Preparation and characterization of bio-film composite based on high density polyethylene and oil palm trunk fiber

Polymers and Polymer Composites Volume 30: 1-8 © The Author(s) 2022 Article reuse guidelines: pub.com/journals-permissions DOI: 10.1177/09673911221095988 journals.sagepub.com/home/ppc **SAGE**

Waham Ashaier Laftah¹, Rohah A Majid² and Akos N Ibrahim³

Abstract

The effect of oil palm trunk (OPT) natural fibers used as reinforcement in High density polyethylene on the mechanical, biodegradation and water absorption properties of polyethylene films were investigated. The composites were formulated and prepared using twin-screw extruder while the hot compression molding machine was used to prepare the bio-films. The results showed that the incorporation of OPT fiber into the film enhanced the tensile modulus of the matrix while the tensile strength and elasticity reduced. The Young's modulus of the composites reached 4450 MPa at 20% OPT fiber load while tensile strength and elongation at break reached its lowest at 7.11 MPa and 2.13% respectively at the same fiber load. Water absorption and biodegradability of the composites improved when OPT fibers were added. The composite film with 20% fiber load showed the highest fungal growth.

Keywords

Bio-film, oil palm trunk fiber, tensile properties, biodegradation, water absorption

Received 12 January 2021; accepted 3 April 2022

Introduction

Researches have shown that the incorporation of natural fibers into engineering polymers reduces their environmental effect by enhancing the overall biodegradation properties of the polymers. Degradable natural resources such as starch and natural fibers can be used to produce eco-friendly packaging materials.¹⁻⁴ In addition, using these natural fibers reduces the total cost of products because of the low price of natural fibers in contrast to petroleum-based fibers. However, using natural fibers to produce polymer composites or to reinforce the polymer matrices might affect the processing temperatures and the hydrophilic nature of the final product.^{5–8}

Palm oil processing produces a variety of natural waste such as empty fruit bunch, mesocarp and trunk fibers. These waste are available in large quantity and are considered as free sources of cellulosic based raw materials for the industry. The inherent biodegradation properties of these waste can be transferred to the plastic films of High-density polyethylene (HDPE) after compounding. Oil palm fibers can be derived from the oil palm empty fruit bunch (OPEFB) and the mesocarp. OPEFB is most commonly used for composite materials and other applications as indicated in the literature.^{9,10} In addition, there are other waste produced from the oil palm tree such as oil palm frond (OPF) and oil palm trunk (OPT). Researchers have tried to use OPF for papermaking and as animal feedstock; while the soft part of the inner trunk of OPT is currently used as layering coating for plywood and as cereal.^{11,12} The chemical composition of oil palm trunk is 41.2% cellulose, 31.4% hemicelluloses, 17.1% lignin, 3.4% ash, 0.5% extractives, and 2.3% soluble ethanol. The lignin content in OPT fiber makes it possible for it to be used as fillers in hydrophobic polymer matrices such as HDPE.¹³

Corresponding author:

 $\mathbf{\hat{H}}$

Waham Ashaier Laftah, Department of Polymers and Petrochemical Engineering, College of Oil and Gas Engineering, Basra University of Oil an Gas, Basrah 00964. Iraq.

Email: waham1980@yahoo.com.my; waham@buog.edu.iq

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (https://creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE

and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage).

¹Department of Polymers and Petrochemical Engineering, College of Oil and Gas Engineering, Basra University for Oil and Gas, Basra, Iraq ²Department of Bioprocess and Polymer Engineering, School of Chemical and Energy Engineering, Faculty of Engineering, Universiti Teknologi Malaysia, Skudai, Malaysia

³Department of Science Laboratory Technology, School of Science Technology, The Federal Polytechnic, Kaura Namoda, Nigeria

HDPE has been used in a number of industrial applications due to its low cost, good mechanical properties and ease of processing.^{14,15} The poor natural biodegradation of HDPE is considered a disadvantage when it is used as a packaging material due to the environmental concern.

The purpose of using OPT fiber to produce the bio-film is to reduce cost and enhance the natural biodegradation properties of the HDPE, and consequently producing eco-friendly materials for packaging applications. The addition of natural fibers such as OPT to petroleum-based polymer may be the solution to improve biodegradation and reduce the overall cost of final products.^{11,16,17}

Experimental

Materials

High-density polyethylene (HDPE) resin was used as the matrix. It was supplied by Titan Petchem Malaysia. The density of HDPE was 0.96 g cm⁻³ and melting temperature (T_m) range from 130°C to 137°C. Oil palm trunk was supplied by Labu palm oil mill, Malaysia. Maleic anhydride (MA) was supplied by Shenzhen Jindaquan Technology Company. It was used as the compatibilizer. Glycerol was supplied by Hangsun Plastic Additives Company, Ltd. It was used as the plasticizer.

