

MEDIUM OPTIMIZATION OF *Lactobacillus casei* CULTIVATION FOR CELL  
MASS PRODUCTION IN SEMI-INDUSTRIAL SCALE BIOREACTOR

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## DEDICATION

*This thesis is dedicated to the memory of my father, Mr. Eyahmalay. Although he is not here physically, I feel his presence that motivates me to achieve my goals in life. I also dedicate this thesis to my mother, Mdm. Jayseeli whom have been always showing unconditional love and care to me. I am blessed and thankful to have parents like them.*

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## ABSTRACT

Good health is an essential key for a happy life. Probiotics have numerous health benefits, hence it has gained a big global market for commercialization. The main challenge in the probiotic commercialization is the bioprocessing limitation to produce high cell mass, especially when involving the cultivation of lactic acid bacteria (LAB) which produces lactic acid as its byproduct. Low cell growth and lactic acid accumulation which leads to cell death are the challenges in large scale bioreactor cultivation. In this study, cultivation media of *Lactobacillus casei* strain WICC-B26 was optimized in shake flask through one factor at a time (OFAT) method and response surface methodology (RSM). The OFAT optimized medium consists of 50 g.L<sup>-1</sup> lactose, 60 g.L<sup>-1</sup> soybean meal, 6 g.L<sup>-1</sup> yeast extract and 0.4 g. L<sup>-1</sup> MgSO<sub>4</sub>. The OFAT optimized medium produced 6.9 g. L<sup>-1</sup> cell mass of *Lactobacillus casei*, which was higher than the RSM optimized media (6.52 g. L<sup>-1</sup>). Hence, the OFAT medium was selected for the fermentation to choose the best pH condition in 16 L stirred tank bioreactor. The uncontrolled pH condition produced higher cell mass (42.68%) compared to the pH controlled condition pH 6.5. After selecting the pH condition, the effect of different aeration condition was studied in the 16 L stirred tank bioreactor. The maximum biomass produced by the carbon dioxide sparging (0.2 vvm CO<sub>2</sub> gas) and cultivation with no aeration were 6.16 and 5.9 g. L<sup>-1</sup> respectively. The results show that all the aeration conditions, no aeration, 0.2 vvm CO<sub>2</sub> sparging and microaerophilic condition (0.2 vvm air) produced similar outcome in terms of the biomass produced, which means *Lactobacillus casei* is able to grow in all 3 aeration conditions applied in this research. The outcome of this research is expected to serve as a basis for further research with complete anaerobic and fed-batch cultivation to improve the production of *Lactobacillus casei* biomass in the future.

## ABSTRAK

Kesihatan yang baik merupakan kunci utama kehidupan bahagia. Probiotik mempunyai banyak manfaat ke atas kesihatan dan oleh itu, probiotik telah mendapat pasaran global yang besar untuk pengkomersialan. Cabaran utama dalam pengkomersialan probiotik adalah kekangan bioprocess untuk pengeluaran jisim sel tinggi, terutamanya apabila melibatkan bakteria asid laktik yang mengeluarkan asid laktik sebagai produk sampingan. Pertumbuhan sel yang rendah dan pengumpulan asid laktik yang menyebabkan kematian sel adalah cabaran dalam pengkulturan pada bioreaktor skala besar. Dalam kajian ini, pengoptimuman media pengkulturan *Lactobacillus casei* jenis WICC-B26 pada skala kelalang goncang telah dilakukan menggunakan kaedah satu faktor pada satu masa (OFAT) dan kaedah sambutan permukaan (RSM). Medium optimum OFAT terdiri daripada 50 g.L<sup>-1</sup> laktosa, 60 g.L<sup>-1</sup> tepung kacang soya, 6 g.L<sup>-1</sup> ekstrak yis dan 0.4 g.L<sup>-1</sup> MgSO<sub>4</sub>. Medium optimum OFAT menghasilkan jisim sel *Lactobacillus casei*, iaitu 6.9 g.L<sup>-1</sup>, yang lebih tinggi daripada media optimum RSM (6.52 g.L<sup>-1</sup>). Oleh itu, medium OFAT dipilih bagi proses penapaian untuk memilih keadaan pH terbaik dalam bioreaktor tangki teraduk 16 L. Keadaan pH yang tidak terkawal menghasilkan jisim sel yang lebih tinggi sebanyak 42.86% berbanding dengan pH yang dikawal pada pH 6.5. Selepas memilih keadaan pH, kesan keadaan pengudaraan yang berbeza telah dikaji dalam bioreaktor tangki teraduk 16 L. Jisim sel maksimum yang dihasilkan dalam pengkulturan dengan gas karbon dioksida (0.2 vvm) dan pengkulturan tanpa pengudaraan masing-masing adalah pada 6.16 dan 5.9 g.L<sup>-1</sup>. Keputusan menunjukkan bahawa keadaan pengudaraan tanpa udara, dengan pengaliran 0.2 vvm CO<sub>2</sub> dan keadaan mikroerofilik (udara 0.2 vvm) menghasilkan biojisim yang sama dan ini bermaksud *Lactobacillus casei* mampu untuk berkembang dalam kesemua keadaan pengudaraan yang digunakan dalam kajian ini. Hasil penyelidikan ini dijangka menjadi asas untuk penyelidikan selanjutnya dalam pengkulturan penuh secara anaerobik dan pemberian makanan berkumpul bagi menambahbaik pengeluaran jisim sel *Lactobacillus casei* pada masa akan datang.

