α peptide chains with a triple-helix structure and repeated sequences (Glycine-Proline-Hydroxyproline) (Fu et al., 2023; Xiao et al., 2023). Collagen types are categorized based on structural variety, the existence of extra, and non-helical domains, and their capabilities. Collagen types I-III, types V, XI, XXIV, and XXVII collagens form fibrils; collagen type IV forms basement membranes; collagen type VI forms microfibrillar connectivity or as unique beaded filament collagen. In addition, collagen type VII forms anchoring fibrils; collagen types VIII and X form hexagonal connectivity; collagen types IX, XII, XIV, XVI, XIX, XX, XXI, and XXII form fibrilassociated collagens with interrupted triple helices (FACITs): collagen types XIII, XVII, XXIII, and XXV form membrane-associated collagens with interrupted triple helices (MACITs) or transmembrane networks: collagen types XV and XVIII form multiple triple-helix domains and interruptions (MULTIPLEXINs); and the two unclassified collagen types, the type XXVI and XXVIII (Andriotis et al., 2023; Arseni et al., 2018; Mak and Mei, 2017; Sun et al., 2019; Uitto, 2019).

Type I collagen accounts for well with around 90 % of the organic mass of bone. Types I, III, IV, VI, VII, XIV, XIII, and XVII of collagen are also scattered across the skin layers. Wrinkles and fine lines will appear on the skin when the collagen content decreases. Collagenase plays a role in this degradation. The MMPs family member collagenase is also a member, and prolonged exposure to sunshine stimulates it (Andriotis et al. 2022; Mandrone et al.,



Fig. 4. The relationship between selected flavonoids of *S. littoralis* Hassk. and cosmetics properties. There are 10 selected flavonoids that have their activities in cosmetic properties, according to our review.

2015). Every year, the skin's collagen content declines by roughly 1 % (Warsito and Kusumawati, 2019). Selected flavonoids that can inhibit collagenase activity are catechin, daidzein, formononetin,glycitein, luteolin, apigenin, hesperetin, and naringenin, which can be observed in Table 3-6.

3.4.4. Hyaluronidase inhibitor

Aging of the skin will also induce dehydration of the skin cells. In order to break down the proteoglycan tissue into smaller hyaluronic acid (HA) fragments, hyaluronidase, an enzyme, hydrolyzes HA. This enzyme is also part of the ECM (Buhren et al., 2016). Disaccharide chains with repeated p-glucuronic acid and *N*acetyl-p-glucosamine joined by β 1,3- and 1,4-glycosidic linkages make up the chemical structure of HA (Fig. 3) (Fallacara et al., 2018).

According to its capacity to absorb liquid a maximum of 1000 times the volume, HA is in charge of preserving skin hydration (Warsito and Kusumawati, 2019). However, hyaluronidase activity will cause dry skin and skin allergies (Yusuf et al., 2021), thus increasing skin aging (Kim et al., 2018a, 2018b).

Catechin, daidzein, luteolin, apigenin, hesperetin, and naringenin have been reported as hyaluronidase inhibitors, according to Table 3-6. Based on data of selected flavonoids of *S. littoralis* Hassk. in cosmetic properties, then we can describe the relationship between the two as in Fig. 4.

4. Conclusions

Bajakah tampala (*S. littoralis* Hassk.) has high potency for herbal cosmetic properties. Some flavonoids, including catechin, daidzein, formononetin, glycitein, luteolin, apigenin, hesperetin, naringenin, negletein, and kaempferide have been reported as cosmetic properties. This data review is based on in silico, in vitro, in vivo, and clinical research on the activities of flavonoids in other extracts. The cosmetic properties are antioxidant activity, antiinflammatory activity, photoprotective activity, and anti-aging activity, including tyrosinase, elastase, collagenase, and hyaluronidase inhibitor. Further research is recommended to investigate these flavonoids in bajakah tampala as well as the activities against skin aging in cosmetic properties.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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