Preparation of bio-composite film

Oil palm trunk was pulverized using a grinder to obtain an average particle size of 200 µm. HDPE and OPT were dried in an oven for 24 hours at 70°C. HDPE, OPT and MA were measured and mixed at various ratios as shown in Table 1. Each formulation was mixed for 15 min at room temperature using high-speed mixer at 500 rpm. The Battenfeld BEX2-92-28V twin Screw extruder was used to compound the HDPE/OPT composites. The compounding process was carried out at a speed of 50 rpm and a temperature setting of 180, 185 and 190°C from the hopper to the die. The extruded composites were palletized using a palletizer. The palletized composites were molded into films with average thickness of 0.14 mm using the hot press compression molding machine. The mold containing the required material was placed in the press machine and preheated for 5 min without applying any pressure. This is to ensure uniform heat flow through the material. The composites were pressed at 165°C for 5 min and the resulting bio-composite film was chilled to room temperature for 15 min using cold press machine. The bio-composite film was then cut into the required shape. In this study, 5 phr of glycerol was used as a plasticizer for each sample formulation.

Sample testing

Melt flow index. The melt flow index test was used to analyze the melt flow behavior of the composites. The test was conducted according to ASTM D1238 using an extrusion plastometer model of S. A. Associates. The mass of extruded material was determined and the results were expressed in g/10 min.

Mechanical properties. The tensile strength, elastic modulus and elongation at break of the samples were determined using Instron 4411 universal testing machine under ambient conditions. The test was conducted according to ASTM D882. The gauge length was set at an average of 100 mm at a crosshead speed of 50 mm/min. Five specimens were tested for each formulation and the average value was reported.

Biodegradation. Biodegradation of the films were determined according to ASTM G21. It was used to evaluate the resistance of polymeric materials to fungi. Samples of 40x20 mm dimensions were tested using petri dishes containing sterile nutrient salts agar. The petri dish cover was sealed with wax to avoid any kind of contamination. The samples were incubated at 27–37°C for 12 days after which they were examined for evidence of colony growth. The fungal species were tested with *Aspergillus niger* ATCC 9642. The degraded samples were reweighed to determine the weight loss.

Table I.	Formulation	of HDPE/OPT	bio-composite	films.
----------	-------------	-------------	---------------	--------

	HDPE	OPT	
Samples	wt.%		Maleic anhydride (%)
Control sample	100	0	0
Sample I: (5% OPT)	90	5	5
Sample 2: (10% OPT)	85	10	5
Sample 3: (15% OPT)	80	15	5
Sample 4: (20% OPT)	75	20	5

Water absorption. The water absorption test was conducted to determine the water resistance of HDPE/OPT films. The test was conducted according to ASTM D570-98. Test specimens (with 5wt.% to 20wt.% OPT fibre loading) measuring $30 \times 5 \times 3$ mm in dimensions were dried at 40°C in a vacuum oven until they attain a constant dry weight. The specimens were then immersed in distilled water at room temperature for 72 hours. After 72 hours, the samples were withdrawn from the water, wiped with tissue paper and then weighed. The weight gain after 72 h was recorded. The weight gain by each sample was recorded and the percentage weight gain, M_t was determined using equation (1).

$$Mt(\%) = \frac{\text{final weight (wet) - initial weight (dry)}}{\text{initial weight (dry)}} \times 100$$
(1)

Morphological studies. The morphology of HDPE and HDPE/OPT films was studied using the Scanning electron microscope (Hitachi Scanning Electron Microscope Flex SEM 1000 model) at 500X magnification.

Differential scanning calorimetry. The melting and crystallization behavior of the blends were studied using Perkin-Elmer differential scanning calorimetry after calibrating the temperature with Indium. 5-8 mg of each sample was sealed in aluminium pan and used for the DSC measurement. Temperature was raised from 25 to 200°C at a heating rate of 10° C/min.