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## LIST OF ABBREVIATIONS

ATP	-	Adenosine triphosphate
C/N	-	Carbon to nitrogen ratio
CDW	-	Cell Dry Weight
CO <sub>2</sub>	-	Carbon Dioxide
CP	-	Crude Protein
DNA	-	Deoxyribonucleic acid
DO	-	Dissolved Oxygen
EMP	-	Embden-Meyerhof Pathway
EPS	-	Exopolysaccharide
GI	-	Gastrointestinal
GRAS	-	Generally recognised as safe
GOS	-	Galactaoligosaccharides
HCl	-	Hydrochloric acid
<i>H. pylori</i>	-	<i>Helicobacter pylori</i>
K	-	Potassium
K <sub>2</sub> HPO <sub>4</sub>	-	Dipotassium hydrogen phosphate
LAB	-	Lactic acid bacteria
MRS	-	Man Ragosa Sharpe
MgSO <sub>4</sub> .7H <sub>2</sub> O	-	Magnesium sulfate heptahydrate
MnSO <sub>4</sub> .7 H <sub>2</sub> O	-	Manganese sulphate heptahydrate
Na	-	Sodium
NaOH	-	Sodium hydroxide
NH <sub>4</sub> Cl	-	Ammonium chloride
(NH <sub>4</sub> ) <sub>2</sub> HPO <sub>4</sub>	-	Ammonium phosphate
(NH <sub>4</sub> ) <sub>2</sub> SO <sub>4</sub>	-	Ammonium sulphate
O <sub>2</sub>	-	Oxygen
OD	-	Optical density
RNA	-	Ribonucleic acid
RPM	-	Rate per minute
RSM	-	Response Surface Methodology

OFAT	-	One factor at a time
LAB	-	Lactic acid bacteria
<i>L. casei</i>	-	<i>Lactobacillus casei</i>
LOS	-	Low oxygen supply
NOS	-	No oxygen supply
vvm	-	Volume of air per working volume of bioreactor per minute
WICC	-	Wellness Industry Collection Culture

## LIST OF SYMBOLS

%	-	Percentage
°C	-	Degree Celsius
g	-	Gram
g.L <sup>-1</sup>	-	Gram per litre
min	-	Minutes
h	-	Hour
ml	-	Millilitre
mg	-	milligram
μ	-	Specific growth rate
μ <sub>max</sub>	-	Maximum specific growth rate
L	-	Litre
X	-	Biomass concentration
S	-	Substrate concentration
PX	-	Biomass productivity
P <sub>max</sub>	-	Maximum production of lactic acid
Y <sub>x/s</sub>	-	Biomass yield
Q <sub>P</sub>	-	Lactic acid production rate
Q <sub>Lac</sub>	-	Lactose consumption rate

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# CHAPTER 1

## INTRODUCTION

### 1.1 Research Background

“Let food be thy medicine and medicine be thy food”. This famous quote by the great philosopher Hippocrates could be significantly related to the consumer’s preference nowadays when it comes to choosing the food they eat. They are giving more importance to the food choices they make, and they seem to opt for a food product that satisfies their hunger and improves their health as well. This preference and increasing health awareness among consumers created a niche for functional food among the conventional food market and thus paved way for the rise of functional food as a billion-dollar market globally.