Results and discussion

Melt flow index

Table 2 shows the melt flow index (MFI) of the film samples. The MFI decreases as the OPT content increased from 5wt.% to 20wt.%. This was expected as similar results have been reported. The melt viscosity of the composite increased as OPT fiber loading increased. Melt flow index is an indirect measurement of melt viscosity.¹⁸ The increase in the melt viscosity of the matrix (HDPE) was attributed to the increased restriction of flow by the irregular size of OPT fibers.¹⁹

Tensile properties

Tensile properties such as tensile modulus, tensile strength and elongation at break of the composites are shown in Figure 1. The Young's Modulus (YM) of the HDPE matrix significantly increased after the incorporation of 20wt.% of OPT fibers. At 5 to 10wt.% of OPT fiber load, a small improvement in the YM was obtained. The tensile strength and percentage elongation were greatly reduced after the addition of OPT fibers (Figure 1(a) and (b)). There was a steady decline in tensile strength from 14 MPa at 5% of OPT load to 6 MPa at 20% OPT load. This steady decrease can be attributed to the poor interaction between HDPE and OPT as shown in section of morphological study. Also, the difference in their hydrophilicity is a factor that can influence the tensile strength negatively. OPT is a natural fiber with good affinity for moisture while HDPE is hydrophobic. For the OPT and HDPE to interact well, certain treatments has to be done on OPT. Other researchers have also made similar observations and suggested that to improve the interaction of natural fibers with polymer matrices, some surface treatment of the fibers has to be done.^{10,18,20}

The highest percentage elongation at break of 7.16% was reported for the virgin HDPE. At 20% OPT fiber loading, the percentage elongation at break was 2.13%. The declined in elongation at break of the composite film is because of increase in brittleness of the composite film. As fibers are added, the viscoelastic behavior of the HDPE move towards elastic behavior. The findings of tensile strength seemed to be contradicted with most of reported literature as they indicated the stiffness and tensile strength are improved after the incorporation of reinforcement to the matrix.^{21–24} This can be interpreted that OPT fibers are not well integrated with the matrix of HDPE due to different hydrophilicity. OPT is a natural fiber with good affinity to moisture due to the nature of hydrophilic properties, while the matrix is hydrophobic synthetic based polymers. To enhance the surface adhesion between OPT fiber and HDPE matrix, the wettability OPT with HDPE matrix should be improved using surface treatment for OPT fiber or kind of additives need to be involved in the composite.

Table 2. Melt flow index of HDPE/OPT composite film

Samples	Melt flow index (N/10m)	
Control sample	0.148	
Sample I	0.075	
Sample 2	0.034	
Sample 3	0.025	
Sample 4	0.011	

Biodegradation study

Biodegradation tests were conducted to determine the degradation behaviour of the virgin resin and composite films under specific environmental condition. The weight loss of the films was used to evaluate the degradation of the films. The data presented in Table 3 are the weight loss for each formulation of the virgin resin and composite films.

After 12 days of incubation, the biodegraded composite films loss some weights. The percentage loss in weight as shown in Table 3 increased with increase in OPT fiber loading. The pure HDPE matrix film had the lowest weight loss while the film with 20% OPT fiber loading had the highest. This was attributed to the cellulosic nature of the OPT fibers. Figure 2 below shows the fungal growth on the various plates after 1 day and 12 days of incubation. The largest fungal colonies were obtained with the composite film loaded with 20% fibers. Other researchers have also submitted that the incorporation of natural fiber improved the biodegradation of polymer matrix composites.^{25–29}

Water absorption study

Water absorption test was conducted to investigate the composite films affinity to water or moisture. The result in Table 4 shows that water absorption of the films increased as fiber load increased from 5% to 20%. The water absorption reached its maximum value of 0.87% at 20% OPT fiber loading. This is attributed to the hydrophilic nature of OPT fibre. When the volume fraction of OPT fibre increased, the composite tend to be more hydrophilic and this led to improved affinity of the film towards water.^{30,31}

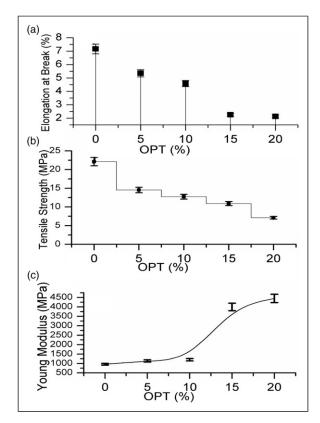
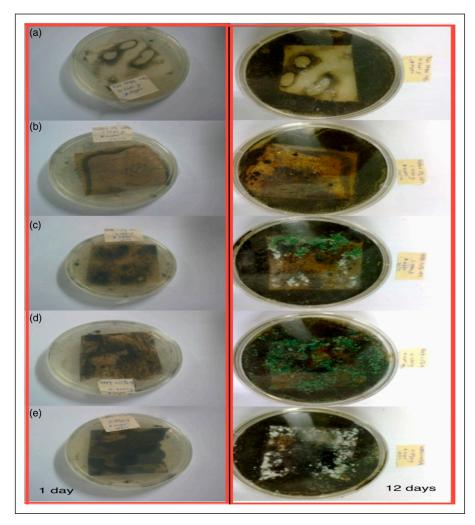


Figure 1. Tensile properties of bio-composite films at different percentage of OPT fibre.

Table 3. Percentage weight loss of the films at different OPT fiber loading.

Samples	Weight loss (%)	
Control sample	1.22	
Sample I	25.32	
Sample 2	36.33	
Sample 3	43.57	
Sample 4	57.43	



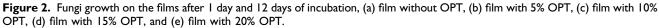


Table 4. The percentage of water absorption of the films with different OPT fibre loading.

Samples	Water absorption (%)	
Control sample	0.08	
Sample 1	0.15	
Sample 2	0.37	
Sample 3	0.41	
Sample 4	0.87	

Morphological study

Scanning Electron Microscopy (SEM) was conducted on the composite films to investigate the interaction between OPT fiber and HDPE matrix. The SEM images in Figure 3 show the HDPE film without OPT fiber to be smooth in contrast to the composite films OPT fibers. The sample with 20% fiber loading has the highest surface texture roughness. This indicates low interaction between the matrix and the fibers as such reduction adhesion, interfacial tension and tensile strength of the composites.

Differential scanning calorimetry (DSC)

The DSC thermogram is used to analyze the melting temperature (T_m) of the composite film at different OPT fiber loading as illustrated in Figure 4. The onset T_m value for composite with 20% fiber load is 120.89°C while the peak T_m value for the same sample is 128.67°C. For the 15% OPT fiber load, the onset T_m was 120.65°C and reached its peak at 128.33°C. The film with 10% OPT fiber has onset T_m value of 120.79°C and T_m peak value of 128.00°C. The T_m values of all samples

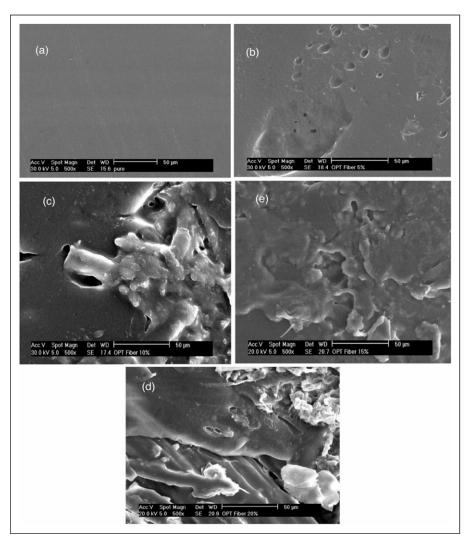


Figure 3. Scanning electron microscopy of the bio-composite films at magnification of 500 X, (a) film without OPT, (b) film with 5% OPT, (c) film with 10% OPT, (d) film with 15% OPT, and (e) film with 20% OPT.

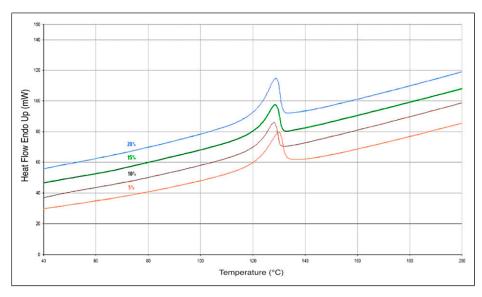


Figure 4. Differential scanning calorimetry curves for bio-composite films at 5, 10, 15, and 20% of OPT fiber.

increased due to the infusion of OPT fiber into the matrix which lead to enhancement of percentage crystallinity of the composite. This has also been reported.³²

Conclusion

The addition of OPT fiber into HDPE films has significant effects on the polymer matrix properties. The fiber addition increased the melt viscosity of the matrix and consequently reduced the MFI and limits the fiber volume fraction for process able composites. The OPT fibers increased the tensile modulus while tensile strength and elongation at break of the composite films reduced. The incorporation of OPT fiber into the matrix enhanced the melting temperature of the composites. The water absorption of the composites was found to increase as OPT fibers load increased. This indicates that the composites will not good for use as packaging materials. The increase in biodegradability of the composite films is an indication that they will be Eco friendly.