“Functional foods are natural or processed foods that contains known or unknown biologically-active compounds; which in defined amounts provide a clinically proven and documented health benefit for the prevention, management, or treatment of chronic disease” Martirosyan and Singh (2015). According to Vergari *et al.*, (2010), the global functional food market was worth of USD80 billion in the year 2008, with US, Japan and European market as the dominant players and South East Asian and Middle East nations as the emerging markets.

Jones and Jew (2007) mentioned that probiotics is one of the blooming clusters of functional food (Fig 1.1) and it also holds the pride as the biggest functional food product in the world. It is estimated that there is a 7% growth in the probiotic market annually, with Asian and European region as the main consumers, which further strengthened with a forecast of 48 billion dollars in the next five years (Foligné *et al.*, 2013). To cater the increasing demand for probiotic based functional food product, research efforts to develop probiotic food product should be intensified and must be made industrially feasible for commercial applications.

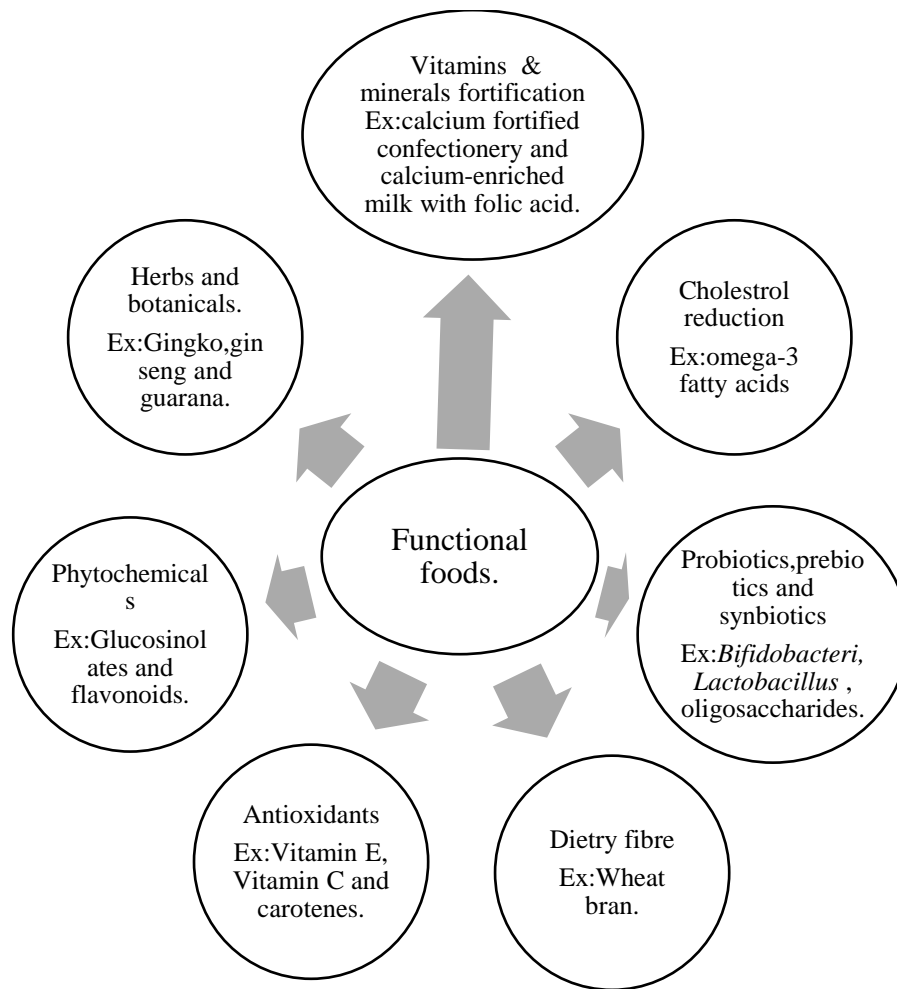


Figure 1.1 Clusters of Functional Food adapted from (Jones and Jew, 2007)

The word “probiotic” originates from Greek which means “for life” and nowadays, probiotic is defined as ‘live microorganism, which when administered in adequate amounts confer a health benefit on the host’ (Kingsley C. Anukam 2007). They mostly belong to the group of lactic acid producing microorganism such as the *Lactobacillus* and *Bifidobacterium*, but not limited to this category only. *Lactobacilli* are an important constituent of a healthy human body microbiome as they are found in the oral cavity, ileum, colon ( $10^4$ - $10^8$  cfu/g and a significant portion of the vaginal microorganism (Borriello *et al.*, 2003).

*Lactobacillus casei* is the microorganism of interest in this study for high cell mass cultivation. *Lactobacillus casei* strains pose an outstanding genetic variability which allows them to colonize diverse ecological niches, such as the human gastrointestinal tract and eventually obtain wide range of commercial applications (Aguirre-Ezkauriatza *et al.*, 2010). Besides this, the successful commercial application of *L. casei* as probiotics was due to the evident from various clinical studies which proved favorable results for *L. casei*, such as antimicrobial activity, anti-diarrheal activity, anti-mutagenic activity, cholesterol lowering activities, immune system enhancement and lowering of blood glucose level too (Aguirre-Ezkauriatza *et al.*, 2010).

Besides probiotic potential, *L. casei* also shines as a significant microorganism in the fermentation field due to its ability to produce high amount of lactic acid. Fermentation is a beneficial and cost-effective method of producing this compound and its derivatives such as the poly-lactic acid (PLA) (Thakur *et al.*, 2018). Lactic acid and PLA are applied in various industries such as leather, food and polymer industry for leather treatments, food preservation and application for medical (Schiraldi *et al.*, 2003). Therefore, most fermentation and bioprocess engineering research associated with *L. casei* focus on the lactic acid production, rather than the high cell mass for probiotic application (Aguirre-Ezkauriatza *et al.*, 2010).

The production of lactic acid unfortunately inhibits cell growth which makes it challenging to produce dense probiotic biomass of *L. casei*. To cultivate high cell mass of probiotic biomass, the media components play an important role, as each type of nutrient produce different biochemical reaction in the cell which in turn reflects in terms of growth and the metabolites secretion of the particular cell. Different growth media has been used for this bacteria such as the MRS, Elikor's, skim milk and whey media, but all of them have their own limitations in terms of cost efficiency, ability for large scale cultivation and harvesting method (Ha *et al.*, 2003). Hence, those limitations will be taken into account in this study to design an appropriate medium for the high density cultivation of probiotic biomass.

One factor at a time (OFAT) method and statistical analysis using Response Surface Methodology (RSM) will be used to investigate effect of each media component on the growth and lactic acid production of *L. casei*. OFAT method will be able to describe the effect of individual factors while RSM method improves the media design by optimizing process settings, troubleshoot process problems, and weak points and will result in a media which is robust against external factors (Liong and Shah, 2005). The strategy to use both OFAT and RSM for optimization process is still preferred and reported to be used in previous published works (Dong, 2014).

Moreover, the optimized medium obtained from shake flask level will be used in a 16L bioreactor cultivation to further study and optimize the bioreactor process conditions. Scaling up from shake flask to bioreactor is not just simply a matter of increasing culture and vessel volume, but also dominated by a number of engineering considerations (Hewitt and Nienow, 2010). Hence, bioprocessing parameters such pH and aeration rate were studied in the 16-L bioreactor. An optimum media and bioreactor process conditions will be derived to cultivate high cell mass of *L. casei* with low lactic acid concentration in an industrially feasible scale at the end of this study. Up to date, no report was shown for the effect of pH and aeration of for the biomass production of *L. casei* in 16L bioreactor scale.

## **1.2 Problem Statement**

Probiotics are useful to treat and prevent the occurrence of chronic diseases. The demand for *L. casei* biomass as a probiotic product has increased due to the health benefit that it can give to the host. Developing a fermentation process for biomass production from laboratory scale to a commercial one involves many challenges such as examining the factors affecting the scale-up process.