Declaration of conflicting interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

ORCID iD

Waham Ashaier Laftah D https://orcid.org/0000-0001-6919-0891

References

- 1. Peres AM, Pires RR and Oréfice RL. Evaluation of the effect of reprocessing on the structure and properties of low density polyethylene/thermoplastic starch blends. *Carbohyd Polym* 2016; 136: 210–215. DOI: 10.1016/j.carbpol.2015.09.047.
- Jeyakumar D, Chirsteen J and Doble M. Synergistic effects of pretreatment and blending on fungi mediated biodegradation of polypropylenes. *Bioresour Technol* 2013; 148: 78–85. DOI: 10.1016/j.biortech.2013.08.074.
- 3. Mohammadi B, Pirsa S and Alizadeh M. Preparing chitosan–polyaniline nanocomposite film and examining its mechanical, electrical, and antimicrobial properties. *Polym Polym Compos* 2019; 27: 507–517. DOI: 10.1177/0967391119851439.
- 4. Pirsa S, Mohtarami F and Kalantari S. Preparation of biodegradable composite starch/tragacanth gum/Nanoclay film and study of its physicochemical and mechanical properties. *Chem Rev Lett* 2020; 3: 98–103. DOI: 10.22034/crl.2020.229483.1055.
- Li Y, Hu C and Yu Y. Interfacial studies of sisal fiber reinforced high density polyethylene (HDPE) composites. *Compos Part A: Appl Sci Manuf* 2008; 39: 570–578. DOI: 10.1016/j.compositesa.2007.07.005.
- Facca AG, Kortschot MT and Yan N. Predicting the tensile strength of natural fibre reinforced thermoplastics. *Compos Sci Technol* 2007; 67: 2454–2466. DOI: 10.1016/j.compscitech.2006.12.018.
- Lucas N, Bienaime C, Belloy C, et al. Polymer biodegradation: mechanisms and estimation techniques-a review. *Chemosphere* 2008; 73: 429–442. DOI: 10.1016/j.chemosphere.2008.06.064.
- Sani IK, Pirsa S and Tağı Ş. Preparation of chitosan/zinc oxide/Melissa officinalis essential oil nano-composite film and evaluation of physical, mechanical and antimicrobial properties by response surface method. *Polym Test* 2019; 79: 106004. DOI: 10.1016/j. polymertesting.2019.106004.
- Tharanathan RN. Biodegradable films and composite coatings: past, present and future. *Trends Food Sci Technol* 2003; 14: 71–78. DOI: 10.1016/S0924-2244(02)00280-7.
- Torres FG and Cubillas ML. Study of the interfacial properties of natural fibre reinforced polyethylene. *Polym Test* 2005; 24: 694–698. DOI: 10.1016/j.polymertesting.2005.05.004.
- 11. Kumar Sen S and Raut S. Microbial degradation of low density polyethylene (LDPE): a review. *J Environ Chem Eng* 2015; 3: 462–473. DOI: 10.1016/j.jece.2015.01.003.
- 12. Mehmood CT, Qazi IA, Hashmi I, et al. Biodegradation of low density polyethylene (LDPE) modified with dye sensitized titania and starch blend using Stenotrophomonas pavanii. *Int Biodeter Biodegr* 2016; 113: 276–286. DOI: 10.1016/j.ibiod.2016.01.025.
- 13. Pathak VM and Kumar N. Dataset on the impact of UV, nitric acid and surfactant treatments on low-density polyethylene biodegradation. *Data Brief* 2017; 14: 393–411. DOI: 10.1016/j.dib.2017.07.073.
- 14. Mumtaz T, Khan MR and Hassan MA. Study of environmental biodegradation of LDPE films in soil using optical and scanning electron microscopy. *Micron* 2010; 41: 430–438. DOI: 10.1016/j.micron.2010.02.008.
- Veethahavya KS, Rajath BS, Noobia S, et al. Biodegradation of low density polyethylene in aqueous media. *Proced Environ Sci* 2016; 35: 709–713. DOI: 10.1016/j.proenv.2016.07.072.
- Shabani F, Kumar L and Esmaeili A. A modelling implementation of climate change on biodegradation of Low-Density Polyethylene (LDPE) by Aspergillus niger in soil. *Glob Ecol Conserv* 2015; 4: 388–398. DOI: 10.1016/j.gecco.2015.08.003.
- Ganesh Kumar A, Anjana K, Hinduja M, et al. Review on plastic wastes in marine environment Biodegradation and biotechnological solutions. *Mar Pollut Bull* 2020; 150: 110733. DOI: 10.1016/j.marpolbul.2019.110733.