There were many *Lactobacillus* sp related studies conducted for the production of lactic acid or other bacteriocins; however, there is a limitation on the number of studies describing the *Lactobacillus* sp biomass production for commercial applications (Hwang *et al.*, 2012). The de Man, Rogosa, and Sharp (MRS) medium is

the standard medium used to grow LAB but it is costly, and the fermentation field never stop finding an alternative low-cost medium (Ayad *et al.*, 2020). Besides this, a major engineering challenge to obtain high bacterial cell mass is the secretion of lactic acid by the bacteria themselves, which eventually inhibits their growth.

This problem needs to be resolved by identifying an appropriate medium and cultivation conditions which results in less lactic acid and high cell mass. The experimental design which achieves high cell mass and low lactic acid should be applicable in industrial scale too, not just the laboratory level which is not practical for industrial applications. So, designing an experimental design which fits industrial expectation is also another problem faced here.

### **1.3 Objectives**

- i. To optimize medium composition which support cell mass production of *L. casei* for probiotic applications using One Factor At a Time method and Response Surface Methodology.
- ii. To investigate the effect of controlled and uncontrolled pH condition in 16-L bioreactor towards high biomass production.
- iii. To investigate the effect of different aeration condition on the biomass production of *L. casei* in a 16-L semi industrial scale for cell mass production.

## **1.4 Scope of study**

- i. Optimization of medium composition for cell mass production of *L. casei* by using One Factor At a Time method and Response Surface Methodology at shake flask level cultivation.
- ii. Batch cultivation strategy under controlled and uncontrolled pH conditions in the 16L bioreactor cultivation. The pH was controlled at pH6.5. The temperature was maintained at 37°C, aeration at 0.2vvm, agitation at 200rpm. 10% inoculum was used to initiate the cultivation and the bioreactor was operated at 8L of working volume.
- iii. Batch cultivation strategy with different aeration condition such as 0.2vvm microaerophilic aeration, 0.2vvm CO<sub>2</sub> and 0 aeration in 16L bioreactor cultivation. The initial pH was pH 6.5, temperature maintained at 37°C, agitation at 200rpm. 10% inoculum and with 8L working volume of the bioreactor.

## **1.5 Research Significance**

The increasing demand for food products containing probiotic microorganisms arises a need to establish effective fermentation techniques for probiotic cell mass production. Cell mass is utmost important aspect of a probiotic product because its efficiency is directly proportional to number of viable probiotic cells in the product. Therefore, at the end of the study, an optimum media to produce high cell mass of *L. casei* biomass will be able to be produced in an industrially feasible way. The bioprocessing parameters such as the cultivation media composition, optimum pH condition and optimum aeration condition specifically for *L. casei* biomass production will be found in the end of this work. This will allow new probiotic product development and application of *L. casei* as probiotic in food and pharma industry.

It should be noted that there are many medium optimization and bioreactor cultivation studies conducted for *Lactobacillus* sp, but most are focused on the lactic acid, exopolysaccharide and bacteriocin production. The studies related to *L. casei* cell mass production in bioreactor scale is limited. Hence, this research was done in 16-L bioreactor scale to study the effect of pH and different aeration condition as this could fit the industrial scale cultivation better compared to the shake flask level.

Apart from that, the increased biomass may facilitate the recovery process and reduce production cost. The benefit of higher amounts of biomass may shorten the fermentation time, reduce wastewater volume, and accelerate downstream processes. Moreover, with the new strains that are being continuously found, there is always a need to carry out optimization experiments.

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## LIST OF PUBLICATIONS

### Journal with Impact Factor

1. **J. Eyahmalay**, D.J Dailin, R.A Malek, S.RamLi, V. Siwapiragam, and H. El. Enshashy (2019), Statistical Optimization Approaches for High Cell Biomass Production of *Lactobacillus casei*, *Journal of Scientific and Industrial Research* (Accepted).(Q4).

### Non-Indexed Conference Proceedings

1. **J. Eyahmalay**, V. Siwapiragam, D. J Dailin, R. A. Malek, S. RamLi and H. El Enshashy (2019), Effect of Different pH and Aeration Conditions on the Cell Mass Production of Probiotic Strain *Lactobacillus casei*, WICC-B26 in Batch Culture in Semi-Industrial Scale Madridge J Food Technol. 2019 <http://dx.doi.org/10.18689/2577-4182.a3.003>