- Haque MM-U, Goda K, Ito H, et al. Melt-viscosity and mechanical behaviour of polypropylene (PP)/wood flour composites: effect of pulverization of wood flour with and without water. *Adv Ind Eng Polym Res* 2019; 2: 42–50. DOI: 10.1016/j.aiepr.2018.11.001.
- Azizi H and Ghasemi I. Investigation on the dynamic melt rheological properties of polypropylene/wood flour composites. *Polym Compos* 2009; 30: 429–435. DOI: 10.1002/pc.20573.
- Ashik KP, Sharma RS and Guptha VLJ. Investigation of moisture absorption and mechanical properties of natural/glass fiber reinforced polymer hybrid composites. *Mater Today Proc* 2018; 5: 3000–3007. DOI: 10.1016/j.matpr.2018.01.099.
- Zahra S, Abbas SS, Mahsa MT, et al. Biodegradation of low-density polyethylene (LDPE) by isolated fungi in solid waste medium. Waste Manage 2010; 30: 396–401. DOI: 10.1016/j.wasman.2009.09.027.
- 22. Sheik S, Chandrashekar KR, Swaroop K, et al. Biodegradation of gamma irradiated low density polyethylene and polypropylene by endophytic fungi. *Int Biodeter Biodegr* 2015; 105: 21–29. DOI: 10.1016/j.ibiod.2015.08.006.
- Nakamura EM, Cordi L, Almeida GSG, et al. Study and development of LDPE/starch partially biodegradable compounds. J Mater Process Tech 2005; 162-163: 236–241. DOI: 10.1016/j.jmatprotec.2005.02.007.
- 24. Muenmee S, Chiemchaisri W and Chiemchaisri C. Enhancement of biodegradation of plastic wastes via methane oxidation in semiaerobic landfill. *Int Biodeter Biodegr* 2016; 113: 244–255. DOI: 10.1016/j.ibiod.2016.03.016.
- Muenmee S, Chiemchaisri W and Chiemchaisri C. Microbial consortium involving biological methane oxidation in relation to the biodegradation of waste plastics in a solid waste disposal open dump site. *Int Biodeter Biodegr* 2015; 102: 172–181. DOI: 10.1016/j. ibiod.2015.03.015.
- Bikiaris D, Prinos J and Panayiotou C. Effect of methyl methacrylate-butadiene-styrene copolymer on the thermooxidation and biodegradation of LDPE/plasticized starch blends. *Polym Degrad Stab* 1997; 58: 215–228. DOI: 10.1016/S0141-3910(97)00054-2.
- Sudhakar M, Doble M, Murthy PS, et al. Marine microbe-mediated biodegradation of low- and high-density polyethylenes. *Int Biodeter Biodegr* 2008; 61: 203–213. DOI: 10.1016/j.ibiod.2007.07.011.
- Mazzanti V, Salzano de Luna M, Pariante R, et al. Natural fiber-induced degradation in PLA-hemp biocomposites in the molten state. Compos Part A Appl Sci Manuf 2020; 137: 105990. DOI: 10.1016/j.compositesa.2020.105990.
- Patil AY, Hrishikesh NU, Basavaraj GD, et al. Influence of bio-degradable natural fiber embedded in polymer matrix. *Mater Today Proc* 2018; 5: 7532–7540. DOI: 10.1016/j.matpr.2017.11.425.
- Bujjibabu G, Das VC, Ramakrishna M, et al. Mechanical and water absorption behavior of natural fibers reinforced polypropylene hybrid composites. *Mater Today Proc* 2018; 5: 12249–12256. DOI: 10.1016/j.matpr.2018.02.202.
- Halip JA, Hua LS, Ashaari Z, et al. 8 Effect of treatment on water absorption behavior of natural fiber-reinforced polymer composites. In: Jawaid M, Thariq M and Saba N (eds) *Mechanical and physical testing of biocomposites, fibre-reinforced composites and hybrid composites*. Cambridge England Woodhead Publishing, 2019, pp.141–156.
- Chin SC, Tee KF, Tong FS, et al. Thermal and mechanical properties of bamboo fiber reinforced composites. *Mater Today Commun* 2020; 23: 100876. DOI: 10.1016/j.mtcomm.2019.100876.